

Cycling Albania Sept 2019 (guided) and Umbria, Italy Sept 2019 (self-guided)

We've planned a trip to Albania followed by Umbria, Italy (several EBTers have already signed up for this back-to-back adventure). If one or the other destination does not appeal to you, join us on one of them! Or, choose different dates/trips that are more to your liking. The Albania trip includes all breakfasts and 2 dinners, your bike, a guide with support vehicle, and accommodation. The Umbria trip includes all breakfasts and 6 dinners, your bike, a pre-loaded GPS, and accommodation. For details, please refer to the links below.

Sue Flemming, adventure travel specialist with Jane's Worldwide Travel, is offering EBTers \$150 off each trip if the \$300 deposit is paid on or before August 16, 2018. In addition, those of you who have travelled with Exodus in the past will be eligible for the additional 5% or 10%* [loyalty discount](#) (based on number of trips taken); great savings!

Trips fill quickly so contact Sue Flemming soon at: flemmingsue@gmail.com or 780.467.0075

Albania Sept 6-13, 2019: <https://www.exodustravels.com/ca/albania-holidays/cycling/cycling-albania/mva?flights=excluded>

Umbria Sept 16-24, 2019: <https://www.exodustravels.com/ca/italy-holidays/cycling/headwater-cycling-wine-trails-umbria/c08um?flights=excluded>

*When you book your 2nd trip you will be entitled to 5% off, and this discount will continue through to your 3rd, 4th and 5th trips as well. When booking your 6th trip you are entitled to 10% off and this continues for the rest of your time with Exodus.

Cycling in Albania



6-13

Sep 2-14, 2018

\$1705 CAD per person, land only

Optional single supplement: \$190

YOUR CHANCE TO

- Explore a previously isolated country
- Discover rarely visited UNESCO sites
- Ride from mountain plateaus to the Albanian Riviera

AT A GLANCE

- 6 days cycling with 100% vehicle support
- 100% tarmac with some poor sections
- Quiet undulating route with some long but gradual climbs
- 5 nights hotels, 2 nights guest houses
- E-bike hire available on request

Discover the beauty of this previously isolated country by bike

Some say that visiting Albania is as close as you'll get to traveling back in time. It wasn't until the collapse of the People's Socialist Republic of Albania in 1991 that the world got its first glimpse of the country within. Huge snow-capped mountains, inviting beaches, pretty rural villages, a genuine subsistence culture and an exceptionally friendly welcome is what you will find here. We cycle through the very best of Europe's beautiful unknown, beginning our tour on the border of Macedonia, towards the ancient town of Gjirokastra passing soaring peaks and lush green valleys. From here we begin our descent to the Albanian Riviera passing the UNESCO site of Butrint and Llogara National Park, before relaxing by the sea at our hotel in Vlore.

Guided Group

This is a small group guided holiday. The group is usually between 4 and 16 in size, with an average of 12 like-minded clients booking individually, in a couple or as friends together.

For more information contact:

Sue Flemming, Adventure Travel Specialist
Jane's Worldwide Travel

780 467 0075 or 1 877 367 0075 Toll Free

flemmingsue@gmail.com



Cycling the Wine Trails of Umbria



Only \$300
Required for
a deposit

EBTC Special Departure

Sept 16-24, 2019

\$1,805 CAD per person, land only

Optional single supplement: \$247

HIGHLIGHTS

- Enjoy totally unspoilt cycling through Italian countryside
- Visit medieval Montefalco, Spello and Assisi
- Relax in friendly, high quality hotels, most with swimming pools

AT A GLANCE

- 8 nights hotels
- 7 days cycling (including 3 optional rides) with luggage transfers
- Optional electric bikes
- 90% quiet tarmac roads, 10% easy tracks
- Undulating terrain but distances are kept relatively short
- GPS route navigation provided

Edmonton Bike and Touring Club would like to invite you on a self-guided cycling adventure through the Umbrian countryside

The sun-drenched Umbrian countryside is an enchanting place to blend cycling with food, wine and cultural highlights. The riding is idyllic through olive groves, sunflower fields, vineyards and apricot orchards. There is plenty of time to absorb the timeless atmosphere of the hilltop villages and hamlets and uncover the cultural highlights of Spello, Montefalco and Assisi. Each evening you can unwind in our specially selected hotels and enjoy the wonderful food and wine of the region.

Self-Guided

Why not enjoy some independence, with the flexibility of a self-guided holiday? You'll benefit from our quality research and support, you'll have the bicycle included and you can pace your holiday as you wish.

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