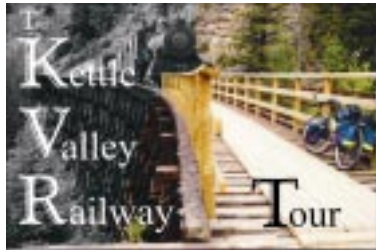


Spokes

June 2002

The Newsletter of the Edmonton Bicycle & Touring Club

The KVR Tour - August 24 - September 2



Imagine riding an abandoned rail corridor that has been converted to a trail. There is no vehicle traffic to worry about and the grade never exceeds 2.2%. The scenery is spectacular, with trestles and tunnels carrying the trail through rugged country. This is the Kettle Valley Railway (KVR). The 2002 edition of the KVR tour will travel the section of the KVR from Midway to Brookmere. This includes the Myra Canyon section just south of Kelowna where the trail crosses 18 trestles and through 2 tunnels. Accommodations will be varied on this trip, we will be staying overnight in hostels, rustic lodges, campgrounds and a hotels. There are 7 cycling days on this trip, with a rest day in Penticton after the 1st four cycling days and a travel day at the start and a travel day at the finish of the trip. A Mtnbike is required for this self support trip, but the trail is not tough to negotiate. Most of the trail is hard-packed dirt and gravel with a few sandy sections. Max. of 9 participants & 1 coordinator. A deposit of \$100 is required with your registration.

Phone Ernie @ 988-8322 for more information.

MS BIKE TOUR-June 8-9,2002
team coordinator
Peggy Hurdle ph. 487-5489

September - Banff / Jasper Ride
Watch For Details

Saturday, June 15,
Cooking Lake - Lindbrook Loop

See schedule - pag 4

Help Wanted

EBTC is seeking people who might like a more active involvement with some aspect of the clubs operations. It is only through the initiatives of interested members, that the club is able to support the range of activities that it does.

If you would like to contribute, or would like to develop an active interest in some area, please discuss this with a member of the executive.

There are a number of positions on the executive where your help is currently needed. If you are the type of persons who might like to become involved with the club, please contact any member of the executive.

Sunday Morning Show
& Go

See schedule - page 7

EBTC Hotline Recording: 424-2453 (424-BIKE)

E-mail: bikeclub@ecn.ab.ca

WWW: <http://www.ecn.ab.ca/bicycle/>



Edmonton Bicycle and Touring Club Membership Application Form

First Name _____ Last Name _____ Spouse/Partner _____
 Address _____ City _____ Province _____ Postal Code _____
 Home Phone _____ Work Phone _____ Spouse/Partner Phone _____ / _____
 Additional Household Member(s) _____ Under (18) _____
 Do you wish to receive EBTC Email: Yes No E-mail _____
 Membership Type Single Couple Family Do you have a current First Aid Certificate: Yes No
 Are you interested in: being a leader of a day or weekend trip being a driver of a support vehicle being a volunteer
 Do you wish to have your name and phone number made available to other EBTC members? Yes No
 Do you wish to receive the club newsletter by: Regular Mail Print the newsletter directly from the club website

Yearly Membership April 1 - March 31
 Single \$30.00 - Couple \$50.00
 \$10.00 For Additional Family Member Under Eighteen Years of Age

Half Yearly Membership October 1 - March 31
 Single \$15.00 - Couple \$25.00
 \$5.00 For Additional Family Member Under Eighteen Years of Age

Release, Waiver And Assumption of Risk

I hereby acknowledge and agree that in consideration of being permitted to participate in cycling, skiing or other programs or activities organized or operated by the Edmonton Bicycle and Touring Club or its agents (hereinafter called "EBTC"):

