



## June 4, 2023 - Newsletter

[Click here for the EBTC Ride and Event Calendar including Registration Links](#)

[Click here for Tips for Selecting EBTC Rides](#)

### **EBTC Volunteer Opportunity: Social Media Coordinator** June MacGregor, EBTC President

EBTC is looking for a 'Special Volunteer' with an interest in communications. The Social Media Coordinator oversees two of EBTC's key communications channels: the public-facing Facebook Page to convey externally what the Club is all about; the members-only Facebook Group where EBTC members and the EBTC Board share information about activities.

You don't need to be a Facebook expert to assume this role. Board members, in particular the Webmaster, will orient and support you. The role involves maintaining the the EBTC Facebook Page and Group up-to-date and ensuring that posts follow EBTC Board policies for appropriate content.

This is a unique volunteer opportunity to gain a 'window' into the inner workings of EBTC, without assuming a Board position at this time. By volunteering, you will interact with the Board as well as EBTC members and learn how EBTC functions. You may then choose to join the EBTC Board in the Social Media position by standing for election at the Annual General Meeting in early 2024. This 'Board role' is being temporarily filled as a 'Special Volunteer' and has been performed in recent months by our Webmaster after the incumbent, unfortunately, had to step down.

[Click here if you are interested in becoming the EBTC Social Media Coordinator!](#)

### **Upcoming Rides**

#### **Reminder: Adjustments to the Stamina Builder Schedule for June 24-25 and July 8, 2023**

Anne-Marie Adachi, EBTC Past President and Ride Leader

Stamina Builder Ultimate and Stamina Builder Optimum rides will not be led formally on the June 24-25 weekend and the Stamina Builder Ultimate Ride will not occur on July 8, 2023. George Childs will lead the [Vegreville/Two Hills Tour](#). This is a challenging

100 km ride, and it will be followed by a visit to the Ukrainian Pysanka Festival for authentic Ukrainian perogies, kielbasa and other delights!

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## Al's Bakery Ride is Back, July 8, 2023

**Anne-Marie Adachi**, EBTC Past President

Riders will check out some of Al's favourite bakeries while riding mostly on bike paths in North Central Edmonton! Registration opens soon!

[Click here for Al's Bakery Ride Details](#)

*Biking*  
LIKE A  
**VIKING**  
JULY 23,  
2023



## Biking Like a Viking Update: 160 km Ride added, July 23, 2023

EBTC Board

With a 50 km, 100 km and now a 160 km route to choose from, there is a ride for almost every EBTC member.... and the 'early bird' price is still on to June 14. By registering, members can help make this inaugural event an annual highlight of our cycling season. The Birkebeiner Society and Unesco Beaver Hills Biosphere have organized a day that offers riders routes patrolled by motorcycle, sag trucks and EBTC bicycle marshals, food stations with nutrition and water/electrolyte refreshments, and a catered meal at the Strathcona Olympiette Centre finish area.

[Cycling Like A Viking  
Event Information](#)

[Cycling Like a Viking  
Registration](#)

[Click here to learn more about the UNESCO-Designated Two Hills  
Biosphere](#)

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## Ride Reports

### Monday Meandering Series Ride June 5, 2023

**Sonja Taylor**, EBTC Ride Leader

As we gathered to start our second Monday Meandering Ride, the storm clouds blew in with a cool wind. Would we be able to do the route without getting wet? We did! A successful 30 km ride done! Join us Monday June 12 for a



ride starting at the Terwillegar Recreation Centre. Edmonton has so many shared pathways in the newer neighborhoods - come check them out with your cycling buds!

[Click here to register for the Monday Meandering Ride on June 12, 2023](#)

## Thursday Longer Recreational Ride, June 8, 2023

**Sonja Taylor**, EBTC Ride Leader



We had a beautiful day for our 67 km recreational ride from Villeneuve to Onoway returning to Villeneuve via a little “jog” off to Calahoo. We enjoyed our pit stop at The Table in Onoway. It is a great place for a beverage and a treat if you are ever out that way! Some smoke, heat and wind didn’t get in our way! Join us next week for a ride starting from New Sarepta.

[Click here to register for the Longer Recreational Ride on June 15, 2023](#)

## Stop as Yield Laws

**Scott Keast**, EBTC Safety and Education Coordinator



Alright, we all do it. Yes, that’s right - vehicle drivers, cyclists, skateboarders - we all do it. What am I on about? Rolling through stop signs. If you fail to stop at a stop sign in Alberta, you can be fined \$405.00! But what is the evidence that stop signs result in safer intersections for cyclists?

In many jurisdictions outside of North America stop signs are the exception, replaced by Yield\Give Way signs. Many would agree with me when I say that Alberta is not the most progressive jurisdiction when it comes to cycling – just look at the difficulty in getting legislation to require motor vehicle drivers to allow 1 metre of distance when passing cyclists.

[Click Here to continue reading "Stop as Yield Laws"](#)

## Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

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Click here to join the EBTC  
members only Facebook Group

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Website

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