



## April 10, 2022 - Newsletter

### EBTC Ride Reports Upcoming EBTC Rides and Events EBTC is Back on Facebook From the Saddle

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#### EBTC Ride Reports

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##### Stamina Builder Optimum and Ultime Series, April 9, 2022

**Danielle Amerongen**, EBTC Rides Coordinator

Spring riding can be a challenge! The start of the Stamina Builder Optimum and Ultime Series ride on Saturday April 9 was cancelled due to unsafe cycling conditions. Be ready for next week's ride in Spruce Grove where we will be riding 30 km on country roads. Road conditions are good for road bikes.

[Click here to register for the Stamina Builder Optimum and Ultime Series ride on April 16, 2022](#)

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##### Stamina Builder Ardrossan 60 & 100 & Enduro 160 series, April 10, 2022

**Terry Fannon**, EBTC Rides Coordinator

With negative temperatures and strong winds forecast, we cancelled the ride. This gives you an extra week to get your bike ready and to start cycling on your own in preparation for a fantastic cycling season with EBTC! See you next Sunday!

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#### Upcoming EBTC Rides and Events

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##### Thursday Longer Recreational Ride Series

**Phil Davidson**, EBTC Treasurer and Ride Leader

This new ride series kicks off on April 14, 2022. We'll do some longer social

rides with stops to regroup and chat. We'll take breaks for snacks, coffee or lunch. The overall pace will be sufficient to cover the distance without breaking any speed records. Anyone who wants to go to the next regroup spot are welcome to do that and to blast back to meet the last rider, then chat a bit while they recover. We'll start off with some shorter rides until we find our groove, then hit 75 to 100+ km distances. Enjoy rides from a variety of start locations. Expect to ride through Elk Island Park a couple times, to discover new places for food and to meet some new riding buddies.



[Click here to register for the April 14 ride](#)

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## Two weeks until the EBTC Social Event at Laurier Heights Community Hall, Sunday April 24, 2022

**June MacGregor**, EBTC President

Join us for a fun afternoon to meet old and new EBTC friends. The Hall has lots of room, an outdoor patio, and secure bicycle parking if you choose to ride. Registration is already open but closes on April 20, 2022! Attend one or two of the activities!

The event starts with two activities – your choice for registration:

**14:00 to 16:00 Indoor bike maintenance demonstration and Q&A Session** in the spacious hall led by **Ed Weymouth**, EBTC Member and bike mechanic extraordinaire. Please do *not* bring your own bike into the session!

or

**14:30 to 16:00 Outdoor walk** with river valley views led by **Liz Timleck** EBTC member and **Phil Davidson** EBTC Treasurer.

The event wraps up with a Pizza Social. Food and beverages will be available in the hall. We can wander out onto the patio with them!

**16:30 to 18:30 Pizza Social** with a variety of pizzas plus non-alcoholic beverages (no charge). A cash bar of beer & wine will be available indoors; we cannot accept large bills, or debit/credit cards at the cash bar.

[Click here to register for the indoor bike maintenance session \(14:00-16:00\)](#)

[Click here to register for the outdoor walk \(14:30-16:00\)](#)

[Click here to register for the indoor Pizza Social \(16:30-18:30\)](#)

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[Click here for EBTC 2022 Series Ride details](#)

[Click here for EBTC 2022 Unique Ride details](#)

[Click here for the updated EBTC 2022 program summary](#)

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# EBTC Is Back On Facebook!

Heather Curtis

Want to get up-to-date information on all of our upcoming rides and events? Want to learn about cycling related things happening in Edmonton? Visit and like our public Facebook Page!

EBTC members you can also join the moderated EBTC Members Group for an inside scoop on all things EBTC. The Group is a great way to get to know other EBTC members, ride leaders, and board members . You can post questions, comments and cycling related (and appropriate) content.

[Click here to see the EBTC Facebook Page](#)

[Click here to join the EBTC members Group](#)

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## From the Saddle

John Shaw, EBTC Newsletter Coordinator

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### Long Distance Cycling Adventures

Long distance cycle touring is not for me. I'm happy to plan and execute on up to a week's worth of rides but that is it. I admire and am humbled by those who take on much longer tours (their spirit, the planning, the commitment, the challenges) and dip into their blogs and journals from time to time - for vicarious pleasure and cycling ideas! If you've got a cycling adventure or a short trip report to share, please do!

[Click here for the full story](#)

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### Advocating for Safer Cycling in Strathcona County

Many, possibly most, EBTC members ride in Strathcona County. ***The Strathcona County Cycling Action Group***, led by Doug Bowes and Annie McKitrick, formed last year with the aim of addressing the tension between cyclists and motorists on rural roads in the county. There have been many close calls with motorists and unpleasant experiences with upset motorists! The group is taking a proactive and positive approach to the situation. They have thoughtful suggestions in their ***presentation*** to the Priority Committee of the Strathcona County Council on Tuesday April 12 at 15:00. ***They welcome your participation in the group*** and ***at the meeting***. The meeting will also be ***broadcast live***.

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### Helpful Links:

[Click here to obtain an EBTC 2022 Membership](#)

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