# Aug 27, 2023 - Newsletter

Check the EBTC calendar regularly for a full list of rides. Check your email for ride confirmations and cancellations!

Click here for the EBTC Ride and Event Calendar including Registration Links Click here for Tips for Selecting EBTC Rides

### **Highlighted Upcoming Rides**

# September is Coming: Rides Continue; Expect Pop-Ups

June MacGregor, EBTC President

This past week threw everything at us: rain, smoke, cool temperatures, and also, perfect cycling conditions. Since several EBTC series rides continue to be offered, check the EBTC Calendar to register and ride.

As fall approaches, we can expect 'pop-up rides' to be added. These are planned close to the ride date, generally based on a good weather forecast. They can be on any day and at any level of difficulty. If you would like to be informed of pop-up rides, please sign-up for EBTC's e-mail list - that way, you won't need to check the calendar for these rides.

Click here to register for the Pop-Up Ride mailing list

#### **Ride Reports**

## Monday Meandering Ride, August 21, 2023

Sonya Taylor, EBTC Ride Leader

More than a dozen of us had a perfect evening to explore Edmonton's southwest - in a loop starting and ending by Fort Edmonton. The beautiful sky photo is courtesy of Phil Davidson. There was



enough of a breeze to keep those pesky mosquitoes at bay! August 28th will be our last Monday Meandering Ride for the season. Join us!



Click here to register for the Monday Meandering Ride on August 28, 2023

### Pigeon Lake Ride and Picnic August 26, 2023

Anne-Marie Adachi, EBTC Past President and Ride Leader

What a stellar day at Pigeon Lake, the weather was beautiful and very little wind which always results in a perfect cycling day!! Thank you to so many people who contributed to the day, **Frank Potter** back in the saddle again for his Pigeon Lake Inner Loop Ride and **Craig Brown** for putting together a 100 km ride and cutting all the veggies for the grill! Thanks to **Danielle Amerongen** for helping me shepherd riders over the rough sections and left side of HWY 780 without incident and **Keith Bambridge** for ensuring the last rider finished safely.

To the "barbeque chef extraordinaire" **Charles World**, can't thank you enough for donating the Birkie sausages, the cooking and providing all the great "extras" like your personal barbeque, the accessories and the screened tent!

Lovely to see so many people out today!! Next year's ride will be even better with more new pavement!





Sunday Social Ride, Aug 27, 2023



Betty Lafave, EBTC Secretary and Ride Leader

The weather was great for our 42 km ride to the Spruce Park Ranch Store and Coffee Shop from Clifford E Lee Bird Sanctuary.

The Sunday Social Ride will continue for the next few months, weather dependening. The start time during September will be 11:00.



#### From the Saddle

# Bicycling Ladies - A bit of history regarding women and cycling

This item was suggested by Tema Frank, EBTC member. She came across it while doing research for a book she is writing. Check out the article and the video: **Cycling has come a long way in 100 years!** 

#### **Helpful Links:**

Click here to become or renew your EBTC membership

Click here if you need assistance with Membership

Click here to contribute to the EBTC Newsletter

Click here for EBTC exclusive RideWithGPS map access

Click here to visit the EBTC Facebook Page

Click here to join the EBTC members only Facebook Group

Click here to visit the EBTC Website

Click here to Sign up for the Pop-Up Ride E-mail List

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