1. that I acknowledge that the sports of cycling and skiing and some of the other programs and activities of EBTC are dangerous, exposing participants to many risks and hazards, some of which are inherent in the nature of the sports themselves, and others which results from human error and negligence on the part of persons involved in preparing and organizing cycling and skiing programs, and other activities.
 - a) that as a result of the aforementioned risks and hazards, I as a participant may suffer serious personal injury, even death, as well as property loss;
 - b) that some of the aforesaid risks and hazards are foreseeable and others are not;
 - c) that I nevertheless freely and voluntarily assume all the aforesaid risks and hazards and that accordingly my preparation for and participation in the aforesaid cycling, skiing and other programs and activities shall be entirely at my own risk;
 - d) that I understand that neither EBTC nor any of their members, officers, directors, employees, contractors or agents assume any responsibility whatsoever for my safety during the course of my preparation for or participation in the aforesaid cycling, skiing or other programs or activities;
2. I understand that cycling is an activity that is governed by the terms and conditions of the Motor Vehicle Act, and I agree that I will obey the laws and regulations set out in the Act;
3. I agree to always wear a safety helmet which meets current cycling safety standards when cycling in activities sponsored by EBTC;
4. that I have been given the opportunity and been encouraged to seek independent legal advice prior to signing this agreement;
5. I do hereby release EBTC, their members, officers, directors, employees, contractors and agents from all liability, and do hereby waive as against EBTC, their members, officers, directors, employees, contractors, and agents, all recourses, proceedings, claims, and causes of action of any kind whatsoever, in respect of all personal injuries or property losses which I may sustain arising out of, or connected with, my preparation for or participation in the aforesaid cycling, skiing or other programs or activities, notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of EBTC or any of their members, officers, directors, employees, contractors or agents;
6. that this agreement need not be brought to my attention each time I participate in any EBTC event or activity in order for the agreement to be effective;
7. that I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement; that I fully understand the same; and that I am freely and voluntarily executing the same;
8. that this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is binding on myself, my heirs, my executors, administrators, personal representatives and assigns.

DATED AT _____ ALBERTA, THIS _____ DAY OF _____

The following information is required for insurance purposes

Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____	Signature _____
Print Name _____	Date of Birth _____ / _____ / _____ <small>mm dd yy</small>	Signature _____

All household members must sign - If under age 18, parent or guardian signature is also required

Helmets: Cyclists are required to wear bicycle helmets while riding under the auspices of the EBTC. Helmets must meet current safety requirements.

Please Enclose Membership Fee With Application Form

(For Club use) Member Card Number

Amount Enclosed _____ **Date** _____

Club members receive a membership card

EBTC Executive Members

President	Al Carlson	458-1471
Past President	Richard Williams	419-6240
Vice President/Touring Coordinator	Neil Morrison	466-3550
Treasurer	Maureen Lanuke	436-9004
Secretary	Vacant	481-4460
Publicity Coordinator	Harry Hoyer	459-4152
Social Coordinator	Nadine Leenders	438-1987
Newsletter Editor	Gord Charles	487-0206
Supplies & Equipment Coordinator	Ernie Mah	988-8322
Membership Coordinator	Angela Ziemann	469-0328
Education & Safety Coordinator	Vacant	
Volunteer Coordinator	Vacant	
Librarian	Vacant	

Newsletter Enquiries & Submissions

The submission deadline for the May newsletter is April 22, 2002

Enquiries, articles and photos can be delivered on 3.5" IBM formatted diskettes, or on paper addressed to the EBTC Newsletter Editor, P.O. Box 52017, Garneau Postal Station, Edmonton, Alberta, T6G 2T5

To arrange for alternate delivery of submissions, the Newsletter Editor can be contacted at (487-0206). Short submissions can be faxed to 443-2004. Submissions can also be sent via e-mail addressed to: bikeclub@ecn.ab.ca or directly to: grcharle@telusplanet.net

— these can be included within the body of the e-mail message or as attached word processing and graphics files. Most popular word processor and graphic file formats are acceptable.

...or, bring your articles to the monthly member's meeting.

Spokes is the newsletter of the all-volunteer Edmonton Bicycle & Touring Club. It is published monthly in the summer and bi-monthly in the winter months. Excerpts may be used, without permission, provided the source is acknowledged.

Opinions expressed in **Spokes** are those of the author or contributor and are not necessarily shared by the Edmonton Bicycle and Touring Club. The editor reserves the right to edit for clarity, brevity, and content. The editor, is the sole judge of suitability for publication of all articles or advertisements.

