



Edmonton Bicycle & Touring Club

May 8, 2022 - Newsletter

## EBTC Ride and Event Reports Upcoming EBTC Rides and Events From the Saddle

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### EBTC Ride and Event Reports

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#### The Outbacks Series Ride, May 4, 2022

Phil Davidson, EBTC Treasurer and Ride Leader

We had our first ride from Graminia Hall – out at a good clip, chat for a while instead of recovery ride (bad us!), and back at a good clip. All smiles despite a bit of exertion. I for one felt it a bit the next day but not enough to spoil the longer recreational ride. Join us Wednesday May 11, 2022 for a workout that doesn't feel like a workout, fresh air, good company, ....



[Click here to register for the Outbacks Ride on May 11, 2022](#)

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# Longer Recreational Series Ride, May 5, 2022

Phil Davidson, EBTC Treasurer and Ride Leader

We plan to work up to some longer distances but this week 57 km was long enough – Ardrossan to Ft Sask and around a bit. Warm enough and just enough breeze that I didn't get a single mosquito bite. We regroup regularly at intersections and even stop to take the occasional photo. Join us Thursday May 12, 2022 as we head out from Villeneuve in search of a new bakery!



[Click her to register for the Longer Recreational Ride on May 12, 2022](#)

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## Stamina Builder Optimum and Ultime Ride Series, Saturday May 7, 2022

Danielle Amerongen, EBTC Rides Coordinator

The Saturday Stamina Builder cyclists are awesome! The Optimum riders averaged 18 KPH for 35 km. Thank you **Pam Young** and **Cathy Walsh** for your great support. The Ultime riders completed 45 km way faster than the pace set for the week. We also met up with a road race in progress. They rode in pelotons with cars right behind them. They were FAST! We will ride from Spruce Grove on Saturday May 14. Distances are 35 km and 50 km.



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## Upcoming EBTC Rides and Events

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## Updated Summary of the '22 EBTC Ride Season

Terry Fannon, EBTC Rides Coordinator

There are a changes:

1. Ride On! Thursday will move to Wednesday at 3:30PM effective May 11 and will be called Wednesday Ride
2. Stamina Builder Series (West & Ardrossan) move to May times (earlier; check start time when you register)
3. Tuesday Strathcona ride starts later (6:30PM)

You'll see these changes reflected in the ride registrations and on the web site as it is updated.

[Click here for the Updated 2022 EBTC Ride Season Summary Table](#)

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## Hill Tops and Coffee Shops Ride Series Kicks Off on Tuesday May 10, 2022

**Danielle Amerongen**, EBTC Rides Coordinator

In addition to enjoying good company and a stop for coffee at Little Brick, we will tackle every hill that comes our way. Be ready to ride at 9:55 for a 10:00 am start. We'll ride 29 km and do over 300 m of elevation gain. Meet at Rafters Landing, 9734 98Ave.

## HILL TOPS



[Click here to register for the Hill Tops and Coffee Shops Ride: May 10, 2022](#)

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## Tuesday Strathcona Ride Series

**Sandra McDonald**, EBTC Webmaster and Ride Leader

While I'm away cycling in Portugal, you'll have a chance to meet other EBTC board members who'll lead the ride in my stead. On May 10 **Anne-Marie Adachi**, EBTC Past President.

[Click here to register for the Tuesday Strathcona Ride on May 10, 2022](#)

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## Ride on Thursday! Series

**Danielle Amerongen**, EBTC Rides Coordinator

The Ride on Thursday! moves to Wednesday May 11, 2022 this week! It gets a new name too - Wednesday Ride

[Click here to register for Wednesday Ride on May 11, 2022](#)

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## Thursday Evening Trail Ride Series

**Michel Lamontagne**, EBTC Ride Leader

Riders on fat, mountain or hybrid bikes explore off-road routes in Edmonton and vicinity - typically 15-35 km. Rides will be through the river valley, in parks, through communities, beside roadways, on paved or gentle unpaved trails. We ride as a

group, and re-group at points along the route to keep together.

[Click here to register for the Thursday Evening Trail Ride on May 12, 2022](#)

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2022 Series Ride  
details](#)

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