



Edmonton Bicycle & Touring Club

October 2, 2022 - Newsletter

EBTC Ride and Event Reports Upcoming EBTC Rides and Events From the Saddle

EBTC Ride and Event Reports

Quiet Roads Series Ride, September 23, 2022

Betty Lafave, EBTC Secretary and Ride Leader

7 riders cycled 48 km from Ardrossan to the Countryside Golf Course. We loved the shortcut through the subdivisions from RR222 to RR223 and the long ride west on TWR 520. We had so much fun on the patio at Countryside, we forgot to take a picture!

Sunday Social Ride, September 25, 2022

Betty Lafave, EBTC Secretary and Ride Leader

7 of us cycled 60 km from the Strathcona Olympiette Centre to New Sarepta. It was so lovely and warm on the patio at the New Sarepta Market!



Ride Friday September 30, 2022

Betty Lafave, EBTC Secretary and Ride Leader

12 of us enjoyed a 67 km pop up ride from Devon to the famous Calmar Bakery. Only 5 of us are in the picture. The other 2 were busy riding up and down the Strawberry Creek hill!



Al's Bakery Ride - a Pop Up Ride! October 1, 2022

Larry Zelazo, EBTC Membership Coordinator

Eight EBTC members enjoyed the fabulous return of Al's Bakery Ride which was a favorite annual event in times past. We enjoyed a great sunny afternoon cycling

around north Edmonton visiting three bakery's. The highlights were the ride around Beaumaris Lake in Castle Downs, the hill in Griesbach with views of the Edmonton skyline and the bakery treats. And of course Al couldn't resist getting an ice cream cone from Cedar Sweets. **Al Carlson** led this ride of course!

[Click here for the EBTC Facebook Group, and more photos and videos!](#)

Upcoming EBTC Rides and Events

Continue Riding with EBTC this Fall: Watch for more 'Pop Up' Rides

June MacGregor, EBTC President

The planned weekly and unique rides have come to a close for 2022. However, with the new website, the Club can add day rides to Karelo ride registration, and they will automatically appear on the website Ride Calendar. Depending on the weather forecast, Club day rides can now be organized with short notice for members to register and enjoy. These 'pop up' rides will also be announced on the EBTC members-only Facebook Group. If you haven't already joined the private Group, consider doing so now to keep up to date with Club events. When winter arrives, this new 'pop up' ride facility will be used for winter rides. They will also be organized on short notice based on weather conditions.

Fall: A Great Time to Ride - Great Advice Worth repeating!

Terry Fannon, EBTC Rides Coordinator

With above-average temperatures, some sun and little rain, you can get in some great rides. All EBTC maps are available for your use on RWGPS. If you want to try a ride that was not necessarily used this year, go to the **Members' Choice Collection** and select a ride with your preferred distance and location. Call a friend or two or simply get out on your own!

[Click here for the EBTC 2022 ride calendar and registration links](#)

[Click here to join the EBTC Facebook Group](#)

From the Saddle

Bob Fletcher has cycled over 8000 km on his ride from Alaska to Panama!

John Shaw, EBTC Newsletter Coordinator

Bob's OTOGENARIAN Odyssey is progressing quickly. They passed through GUYANAS Mexico recently and have covered 8,000 km of the 13,500 km between North Pole and Panama City. Let's go Bob (and Wayne)!

Cycling Puglia, September 2022

Freeman Taylor, EBTC Vice President

A group of EBTC members travelled to Italy recently for a cycling tour of Puglia. We flew into Rome and spent a couple of days touring the city before flying to Bari to catch a bus to Matera where our **Puglia Cycle Tour 12-day self-guided adventure** began.

In Matera we visited the Sassi di Matera cave dwellings, and churches. It was easy to get in 10,000 steps per day + elevation as there were many flights of stairs to negotiate! Our first three days of cycling including 30+ C and a fair amount of climbing took us to a farm stay near Castellaneta. From there we went to the small medieval town of Putignano and on to Albert Robello. The region around Alberobello is known for Trulli homes (conical shaped dry stacked rock structures).

At Polignano a Mare there was a **cliff diving competition** taking place on the day we cycled through. That day we finished our ride cycled in to the stunning coastal town of Monopoli on the sea walls overlooking the beautiful blue Adriatic Sea. During our rest day in town we did laundry, explored a bit, and dipped our feet into the sea. From there, the next few days took us along the coast, then inland to the white town of Ostuni, on to a farm stay (with a pool) outside the village of Borgagne and then to Otranto - a city on the coast. On our last cycling day, we arrived at Lecce. There we said goodbye to the bikes!

It was a wonderful journey with great friends, an itinerary that had some challenging climbs, an assortment of road surfaces (some allowing your buttocks to become very closely associated with your saddle), amazing sights, delicious food, lovely wines and, very often, a refreshing Aperol Spritz at the end of the day.

I highly recommend Puglia Cycle Tours. They were very responsive during the planning stages and during our cycle tour.





Helpful Links:

[Click here to obtain an EBTC Membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to see the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC website](#)

Edmonton Bike and Touring Club | Unit 304, 11660 79 Ave NW, Edmonton, T6G 0P7 Canada

[Unsubscribe \[media@bikeclub.ca\]\(mailto:unsubscribe.media@bikeclub.ca\)](mailto:unsubscribe.media@bikeclub.ca)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by media@bikeclub.ca powered by



Try email marketing for free today!