



Edmonton Bicycle & Touring Club

December 18, 2022 - Newsletter

Message from the President EBTC Ride and Event Reports Upcoming EBTC Rides and Events Cycling 101 From the Saddle

Message from the President

Seasons' Greetings from the EBTC Board

June MacGregor, EBTC President

Warmest greetings of the season and best wishes for the new year. Whether you prefer the local snow, a winter escape to warmth, the great indoors or some of each during winter, may your winter be filled with health, happiness, and enjoyable activities. Your membership in the Club is valued and we look forward to seeing you in 2023!



Do sign up for your 2023 now in order to register for events such as Winter Pop-Up Rides, the Annual General Meeting, an early spring social, and to be updated on other activities. Fees remain at \$40 for an individual and \$20 for an additional household member.

[Click here to renew your
EBTC membership for
2023](#)

[Click here if you need
assistance with
membership](#)

EBTC Volunteer Opportunities

Get to know more Club members better while having fun too! Become a volunteer and the Club will assist you in your new role.

EBTC Social Event Coordinator: Board Position

Social Event Coordinator – The volunteer in this EBTC Board position works with other EBTC Board members, and is backed up by other volunteers, to plan, organize and stage events. Social events are highly valued by the EBTC membership and the EBTC Board. We'll support you in making these events enjoyable for all. Some EBTC events are held annually such as Volunteer Appreciation, AGM, Spring Pizza Social, summer BBQs/pot luck picnics; others are associated with specific rides (e.g., Pigeon Lake picnic).

[Click here to enquire about the Social Event Coordinator volunteer opportunity](#)

Equipment Manager: Special Volunteer and non-Board Position

Equipment Manager – This Special Volunteer manages the small amount of Club equipment held in storage, e.g., a barbeque, Coleman stoves, cooking utensils, water carboys and coolers. The Equipment Manager is not required to store EBTC equipment; the special volunteer helps organizers of social events and rides with access to EBTC equipment storage if/as required. In this position, the special volunteer does not need to attend Board meetings but will receive the material.

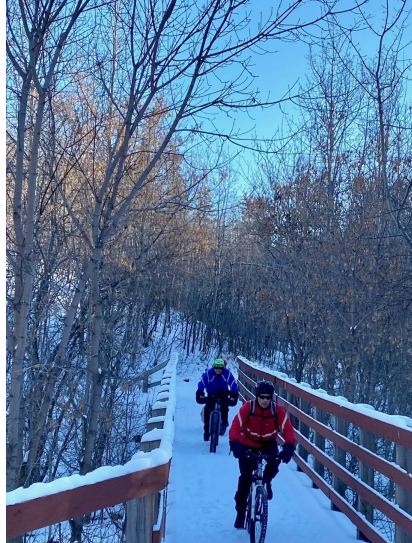
[Click here to enquire about the Equipment Manager volunteer opportunity](#)

EBTC Ride and Event Reports

First EBTC Winter Pop-Ride for 2022!

Danielle Amerongen, EBTC Ride Coordinator

The first EBTC winter ride went off without a hitch this week. Our new registration Pop Up worked perfectly for both the ride leader and the members on the Winter Ride List. The conditions were ideal for a 20 km ride mixing both paved paths and easy single tracks. The Kinnaird ravine was patted down just enough to have us get a good workout. When a ride leader hears "I had a blast" from participants, you know it's a ride that will have to be repeated! Join us for the next winter ride!



[Click here for more EBTC ride pictures and videos](#)

Upcoming EBTC Rides and Events

EBTC Winter Rides

June MacGregor, EBTC President

These fun rides are mainly off-road with riders staying together and following the ride leader. If you are interested, consider signing up for the **EBTC 'Pop Up Winter Rider Mailing List'**. You'll then receive an e-mail notification with a link to register in Karelo whenever a winter ride is added to the ride calendar. All winter rides are 'pop-ups', i.e., organized close to the ride date due to changeable winter weather and riding conditions.

[Click here to register for the EBTC Pop-Up Winter Rider mailing list](#)

[Click here for the EBTC ride calendar and registration links](#)

[Click here to join the EBTC Facebook Group](#)

Winter Cycling Tips - Torso and Legs

Scott Keast, EBTC Safety and Education Coordinator

Please read my point by point suggestions for a warmer winter ride!



[Click here to read "Winter Cycling Tips - Torso and Legs"](#)

Octogenarian Odyssey Completed!

Bob Fletcher

Wayne Grover and I arrived in the old historical district of Panama City on December 11, 2022. We rode the 14276 km from North Pole Alaska in 157 days. Each day, there seemed to be a surprise waiting for us. Maybe a rain storm, a flat, a wrong turn, running out of daylight or not having a place to sleep. Our final day was no different. We woke to the news that the Bridge of America closes each day at three pm. If we missed it, we would have to ride an extra 20 km. We did make it but we had to climb 1450 m in traffic that was maybe the most dangerous of the whole trip.



Helpful Links:

[Click here to become an EBTC member or to renew your membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

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