



Edmonton Bicycle & Touring Club

September 11, 2022 - Newsletter

EBTC Ride and Event Reports Upcoming EBTC Rides and Events From the Saddle

EBTC Ride and Event Reports

Friday Quiet Roads Series Ride, September 2, 2022

Betty Lafave, EBTC Secretary and Ride Leader

11 cyclists rode 50 km to Attracted2Apples in Strathcona County where some of us picked apples at the U-Pick orchard. It was a good ride on a very warm day!



Sunday Social Series Ride, September 4 2022

Betty Lafave, EBTC Secretary and Ride Leader

12 cyclists rode 58 km from South Cooking Lake to the unique Footloose Caboose restaurant where we enjoyed homemade sandwiches. It was a very enjoyable ride through the rolling Beaver Hills!



Friday Quiet Roads Series Ride, September 9, 2022

Betty Lafave, EBTC Secretary and Ride Leader; **Dennis Miller**, EBTC Ride Leader

On a cool morning (8 C) six keen cyclists completed a 55 km return journey from Kingswood Park in St. Albert to the scenic viewpoint overlooking the Quarry area of North East Edmonton. We stopped at the Edmonton Garrison Tim Hortons for coffee. The ride ended with beautiful blue skies and a perfect riding temperature in St. Albert.

[Click here for the EBTC Facebook Group, and more photos and videos!](#)

Upcoming EBTC Rides and Events

Don't Forget to Register for the Chickakoo Fall Colours Tour, September 18, 2022

Larry Zelazo, EBTC Membership Coordinator and Ride Leader

We have revamped our annual Chickakoo Unique Ride into a 'Hub and Spoke' multi-ride event with beverages and snacks provided by EBTC. The hub will be the **Chickakoo Recreation Area**. Park there and return there for snack breaks! Spokes for road, gravel, and mountain bikes are planned:

- for road riding, three different 30 km loops will start and end at the Recreation Area. Riders can choose their distance – 30, 60 or 90 kms – with a snack break after each loop. **Betty Lafave** will lead the first two of these loops!
- for gravel riding, there's another 30 km loop that's mainly paved with short gravel sections.
- for mountain biking, a 10 km trail ride will use Chickakoo Recreation Area trails.
- Riders are welcome to combine these different ride types. Don't forget to register for each one you plan to ride!

We're looking for volunteers to manage the beverage and snack table. Volunteers will have time to ride one 30 km loop or the 10 km trail ride, and then be responsible to set up beverages and snacks and manage the table until the event ends. Please email membership@bikeclub.ca or secretary@bikeclub.ca to volunteer.

Join us on September 18, 2022 to ride and enjoy the colours of Fall.

Click here to register for the road spoke

Click here to register for the gravel spoke

Click here to register for the mountain bike spoke

Click here for the full EBTC 2022 ride calendar and registration links

Click here for all EBTC 2022 Series and Unique Ride details

From the Saddle

Tracking Bob Fletcher on his Octogenarian Odyssey

John Shaw, EBTC Newsletter Coordinator

Bob Fletcher (and **Wayne Grover**) will arrive in Anaheim California today and are getting closer to the Mexican border.

EBTC Members and Recent Gran Fondos

John Shaw, EBTC Newsletter Coordinator

I mentioned previously that a number of EBTC members participated in the Etape

Edmonton during August 2022. Some members now have cameo appearances in the **[promo video](#)** for the August 2023 event! I spotted **Danielle Amerongen, Rachel Champagne** and **Audrey Sonnenberg** in the video. **Sandy Brodie** and I appear twice. She won a prize! I'm sure there are other EBTC members in the video. Let me know if I've missed someone.

The Whistler Gran Fondo took place yesterday. 7000 participants rode around Stanley Park in Vancouver before heading over the Lions Gate Bridge, up Taylor Way and then to and along the Sea to Sky Highway to Whistler. It is an epic ride. My hat is off to **Danielle Amerongen, Rachel Champagne, Audrey Sonnenberg, Sandy Brodie**, other EBTC members, my cycling friends and everyone who completed the ride! I used to drive the route in a standard 1980 Mazda GLC. There were several places it had issues, starting with Taylor Way!

The Drayton Valley Gran Fondo also took place yesterday. I'm sure EBTC members participated. I heard from friends it was a great day out. Any smoke damage to eyes and lungs was repaired by beer or cider after they were done.

Please share your experiences from Gran Fondos, other events, or cycling trips you've been having. We'd like to hear firsthand accounts!

Helpful Links:

[Click here to obtain an EBTC Membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to see the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC website](#)

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