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Edmonton Bicycle and Touring Club
P.O. Box 52017
Garneau Postal Station
Edmonton, Alberta
T6G 2T5

Moving?

If you're moving, please give your name, old address, new address and new phone numbers to the "Membership Coordinator" noted above. This information will ensure that you receive your new EBTC newsletters.

E-Mail ??

The **EBTC** maintains an e-mail directory of members. Occasionally, e-mail or other items received by **EBTC** that are considered to be of interest to the membership are forwarded via E-mail to the members listed in this directory. If you wish to be added to this mailing list please send a request via e-mail to bikeclub@ecn.ab.ca

President's Ramblings:

Our executive is still short a few people, and we have openings for Secretary, Education & Safety Coordinator, Volunteer Coordinator, and Librarian. The term is until the next AGM in February 2003. The Secretary position requires you to attend one meeting a month and record the minutes into WORD on a 486 laptop, then email to all the executive soon after the meeting.



Next year is our 25th Anniversary, and we need to begin planning now for this. If you are interested in joining in with a committee, please contact anyone on the executive to let us know. Or if you have any ideas on how we can mark the anniversary, please pass your ideas on to the executive or the committee once it is formed.

Mark Sunday July 28, 2002 on your calendar to participate in the Tour de l'Alberta. Ride the full Century (100 miles/ 160 km) or le Petit Tour (100km). Invite your cycling friends and relatives to join in the fun. If you don't want to ride, then consider volunteering.

Edmonton Bicycle and Touring Club Tour Calendar-Summer 2002

FOR ALL OVERNIGHT TOURS, REGISTRATION OPEN FROM MAY 1, 2002 or April 1, 2002 if Noted

Please read the Tour Registration Policy before filling out your registration form. To ensure 'First come, First served', registration form(s) and cheque(s) will not be accepted by tour leaders. All tour registrations will be considered received as indicated by the dated postmark.

** The schedule is subject to ongoing changes, corrections, additions etc. Always refer to the most recent issue of the newsletter and check with tour coordinators for latest information.

MS BIKE TOUR-June 8-9,2002

team coordinator: Peggy Hurdle ph. 487-5489

hurdle@powersurfr.com

please contact Peggy for more info on how to become a member of team EBTC PREDECENTS for the MS Bike tour. Being on the team qualifies you for extra prizes. and it's FUN!!!

Saturday, June 15, 2002 COOKING LAKE - LINDBROOK LOOP

Coordinator: Lois Knight (466-9536) **Dist/Rating:** 92 km. Begin+ - Intermediate (mostly flat).

Cost: Free + \$ for snacks **and/or** \$10 - \$12 for optional Teahouse Lunch

Description: Tour east from Sherwood Park on hwy 14, past Cooking Lake to Lindbrook. Meet at Wye Road Safeway, Sherwood Park at 10:00 AM. Leave at 10:30 SHARP! Rest and relax (12:30-1:30) by the Lindbrook store at 49 Km. Return to Sherwood Park via secondary hwy 630 (Wye Road). There will be a Treasure Chest Tea house stop at 78 km. at approx. 3:00 pm. Bring a lunch or plan to eat at the Teahouse.

Sunday June 16, 2002 Follow the Blue Line

Coordinator: Al Carlson (458-1471) **cost:** free

Description: Last year's marathon blue line has mostly disappeared, but the route still is there. Meet at 9:00 for a 9:15 start, at 99 Ave between 108 & 109 St, just north of the High Level Bridge. Rain date, or repeat, Sunday August 4, 2002.

Sunday, June 23, 2002 ICE CREAM RIDE **Dist/Rating:** +/- 30km Beginner

Coordinator: Angela Ziemann (469-0328) **Cost:** Free, bring \$ for goodies

Description: A fun ride around town, where we will stop for goodies to at least 3 shops. bring your appetites! Meet at Kinsmen Fieldhouse NE parking lot at 10AM. Easy ride to hit 3-4 ice cream shops in the Edmonton area. This is a great family ride.

