



Edmonton Bicycle & Touring Club

November 13, 2022 - Newsletter

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Messages from the President

It's Time to Renew Your EBTC Membership

June MacGregor, EBTC President

2022 memberships expire at the end of December 2022. Sign up now for 2023 to keep up-to-date with the EBTC activities and to register for events such as Winter Pop-Up Rides, the Annual General Meeting, an early spring social and other events. Membership fees haven't changed - \$40 for an individual and \$20 for an additional household member. Planning is already in the works for an exciting spring to fall 2023 cycling season.

[Click here to renew your EBTC membership for 2023](#)

EBTC Equipment Manager 'Retires'

June MacGregor, EBTC President

Aurie Philipchuk has stepped down from his role as Equipment Manager to enjoy the freedom of retirement with his wife, **Caroline Philipchuk**. The EBTC Board and club members wish them well in this new stage of life. Along with his formal role, Aurie volunteered for EBTC at multiple MS Bike rides and the Birkie ski marathons. He also often greeted members at Club picnics from behind the BBQ as chief chef along with Caroline and took on other tasks. Caroline was EBTC's Social Coordinator a few years ago, and they were both regulars doing whatever was needed to make events fun for everyone. Aurie offered this "off the top of my head" comment about what he enjoyed as Equipment Manager and volunteer, "the chance to work more closely with some great motivated people in the club as well as getting a closer look at the behind the scenes of how the club actually works." A BIG Thank You to Aurie and Caroline!



EBTC Volunteer Opportunities

EBTC Social Event Coordinator: Board Position

EBTC has several social events throughout the year. Annually we have the AGM, Volunteer Appreciation, and Spring Social, in addition to events associated with rides like the Pigeon Lake Picnic.

As Volunteer Social Coordinator your role would be working with other Board Members and volunteers to organize and stage club events. This would involve:

- Selection of a date and location for the event, with input from other Board Members
- Arranging for food and refreshments and any other items needed for the event.
- Preparation of and presentation of the event budget to the Board or Finance Committee for approval
- Documentation and provision of all receipts for expenditures to the Treasurer for reimbursement or filing as required.
- Attends EBTC Board Meetings

This is a great opportunity to get to know other club members and have fun!

[Click here to enquire about the Social Event Coordinator volunteer opportunity](#)

Equipment Manager: Special Volunteer and non-Board Position

EBTC has over the years accumulated a small amount of equipment which is held in storage. This equipment includes items such as a barbeque, Coleman stoves, cooking utensils, water carboys and coolers. Ownership of these items by EBTC makes it easy and convenient for the social coordinator and ride leaders of overnight trips and special events. The role of the Equipment Manager is to:

- Be the Equipment Boss for EBTC!
- Have an updated inventory of items available
- Help ride leaders and other authorized members access the equipment in storage for their event
- Ensure the items are returned clean and in good condition to storage
- Report items needing repair or replacement to the EBTC Board

Attendance at EBTC Board meetings is not required. However, materials will be made available.

[Click here to enquire about the Equipment Manager volunteer opportunity](#)

EBTC Ride Support Coordinators

As our cycling program is expanding, the position of Ride Program Coordinator is quite heavy. We would like to have three or four members who are looking to work as a team to lighten the load.

This new position requires some group cycling experience, hopefully with the club.

The role will be to assist the Ride Program Coordinator in the development and running of the club riding program by overseeing a small grouping of rides. The Ride Support Coordinator must be knowledgeable about safe group riding, aware of club riding policies and understand the club cycling scale, able to plan routes with RWGPS, comfortable with Karelo and willing to attend some club rides to check in, especially when there is new Ride Leader. No board meeting attendance required and know that we can help you get up to speed with RWGPS and Karelo.

[Click here to enquire about a ride support volunteer opportunity](#)

EBTC Ride and Event Reports

Kickstart 2023

Danielle Amerongen, EBTC Ride Program Coordinator

What a great brainstorming session last week! Twenty-nine EBTC members got together to share ideas and think out possible solutions to continue to grow our menu of rides and multi day events. As you can see from my office wall, I have a lot of information to process and make sense of. As most rides last year were led by board members (about 90% of the riding program), it was great to see so many of the proposed cycling events for next season offered by new members. It will be a busy winter of planning and I am embracing the challenge.

Know that EBTC is a volunteer organisation. The more members are willing to share their time and expertise, the more events we can offer. If you can't see a ride that fits your needs, you can create one and we will support you. At any point you may contact me with an idea of a ride that you would like to lead.



[Click here for the EBTC Facebook Group, more photos and videos, and more pop up rides!](#)

Upcoming EBTC Rides and Events

Winter Pop-Up Rides

Danielle Amerongen, EBTC Ride Coordinator

The club is planning to offer Pop-Up winter rides again this season but we are in need of Ride Leaders. The

rides could be weekly events but that would be a Ride Leader's choice! Hopefully the weather will be better this winter than last and not so icy!! Please contact me if you would like to be involved with winter riding!



[Click here for the EBTC 2022 ride calendar and registration links](#)

[Click here to join the EBTC Facebook Group](#)

Getting the Most Out of Your Gears

Scott Keast, EBTC Safety and Education Coordinator



On a recent ride I was reminded that not all cyclists are getting the most from their multi-speed bikes. Since most of us also drive a motor vehicle, I will use them as a mirror to our cycling to help clarify concepts. So why do we have multi-speed bikes? The reason can be summed up in one term – mechanical advantage. On the surface this may seem simple but achieving and maintaining mechanical advantage is not so simple!

[Click here to read the full story: Why do We Have Multi-Speed Bikes? Getting the Most Out of Your Gears](#)

From the Saddle

Exploring Malaga on Vintage Bikes

John Shaw, EBTC Newsletter Coordinator

Tema Frank and I are visiting Malaga again. This time I'd planned to rent a mountain bike for me and an e-bike for her for local touring during our time here. Unfortunately, the elevator in our building is too small for bikes and there is nowhere else to store them safely. Luckily, there is a **[vintage bike rental shop](#)** next door.



[Click here to continue reading Exploring Malaga on Vintage Bikes](#)

Bob Fletcher broke the world record for continuous e-bike

riding on November 5, 2022 on his ride from Alaska to Panama!

John Shaw, EBTC Newsletter Coordinator

To quote Wayne Grover "Literally an event-full day today. I got knocked down by a dog, Bob broke the world record for a continuous e-bike ride, we got bribed by some bad police, saw an Uber large tarantula, and are camping tonight at a Mexican national guard compound. 107 km, 489 m climbing. Didn't finish till after dark!" Congratulations Bob!



On Thursday, November 10th 2022, Bob crossed the border from Mexico to Guatemala.

Helpful Links:

[Click here to become an EBTC member](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to see the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC website](#)

Edmonton Bike and Touring Club | Unit 304, 11660 79 Ave NW, Edmonton, T6G 0P7 Canada

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