



Edmonton Bicycle & Touring Club

## September 18, 2022 - Newsletter

### EBTC Ride and Event Reports Upcoming EBTC Rides and Events From the Saddle

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#### EBTC Ride and Event Reports

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#### Dog Rump Creek Unique Ride September 10 2022

Maureen Lanuke, EBTC member

**Bernie Lee** and **Jim Michael** led this 65 km ride from Graminia Hall to Dog Rump Creek in Stony Plain. It was a great ride on a beautiful sunny day. Bernie and Jim were prepared for everything - construction on the Devon bridge, clean portapotties with real toilet paper and hand sanitizer at the start location, and a quick change of route on a lovely quiet road when the county decided to pave over the original road with chip seal!



#### Pop-up Ride Friday September 16, 2022

Betty Lafave, EBTC Secretary and Ride Leader

On Friday Sept 16, I organized an EBTC pop-up ride from Ardrossan to Elk Island West Gate Road. 5 riders rode the full 68 km. 4 riders rode from Partridge Hill and back. It was a beautiful day with very little wind! There will be more pop-up rides as long as the weather cooperates.



## Chickakoo Fall Colours Tour, September 18, 2022

**John Shaw**, EBTC Newsletter Coordinator

**Larry Zelazo** (EBTC Membership Coordinator) organized the event, and **Betty Lafave** (EBTC Secretary) led over 30 road cyclists initially and maintained a no drop pace. A faster pack split off, by agreement, led by **Peter Hunszinger** (let's just say), and did at least two of the routes with a snack table stop & pit stop at Chickakoo in between. Some riders did variations on the planned route(s). **Tema Frank** and I followed **Jim Michael** and **Bernie Lee**. We covered more or less the right distance, elevation gain and route of route 3. **Dennis Woo**, our sweep, made sure no one was left behind! The mountain bike group was smaller. They were at the snack table when I arrived. It turns out no one did the gravel loop. The weather was cool and cloudy to start but all of us warmed up nicely on the hills! The sweets and treats were most welcome!





[Click here for the EBTC Facebook Group, and more photos and videos!](#)

## Upcoming EBTC Rides and Events

The formal EBTC 2022 Summer Ride Season is coming to a close! The Friday Quiet Roads Series Ride on September 23, 2022 is coming up! The Sunday Social Ride on September 25, 2022 is the last ride in the calendar for now! If the weather holds EBTC will offer more Pop-Up rides! Visit the calendar and the Facebook group regularly for them.

[Click here to register for the Friday Quiet Roads ride on September 23, 2022](#)

[Click here to register for the Sunday Social Ride on September 25, 2022](#)

## Fall: A Great Time to Ride!

**Terry Fannon**, EBTC Rides Coordinator

With above-average temperatures, some sun and little rain, you can get in some great rides. All EBTC maps are available for your use on RWGPS. If you want to try a ride that was not necessarily used this year, go to the **Members' Choice Collection** and select a ride with your preferred distance and location. Call a friend or two or simply get out on your own!

[Click here for the full EBTC 2022 ride calendar and](#)

[Click here for all EBTC 2022 Series and Unique](#)

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## From the Saddle

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### Bob Fletcher Crossed into Mexico this Week!

**John Shaw**, EBTC Newsletter Coordinator

**Bob Fletcher** (and **Wayne Grover**) crossed into Mexico at Otay in Tijuana. "It was effortless as we were the only ones in line." However, dealing with permits for the trailer was not effortless! Their first dinner in Mexico was, you guessed it, tacos at a small local Birria.

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### Sea to Sky Gran Fondo Experience

**John Shaw**, EBTC Newsletter Coordinator

**Rachel Champagne, Audrey Sonnenberg, Danielle Amerongen and Sandy Brodie** took up the challenge to ride 122 KM (2340 m uphill) from Stanley Park in Vancouver to Whistler Village in the Sea to Sky Gran Fondo. They and approximately 7000 other riders representing 48 countries were greeted by a beautiful sunrise start in Stanley Park. While the scenery is incredible along the Sea to Sky highway, they contended with adverse winds and a 30 C full sun day as they climbed their way to the finish.

To quote Danielle: "All the training we did got us there. It is hard to train in Edmonton to do that kind of elevation unless you plan for it. The EBTC Hills and Coffee Series rides were a great help. Trips to BC and Waterton gave us the chance to cycle long uphills, and the Stamina Builder 100 and 160 made sure our butts could stay in saddle for long hours. There's nothing like the high of achieving something you thought you might fail at."



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