



Edmonton Bicycle & Touring Club

August 7, 2022 - Newsletter

EBTC Ride and Event Reports Upcoming EBTC Rides and Events Cycling 101 From the Saddle

EBTC Ride and Event Reports

Thursday Longer Recreational Series Ride, August 4, 2022

Phil Davidson, EBTC Treasurer and Ride Leader

Am I crazy (well, yes) but I was hardly able to see the road for the rain driving out to Parkland Village to start a 74 km ride to a nice bakery in Onoway! Luckily the rain stopped just in time and we had a great ride. The rhubarb walnut galette was excellent.

The next Thursday Longer Recreational Series Ride will be on **August 18, 2022**. This coming week do join me for one of the Miquelon Lake Unique rides from either **Beaumont (95 km)** or **New Sarepta (43 km)** on August 13, 2022 - details below.



Friday Quiet Roads Series Ride (Not), August 5, 2022

June MacGregor, EBTC President and Ride Leader

Another day of rain and wind greeted us on Friday

morning. Gardens and trees are happy; cyclists not so much. After sadly cancelling the ride, I cycled a nice sunny quiet road...with a low UV index. The 51 km Villeneuve-Chickakoo is now rescheduled for Friday August 12, 2022. This is a somewhat shorter introduction to the area than EBTC's annual autumn Chickakoo ride from Acheson (62 km on Sunday September 11, 2022) led by **Larry Zelazo**, EBTC Membership Coordinator. By participating in both rides, you can experience the scenic Glory Hills in the green of summer and in the bright yellows and oranges of fall!



[Click here to register for the Friday Quiet Roads Ride on August 12, 2022](#)

Sunday Social Series Ride, August 7, 2022

Betty Lafave, EBTC Ride Leader and EBTC Board Secretary

16 of us rode from Villeneuve to Onoway and back, a distance of 61 km. It was hilly, but we had great weather and a tail wind on the return trip. The cones and shakes at the Burger Baron in Onoway were perfect on such a warm day!



[Click here to register for the Sunday Social Ride on August 14, 2022](#)

[Click here for the EBTC Facebook Group, and more photos and videos!](#)

Upcoming EBTC Rides and Events

Miquelon Lake Unique Rides Saturday, August 13, 2022

Phil Davidson, EBTC Treasurer and Ride Leader

We had a great ride last year (and previously) so we're doing it all again. There will be two rides: 95 km and 43 km. Leave from Beaumont at 10 am or New Sarepta at 11 am and ride to Miquelon Lake for lunch. This year the two rides will meet up at Old Station Honey & Mead in New Sarepta. Their mead is good! We'll have a support vehicle with beverages and snacks (and to transport mead back to Beaumont).

[Click here for details and registration for the 95 km ride from Beaumont](#)

[Click here for details and registration for the 43 km ride from New Sarepta](#)

[Click here for the full EBTC 2022 ride calendar and registration links](#)

[Click here for all EBTC 2022 Series and Unique Ride details](#)

Sussing Out a New Grid - The Driveline

Scott Keast, EBTC Safety and Education Coordinator

Last week I discussed some very general points when going shopping for a new bike. This week I will go in-depth on drivetrain options. Completely customizable, the drivetrain includes brake/shifters (Briifters), cables, front and rear derailleurs, crankset and chainrings, and cassettes.



[Click here for the full story](#)

From the Saddle

L'Etape Edmonton by Tour de France : Volunteers Still Needed

June MacGregor, EBTC President

While EBTC does not promote non-Club rides, many EBTC members have signed up for rides that are part of this event on August 14, 2022. Volunteers are still needed at these rides and also in advance (so if you're riding, you can still help).

[Click here to learn more about volunteer opportunities at L'Etape Edmonton](#)

Hub and Spoke and Other Types of Touring

John Shaw, EBTC Newsletter Coordinator

I happened upon the **Cross Canada Cycle Tour Society** web site this week. They started offering volunteer run and supported Pacific to Atlantic coast summer tours

during the 1980s and have branched out to include regional and hub and spoke rides in choice locations in BC, Alberta, Ontario, Quebec and abroad. I like their approach to touring and their "business model".

I've been meaning to ride the Petit Train du Nord route north of Montreal for some time, and mentioned it in a previous item. I was impressed by the ***itinerary and route maps*** for the CCCTS adventure and could see how I might do it myself using a local ***company to transport my bike and luggage***. You might get some ideas from their site too!

Helpful Links:

[Click here to obtain an EBTC Membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to see the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC website](#)