Sunday July 14, 2002 MIQUELON LAKE RIDE **Dist/rating:** : 50km+ one way.

Coordinators: Ellen Ainsley **Cost:** free

Description: Meet at the Beaumont IGA at 8:30 am. for an 8:45 am. (SHARP) departure to Miquelon Lake for a day at the beach.

July 20-21, 2002 MINK LAKE RESORT **Dist/Rating:** Intermediate semi-support: 70 kms/dy

Coordinator: Lois Knight (466-9536) **Cost:** \$35.00

Description: This scenic trip will find us rolling from Calmar West to Hwy 622 proceeding North and Northeast to Resort which sports a mini golf course and a man made lake with good swimming. Note arrival of home-baked goodies on Sunday morning. Deadline June 21.

Saturday, July 20, 20 MUNDARE AND CHIPMAN RIDE **Dist/Rating:** 75 km An easy ride for anyone who likes to cycle

Coordinator: Irene Hanson at 662-2191

Description: An easy ride for anyone who likes to cycle and find enjoyment in tasting some old fashion Ukrainian food (there is a charge). In Mundare, there will be an outdoor display of quilts and crafts. May have a chance to visit Saint Peter and Paul Shrine as well. Meet at Irene's place at 10:45 am - leave at 11:00 am sharp. Irene's place is located 3 km past Ukrainian Village on Highway #16 (Yellowhead Highway). It is A & W house; color brown and orange located on the south side of the highway. A large sign will be in place next to the driveway. After the ride, please stay for a glass of apple cider. We will have a support vehicle.

Saturday July 27, 2002 ALLEN BEACH TRIP **Dist/Rating:** 95 Km A long but easy ride

Coordinator: Max Mayer (489-7173) Gord Charles: (487-0206) Meet in front of the Bagel Bin Bakery, next to Blockbuster Video in Callingwood Plaza (178 Street 68th Avenue) Meet at (9:00 am. and depart at 9:30 (sharp) Bring your swimsuit and towel, cost is \$3.00 for park entrance. Rest stop at the IGA in Stony Plain, there is also a food concession at Allan Beach

Description: An easy ride for anyone who likes to cycle through the small rolling hills to the west, only one short climb out of the 184 Street Ravine, after it mostly flat with some small rolling hills.

Sunday, July 28, 2002 TOUR DE L'ALBERTA **Dist/Rating:** 100 miles or 100 Km Intermediate to Advanced

Coordinator: **Cost:** Entry Fee

Description: A 100 mile Century ride or optionally a 100 Km tour passing through towns north of Edmonton. The 100 Mile century ride is also the official cycling leg of the Runbikeski triple endurance challenge. Further details TBA

August 4, 2002 Please see Jun 16. Call if any interest

August 10-11, 2002 THUNDER LAKE TRIP **Dist/Rating:** Between 75 Km to 80 Km per day

Coordinator: Debbie Kowaliuk (462 1266) **Cost:** Approx. \$80.00 **Deposit:** \$50.00

Description: The classic Thunder Lake trip. Cycle from Onoway to Thunder Lake Provincial Park, which has a nice beach. This will be a van supported camping trip. Anticipated distance will be 75 Km on Sat. and 80 Km on Sunday.

Saturday, August 17, 2002 Max Intake Bakery Tour

Coordinator: Al Carlson (458-1471) **Cost:** \$ for baked goods (intake)

Description: My goal this year is to make it to all the planned bakeries, and to keep everybody happy. So I'll include some optional loops for those who need to put in lots of km to justify the extra calorie intake. Meet at the Bee Bell Health Bakery at 9:30 for departure at 10:00 am sharp, 10416 - 80 Ave. Ride 35 to 60 km

Sunday, August 18, 2002 PIGEON LAKE DAY TRIP

Coordinators: Nadine Leenders (438-1987) and Dennis Woo (446-0625) **Cost:** About \$10.00 for a meal at Mulhurst

