

### August 14, 2022 - Newsletter

# EBTC Ride and Event Reports Upcoming EBTC Rides and Events From the Saddle

#### **EBTC Ride and Event Reports**

### Friday Quiet Roads Series Ride, August 12, 2022 June MacGregor, EBTC President and Ride Leader

Villeneuve to Chickakoo Lake Recreation Area, with a break at Muir Lake, is now a favourite route for me with its beautiful rolling hills, forests and scenery. It was a perfect summer day for 14 cyclists to enjoy this 52 km social ride. The long return downhill into Villeneuve left everyone smiling as those rolling hills meant that we had successfully conquered some 500 m of climbing. The August 19 Quiet Roads Ride is a 50 km loop starting at the Ardrossan Rec Centre.





Click here to register for the Friday Quiet Roads Ride on August 19, 2022

## Miquelon Lake Unique Rides Saturday, August 13, 2022

Phil Davidson, EBTC Treasurer and Ride Leader

A beautiful sunny day brought 36 riders to Miquelon Lake from Beaumont (95 km) and New Sarepta (43 km). Many thanks to our support crew for organizing a great lunch stop and keeping riders hydrated on the route. Check the Facebook group for more visuals.





Click here for the EBTC Facebook Group, and more photos and videos!

Click here to register for the Sunday Social Ride on August 21, 2022

**Upcoming EBTC Rides and Events** 

Click here for the full EBTC 2022 ride calendar and registration links

Click here for all EBTC 2022 Series and Unique Ride details

#### From the Saddle

### L'Etape Edmonton by Tour de France August 14, 2022

John Shaw, EBTC Newsletter Coordinator

Many EBTC members and half the EBTC Board participated in this well-run and well-supported inaugural event. I spotted EBTC board members **Anne-Marie Adachi**, and **Sandra McDonald** marshalling the course. **Danielle Amerongen** rode the 130 km route. I rode the 80 km route. There was a great atmosphere at the start, along the way and at the food and beverage tents at the finish. It reminded me of the Tour de l'Alberta event run for by EBTC. Based on the fast **completion times** over all, it seems to me that many of us had personal or at least age-graded personal best times.

### Tour de Naiop, September 23, 2022

Keri Hindman, EBTC Member

I planning on doing this supported <u>ride in aid of Ukraine</u> and thought other members might be interested.

### **Helpful Links:**

Click here to obtain an EBTC Membership

Click here if you need assistance with Membership

Click here to contribute to the EBTC Newsletter

Click here for EBTC exclusive RideWithGPS map access

Click here to see the EBTC Facebook Page

Click here to join the EBTC members only Facebook Group

Click here to visit the EBTC website