



Edmonton Bicycle & Touring Club

## January 15, 2023 - Newsletter

### **EBTC Annual General Meeting Volunteer Opportunities Upcoming EBTC Rides and Events Cycling 101 From the Saddle**

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## **EBTC Annual General Meeting, February 26, 2023**

**June MacGregor**, EBTC President

The EBTC AGM will be held Sunday, February 26, 2023 from 19:00 to 20:30 online, to avoid the risk of poor driving conditions.

Please register for the EBTC AGM. Join us to hear about what EBTC did during 2022, what is underway for 2023, to have your questions answered, to cast your vote for the 2023 EBTC Board of Directors, and just maybe to win a door prize. EBTC AGM registrants will receive a Zoom invitation and more information before the AGM.

You must be a 2023 EBTC member to register for the AGM!

[Click here to register for the EBTC AGM](#)

[Click here to become or renew your EBTC membership](#)

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## **EBTC Volunteer Opportunities**

Positions essential to offering our members a fun 2023 program of cycling and social events are still open. Join EBTC's core volunteer group: get to know more members and have more fun! The Club will support you and ensure you are backed up by other volunteers. If you would like to share a role with a friend(s), we're open to that too.

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## **More 2023 EBTC Summer Season Ride Leaders Needed!**

**Danielle Amerongen**, EBTC Ride Coordinator

Planning for the coming EBTC summer season cycling calendar is in full swing. If you

are interested in leading one of your favourite routes please contact me. We are especially looking for EBTC members to lead easier paced and shorter rides (20 km - 40 km).

[Click here if you are interested in becoming a ride leader.](#)

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## EBTC Social Event Coordinator: Board Position

**Social Event Coordinator** – The volunteer in this EBTC Board position works with other EBTC Board members, and is backed up by other volunteers, to plan, organize and stage events. Social events are highly valued by the EBTC membership and the EBTC Board. We'll support you in making these events enjoyable for all. Some EBTC events are held annually such as Volunteer Appreciation, AGM, Spring Pizza Social, summer BBQs/pot luck picnics; others are associated with specific rides (e.g., Pigeon Lake picnic).

[Click here to enquire about the Social Event Coordinator volunteer opportunity](#)

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## Equipment Manager: Special Volunteer and non-Board Position

**Equipment Manager** – This Special Volunteer manages the small amount of Club equipment held in storage, e.g., a barbeque, Coleman stoves, cooking utensils, water carboys and coolers. The Equipment Manager is not required to store EBTC equipment; the special volunteer helps organizers of social events and rides with access to EBTC equipment storage if/as required. In this position, the special volunteer does not need to attend Board meetings but will receive the material.

[Click here to enquire about the Equipment Manager volunteer opportunity](#)

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## Upcoming EBTC Rides and Events

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### Oregon to San Fransisco Cycling Trip - Fall 2023

**Danielle Amerongen**, EBTC Ride Coordinator

Finish your road bike cycling season with a 12-day trip at the end of September that makes its way down the scenic Oregon Coast Bike Route. This tour is an advanced ride as we will average 104 km per day with a maximum of 130 km with two 400m climbs. A moving pace of 20 km/hr is a requirement. Ebikes are welcome.

There is a 10-rider minimum with a maximum capacity of 18 riders. Please email [hans@hfcomputer.ca](mailto:hans@hfcomputer.ca) before February 1, 2023, if you are interested in this ride with no commitment to register. If there is enough interest in this ride, registration for the trip with a \$500 deposit will open on March 1, 2023.

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# EBTC Winter Rides

June MacGregor, EBTC President

These fun rides are mainly off-road with riders staying together and following the ride leader. Sign up for the **[EBTC 'Pop Up Winter Rider Mailing List'](#)** to receive e-mail notifications with a link to register in Karelo, whenever a winter ride is added to the ride calendar. All winter rides are 'pop-ups', organized close to the ride date due to changeable weather and riding conditions.



[Click here to register for the EBTC Pop-Up Winter Rider mailing list](#)

[Click here for the EBTC ride calendar and registration links](#)

[Click here to join the EBTC Facebook Group](#)

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## Winter Cycling Tips – Your Ride

Scott Keast, EBTC Safety and Education Coordinator



Although the bicycle industry has created many niche bicycle designs in the recent past, none of them have created a true winter specific bike. Truth be told - most designers have no idea of how challenging our winters can be. That means you will be adapting a bicycle for winter duty. First we'll look at adaptations you may need to do to an existing bike to make it winter ready. Then we'll look at some off-road options for bikes. Commuters will generally be best off with a Gravel Bike for on-street winter duty.

[Click here to continue reading Winter Cycling Tips - Your Ride](#)

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## From the Saddle

### Cycling in Mexico City

John Shaw, EBTC Newsletter Coordinator

Mexico City sprawls and, yes, air quality can be an issue and the elevation is high (2000 m) but it is largely flat! During my last visit, a decade ago, I was assured that all cyclists in the city had a death wish. I saw very few people on bicycles. Since then, more than 500 kilometers of cycle

infrastructure has been installed. Bike ways include disused railway lines, shared with pedestrians, bike only lanes on roadways, separated from motor vehicles, lanes shared only with buses. The network is extensive and dense, especially in central parts of the city, and there are thousands of **ECOBICI** (pedal) bikes available for hire at hundreds of stations. Road ways within central neighbourhoods such as Condesa, Roma Norte, and Polanco have limited traffic and are safe for riding even without separate bike ways. What a difference ten years makes!



[Click here for the full cycling in Mexico City Article](#)

## Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC website](#)

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