Distance/Rating: 60 km with hills. **Support:** A van with water, please bring your own snacks or buy them along the route. Meet at the Old House Country Restaurant at Mulhurst at 9:30 AM. (To find, take Hwy 39 exit at Leduc and go 16 km to Calmar. Turn south at Esso station onto Hwy 795 for 25 km. Turn west 1 km south of Pipestone onto Hwy 616 for 10 km. Restaurant is on highest hill on south side of hwy.) Cycle around Pigeon Lake, enjoying the rural setting and picturesque views of the lake. The ride is 60 km with rolling hills and good roads. Afterwards, enjoy a meal at the scenic restaurant which is offering their world famous dish: Stuffed French Toast.

August 24 to September 2, 2002 Kettle Valley Railroad

Coordinators: Ernie Mah **Cost:** \$100 deposit, Total:TBA Limited to 10 participants

Description: Ride the abandoned Kettle Valley Railway from Midway to Brookmere. This is a self support trip with varied accommodations; hostel, campground, rustic lodge, & motel. A mtbike is required for this trip, but the KVR trail consists mainly of wide hardpacked dirt and gravel with some sandy sections.

August 24-25, 2002 HIGHWAY 21 (STETTLER) TOUR

Coordinators: John Sisson (431-0359) **Cost:** tba

Description: details to be announced

Sunday, September 15, 2002 BEAUMONT - LEDUC LOOP **Cost:** free (\$ for snacks if you want to buy them in Beaumont/Leduc)

Coordinator: Angela Ziemann (469-0328)

Dist/Rating: meet: 10 am SHARP at the Lions Rotary Park, west side 66 street amd North of 23 ave, east of the Safeway at Millwoods Town Centre 35km beg. / 70km int.

Description: This is a Fun and challenging loop suitable for beginners/families if doing only the first leg to Beaumont. An excellent challenge/ training ride for those continuing on to Leduc. We will stop for a quick lunch at the Beaumont IGA. the short group heads back to Edmonton, while the rest continue on to Leduc, then Edmonton via Nisku. Only 2 rest stops- Beaumont / Leduc. Must carry own gear, water and food. You can purchase snacks in Beaumont or Leduc

Trip Report: The Bow Valley Parkway Ride

Eleven keen cyclists participated in the 100 km ride through this mountain paradise. Our weather was ideal with cool morning temps and no precipitation (unlike the previous two years). We had a recumbent out this year. And some of us had great fun repeatedly passing Allen on the uphill only to be passed ourselves by him on the subsequent downhill. His top speed hit 75 kph. Everyone got a good workout on the uphill leg from Banff to Lake Louise and earned their Laggins lunch treats from the famous bakery. There were the usual animal sightings of elk, deer, and the resident osprey. But in addition this year we were able to observe a pair of small black bears foraging by the roadside. Such highlights cause cyclists to wonder just how fast they could pedal if they had to escape in a hurry and question how much they have eaten at the bakery.

Many of us adjourned to the Hot Spring on our return to Banff to treat our well-worked muscles.

The Club is forwarding the \$165 donated to Breast Cancer Research.

A special thanks to Susan for serving as our support vehicle driver and caretaker.

Bob Steen



Overnight Tour Registration Form

Please read the Tour Registration Policy before filling out your registration form. To ensure 'First come, first served', tour registration forms and payment(s) will be accepted in order by the CANADA POST date postmarked on the envelope.

Please fill out a separate registration form and cheque for each tour.

Name of Tour: _____

Tour Date(s): _____

Your Name: _____ EBTC Membership Card # _____

Address: _____ Postal Code: _____

Home Phone: _____ Work Phone: _____

E-Mail Address: _____ If under 18 please check

Do you have a current first aid certificate?: Yes No

Please note any medical conditions which may affect your ability to complete this tour: _____

Allergies/ Diet restrictions _____

Release of Organizers:

In signing this release for myself or for the named entrant (when the entrant is under 18), I understand the intent of this release and agree to absolve the Edmonton Bicycle and Touring Club, its officers, organizers, and participants, singly and collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in this activity. (If under 18, signature of Parent or Guardian)

Signature: _____ Date: _____

Deposit Paid in Full Amount enclosed: _____

Overnight Tour Registration Policy

1. Registrations may be limited on some tours.
2. To register for a tour, you **must** be a club member. This form is required only for overnight tours; not for day trips.
3. For tours with a fee of less than \$50.00, full payment is required with registration, of which \$25.00 is non-refundable.
4. For tours with a fee of more than \$50.00, a deposit of \$50.00 is required with registration, of which \$25.00 is non-refundable.

