



July 30, 2023 - Newsletter

We had some heavy rain this past week. What a pity after the smoke. Will a plague of locusts follow? Check the EBTC calendar regularly for new rides, including pop-ups, and your email for ride cancellations!

[Click here for the EBTC Ride and Event Calendar including Registration Links](#)

[Click here for Tips for Selecting EBTC Rides](#)

Upcoming Rides

Some upcoming rides to check out. Click on the ride name for ride details and the registration link:

- **[Monday Meandering July 31, 2023](#)** - an intermediate evening ride
- **[Mercato Gelato Ride August 2, 2023](#)** - an intermediate morning ride
- **[Stamina Builder Ultime Ride Saturday August 5, 2023](#)**
- **[Fort Saskatchewan Brunch Ride August 6, 2023](#)** – this popular annual unique ride returns.
- **[Sunrise Breakfast Ride August 7, 2023](#)** – 1st annual Heritage Day early morning ride. **Michael Roloff**, EBTC Social Coordinator and Ride leader, is a professional chef. This is a great choice for early risers! 54 km + food!
- **[Morinville Legal Loop August 7, 2023](#)** – another annual favourite unique ride is back!

Ride Reports

Footloose Caboose Ride, July 28, 2023

Liz Timleck, EBTC Ride Leader

The ride to the Footloose Caboose was a good ride with the perfect temperature and a bit of cloud cover, no rain, to keep us cool. The new pavement was thrilling. Sadly the food at the caboose was less than satisfactory.





Sunday Social Ride July 30, 2023

Betty Lafave, EBTC Secretary and Ride Leader

22 cyclists rode from Villeneuve to Onoway. On the way back we cycled through Calahoo and onto the newly paved RR 274 for a total of 67 km. We enjoyed the great patio at the Burger Baron for lunch!



Biking Like a Viking: Thank You to EBTC

June MacGregor, EBTC President

Charles World, VP and Chief of Loppet for the Canadian Birkebeiner Society (and former EBTC President) supplied these stats about EBTC's involvement in making the inaugural event on July 23, 2023 a success:

- 68 out of the 219 registered riders identified as EBTC members.
- EBTC members filled 16 out of 45 volunteer positions.
- EBTC members provided 11 of the 13 Marshals on the three routes.

Char expressed appreciation to our EBTC volunteers with special thanks to **Danielle Amerongen** and **Anne Marie Adachi** who were involved from the very beginning in developing the concept of the ride, determining the gorgeous routes matching the Stamina Builder Series and the natural beauty of our biosphere. They were there for encouragement, registration, set up, take down - and also served our riders as Marshals. "They were simply incredible!"

"Big thanks to all of our Marshals who took care of our riders, kindly and professionally. To **Frank Potter** for ensuring the safety and nourishment of the 160 km ride, for **Don Hume** who swept our last rider to the finish, to **Nadine Leenders** who worked the first food station, and to **Aurie Philipchuk** who assisted at a food station, rescued a rider with catastrophic mechanical problems, and pitched in at the

end of the day to help clean up.” Finally, thank you to any other EBTC volunteers who were missed here.

Charles World added: “both the legacies of the Edmonton Bicycle and Touring Club and the Tour de l’Alberta are firmly entrenched and evidenced in the expressions of riders I talked to on the road and at lunch. Our many years of support of the MS Leduc to Camrose and the Canadian Birkie are recognized examples of our contributions to community. Perhaps most important of all is the joy and fellowship that characterizes the EBTC. That was evident everywhere at the ride on Sunday. On behalf of the Birkie I extend a warm thank you to all EBTC members volunteering and to the club for its support of Biking Like a Viking.”

From the Saddle

John Shaw, EBTC Newsletter Coordinator

A quick thank you to Phil Davidson, EBTC Webmaster, for filling in for me. I was hiking in the Rockies last week. I'll be away next week too - canoeing this time - and will fill in for me again! I'm hoping to continue my injury free streak and to see you on EBTC rides during August!



Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC Website](#)

[Click here to Sign up for the Pop-Up Ride E-mail List](#)

Edmonton Bicycle and Touring Club | Unit 304, 11660 79 Ave NW, Edmonton, T6G 0P7 Canada
<https://bikeclub.ca>

[Unsubscribe media@bikeclub.ca](mailto:Unsubscribe.media@bikeclub.ca)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by media@bikeclub.ca powered by



Try email marketing for free today!