



Edmonton Bicycle & Touring Club

March 9, 2022 - Newsletter

2021 AGM Report from the President EBTC 2022 Cycling Season Cycling 101 From the Saddle

Message from the President

June MacGregor, EBTC President

I am pleased to give an overview of the recent Annual General Meeting (AGM) as returning President for another one-year term. This was EBTC's second AGM by zoom, with over 30 members in attendance.

A full slate of Board members was acclaimed for 2022. The Board welcomes **Deb Kershaw** to the position of Social Coordinator. Deb is an avid cyclist both summer and winter. She and Sandy Brodie did a super and thorough job serving as EBTC's audit team for the 2021 financials. Deb replaces **Cathy Walsh** and **Charmaine Folster** who shared the Social Coordinator role. They've stepped down from the Board to dedicate more time to supporting the EBTC ride program. On behalf of the Board, I thank Cathy and Charmaine for their contributions throughout 2021 to Board meetings and to events such as the Club's Volunteer Appreciation evening, held on Zoom for the first time. We all look forward to seeing them on upcoming rides.

Two other Board members are leaving the Board but will continue in their portfolios as Special Volunteers: **Aurie Philipchuk**, Equipment and Supplies Manager; **Don Marcotte**, Publicity. Aurie and Don are appreciated for the expertise and energy they've offered to EBTC and their willingness to support EBTC into the future.

I would also like to thank the past EBTC Boards who were consistently very diligent in managing EBTC's resources. Their diligence enables current Boards to undertake and plan special one-time initiatives for the benefit of all members and EBTC's ongoing sustainability, as described in the AGM highlights.

[Click here for the 2022 EBTC Board of Director roles and profiles](#)

[Click here for the AGM highlights](#)

[Click here for the winners of the Crankys and MEC sponsored AGM Door Prizes](#)

EBTC 2022 Cycling Season

Terry Fannon, EBTC Ride Coordinator

We have increased the number of ride series and day rides for this season. We have

also included two overnight rides - not possible during Covid. To help members choose rides suited to them, we have updated ride ratings (easier, intermediate, challenging) and included a focus (training, social). More information about these designations and detailed ride notes will be available soon but you can start pencilling in your summer 2022 riding season with EBTC now!

Please note some rides and dates remain subject to change and that you need to be a member to participate!

[Click here for the EBTC 2022 ride program](#)

[Click here to obtain an EBTC 2022 Membership](#)

[Click here if you need assistance with Membership](#)

On Road Rear Derailleur Adjustment

Scott Keast, EBTC Safety and Education Coordinator



We've all experienced this to some degree, the rattling clacking sound of an upset rear derailleur – and this was going to be such a good day for a ride. What to do? Well let's first look at the function of a typical rear derailleur and then look at an in-the-field adjustment that just might get you out of trouble.

[Click here to read the full story](#)

From The Saddle

[Click here to contribute to From the Saddle](#)

A Relaxed Two-Day Bike Ride on Marie-Galante

John Shaw, EBTC Newsletter Coordinator, and Tema Frank, EBTC member



Tema beat me to the **punch** on this story. Her account with a few quotes from me is in the link. For those in need of the bald statistics (one hour each way on the ferry; 80 km of cycling/e-biking, 1000 m of elevation gain; 20 hrs of sunshine; 9 litres of water while cycling; 4 beaches, 2 beach bars, one historic site, and three beach towns visited). I had to pump up my rear tire every half hour or so on the second day. **My**

bike shop refilled the liquid in the tires once we got home. The liquid sets in the heat over time even in the absence of a leak. Maybe I won't change out my rock bike tires when I get home after.

[Click here to read the full story](#)

Cycling Focused Film

Anne-Marie Adachi, EBTC Past President, suggests: Soul of a Cyclist is available for download, **can be previewed**, and has won **awards and been selected for film festivals**.

Helpful Links:

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[Click here for EBTC exclusive RideWithGPS map access](#)

[Visit our website](#)