The balance is due 7 days before departure.

5. A separate registration form and cheque is required for each tour.
Mail forms and cheques to:

**Edmonton Bicycle & Touring Club
P.O. Box 52017, Garneau Postal Station
Edmonton, Alberta T6G 2T5**

6. Registration must be by mailed and received at least **3 weeks** before the tour departure date. Registrations after this date must be dropped off directly to the tour coordinator and accepted at the tour coordinator's discretion.

Refund Policy

7. If you cancel within 7 days of the date of the tour departure with a replacement being found, the \$25.00 non-refundable deposit is forfeited. If you cancel within 7 days of departure without a replacement being found, the full tour fee is forfeited. If you cancel more than 7 days before the tour departure date with a replacement being found, the full tour fee is refunded. If you cancel more than 7 days before the tour departure date without a replacement being found, the \$25.00 non-refundable deposit is forfeited.
8. If your registration and deposit are received after a tour is 'full', you can choose to:
 - a) have your cheque destroyed, or
 - b) have your name placed on the waiting list, and your deposit held by the club. If you are not accepted from the waiting list, your deposit will be refunded.

Mink Lake Trip July 20, 21

Intermediate: Semi - Self Support

As one first timer, Suzanne Kyle, on our first trip to this lake resort put it two summers ago, "How does grilled lemon-peach poulet with fresh pasta and secret sauce topped off with kahlua chocolate cake sound? Or, fresh strawberries, yogurt and pancakes with crushed walnuts and real maple syrup?" This was just one of the yummmmy meals served up by EBTC participants!

This trip is one overnight camping trip following the same 70 km route both days. Leaving Calmar we begin cycling W. along Hwy 39 then N. along Hwy 622, then NE along Hwy 770 past the Genesse plant, crossing the North Saskatchewan River. As reported from one of the original participants, "The roads were good, with reasonable traffic and the smell of roadside flowers was in the air. It was hot! The return trip home was great because, the gods were with us. The sun was shining and the wind was at our backs."

The terrain is mainly flat with one climb over the North Saskatchewan River. All participants are expected to bring their food and tools for the day with them on their bikes. The van will not meet us for Rest stops because the roads are narrow; however, it will meet us at the lunch stop and then again at the end of the day with our tents and bags. Mink Lake Resort (located 16 kms. S. of Hwy 16) has a man-made lake, a mini golf course and homemade baking that arrives on Sunday mornings. I am looking for a volunteer driver with a van or large 4x4.

Contact: Lois Knight 466-9536

Wednesday Show and Go Rides

The weekly Show and Go rides will be on **Wednesday's** this summer. The first ride of the saeson will be on Wednesday, May 1st. We'll meet at the Northeast corner of the Kinsmen Fieldhouse parking lot at 6:30 pm. for a 6:45 start (SHARP). These are social rides where EBTC members meet at the designated time and place and then decide where to ride.

Sunday Morning Show & Go

Any Sunday with no scheduled rides, meet at 9:45 for a 10:05 departure, at the northeast corner of the Kinsmen Fieldhouse parking lot.

Tuesday Night Outand Back Sweat Rides

We will meet at 6:30pm for a 6:45pm (sharp) start at the following locations. If you have any suggestions for a fourth location for the sweat rides, please call Angela at 469-0328.

June 4	Sherwood Park Alliance Church - NE corner of Wye Rd/Rge Rd 231
June 11	St. Albert Wal-Mart – SE corner of Wal-Mart parking lot on the corner of Villeneuve Road and Highway 2 (St. Albert Trail)
June 18	Sherwood Park Alliance Church – NE corner of Wye Rd/Rge Rd 231
June 25 7-11 -	NW corner of 97 Street and 176 Avenue
July 2	Sherwood Park Alliance Church - NE corner of Wye Rd/Rge Rd 231
July 9	St. Albert Wal-Mart – SE corner of Wal-Mart parking lot on the corner of Villeneuve Road and Highway 2 (St. Albert Trail)
July 16	Sherwood Park Alliance Church – NE corner of Wye Rd/Rge Rd 231
July 23	7-11 - NW corner of 97 Street and 176 Avenue
July 30	St. Albert Wal-Mart – SE corner of Wal-Mart parking lot on the corner of Villeneuve Road and Highway 2 (St. Albert Trail)
August 6	Sherwood Park Alliance Church - NE corner of Wye Rd/Rge Rd 231
August 13	St. Albert Wal-Mart – SE corner of Wal-Mart parking lot on the corner of Villeneuve Road and Highway 2 (St. Albert Trail)
August 20	Sherwood Park Alliance Church – NE corner of Wye Rd/Rge Rd 231
August 27	7-11 - NW corner of 97 Street and 176 Avenue
Sept. 3	Sherwood Park Alliance Church - NE corner of Wye Rd/Rge Rd 231
Sept. 10	St. Albert Wal-Mart – SE corner of Wal-Mart parking lot on the corner of Villeneuve Road and Highway 2 (St. Albert Trail)
Sept. 17	Sherwood Park Alliance Church – NE corner of Wye Rd/Rge Rd 231
Sept. 24	7-11 - NW corner of 97 Street and 176 Avenue



NOTICE BOARD

CONGRATULATIONS to MARTIN KUPILIK and CHRISTINE KUZYK
on their July 2002 Wedding on behalf of their numerous friends in the EBTC

Tour de l'Alberta Sunday July 28, 2002



Tell a Story - Get Published

EBTC Members are encouraged to submit material for publication in Spokes.

Articles describing cycling experiences or other adventures are always of interest to other members. Accompanying photographs are welcome.

If on an EBTC cycling event or tour, volunteer, or encourage another participant to do a "write up" for Spokes

Bicycle Shop Discounts

Discounts are available to all EBTC members at the following shops. You must show your membership card. Discounts do not normally apply to sale items. Other limitations may be posted by the retailer.

Cycle Logic

7805 - 109 Street, 433-1046
15% off parts, accessories
and service

Klondike Cycle & Sports

9440 - 149 Street, 484-3307
20% off parts and accessories

Millwoods Sports & Cycle

424 - 28 Avenue, 462-1642
20% off

Pedalhead

8411 - 109 Street, 433-2085
www.compumart.ab.ca/pedalhead/

10% off parts and accessories

redbike

10918 - 88 Avenue, 435-2674
10% off parts and accessories

Revolution Cycle

15103 Stony Plain Rd.,
486-3634 - 10% off

River Valley Cycle & Sport

9124 - 82 Avenue, 465-3863
<http://www.rvcns.com/>

15% off parts, accessories
and service

Sports Shack 1993

6116 - 90 Avenue, 469-3554
10% off parts and accessories

The Hardcore Mountain

10008 - 82 Avenue, 439-
4599P

<http://www.hardcore.ab.ca/>

10% off

Track 'N Trail

10148 - 82 Avenue,
432-1707

[http://www.trackntrail.ca/track/10% off](http://www.trackntrail.ca/track/10%off)

United Cycle

10328 - 78 Avenue, 433-
1181

<http://www.unitedcycle.com/>

10% off retail parts and
accessories

Velo City Cycle and Sport

7208 - 101 Avenue, 466-
8133

10% off parts and accesso

Way Past Fast

9303 - 34 Avenue, 448-
0570

15% off parts and accessories

Western Cycle

10429 - 124 Street, 482-5636
www.westerncycle.com

10% off parts and accessories

Note: many other outdoor shops will give discounts to EBTC members! Inquire if in doubt.

Spokes