



June 4, 2023 - Newsletter

[Click here for the EBTC Ride and Event Calendar including Registration Links](#)

[Click here for Tips for Selecting EBTC Rides](#)

EBTC Volunteer Opportunity: Social Media Coordinator June MacGregor, EBTC President

EBTC is looking for a 'Special Volunteer' with an interest in communications. The Social Media Coordinator oversees two of EBTC's key communications channels: the public-facing Facebook Page to convey externally what the Club is all about; the members-only Facebook Group where EBTC members and the EBTC Board share information about activities.

You don't need to be a Facebook expert to assume this role. Board members, in particular the Webmaster, will orient and support you. The role involves maintaining the the EBTC Facebook Page and Group up-to-date and ensuring that posts follow EBTC Board policies for appropriate content.

This is a unique volunteer opportunity to gain a 'window' into the inner workings of EBTC, without assuming a Board position at this time. By volunteering, you will interact with the Board as well as EBTC members and learn how EBTC functions. You may then choose to join the EBTC Board in the Social Media position by standing for election at the Annual General Meeting in early 2024. This 'Board role' is being temporarily filled as a 'Special Volunteer' and has been performed in recent months by our Webmaster after the incumbent, unfortunately, had to step down.

[Click here if you are interested in becoming the EBTC Social Media Coordinator!](#)

Upcoming Rides

Adjustments to the Stamina Builder Schedule for June 24-25 and July 8, 2023

Anne-Marie Adachi, EBTC Past President and Ride Leader

On June 24-25 most Stamina Builder ride leaders will be participating as Ride Marshals in the Leduc to Camrose Ride for MS. This is our 34th year! Stamina Builder Ultime and Stamina Builder Optimum rides will not be led formally that

weekend. Stamina Builder Enduro will be a go on Sunday.

If you are not participating in the MS ride, gather a group of friends, select a ride from the **EBTC RWGPS Members Choice list**, and go out and have fun!

The Stamina Builder Ultime Ride will not occur on July 8, 2023. George Childs will lead the **Vegreville/Two Hills Tour**. This is a challenging 100 km ride, and it will be followed by a visit to the Ukrainian Pysanka Festival for authentic Ukrainian perogies, kielbasa and other delights! You can also participate in some dancing if your legs are still working! Mark your calendars. Registration opens on June 24, 2023.

Biking
LIKE A
VIKING
JULY 23,
2023



Let's Inundate the Registration System for the 50 and 100 km Road Rides on July 23, 2023

EBTC Board

EBTC members should have received a Karelo email with the promo code for a 10% discount when registering for one of the Biking Like a Viking rides. If not, please check your Junk email. It's now time to take advantage of early bird prices until June 7, and to submit a deluge of registrations

We're keen to see this inaugural recreational ride event, organized by Canadian Birkebeiner Society and Unesco Beaver Hills Biosphere, become an annual feature of the cycling calendar for the Edmonton region ... and beyond. Riders can expect routes patrolled by motorcycle, sag trucks and EBTC bicycle marshals, food stations with nutrition and water/electrolyte refreshments, and a catered meal at the Strathcona Olympiette Centre finish area. And, the prices are good too.

Cycling Like A Viking
Event Information

Cycling Like a Viking
Registration

Ride Reports

Thursday Longer Recreational Ride, June 1, 2023

Phil Davidson, EBTC Webmaster

So, what do you do if there is a risk of rain showers?

- Bail and stay home,
- Prove you're tough and ride in the rain,
- Hope for a few drops to have an excuse to have a leisurely stop at a bakery.



Some EBTC riders chose (a). Those of us who chose (c) were glad we did. Join us next week. We'll ride the beautiful new pavement on Rge Rd 274 on the way back from Oneway to Villeneuve.

[Click here to register for the Longer Recreational Ride on June 8, 2023](#)

Friday Quiet Roads Ride June 2, 2023

Liz Timleck, EBTC Ride Leader



We cycled in West Gate for a break at the first picnic site before riding back through the countryside to our start at Partridge Hill. The weather was so perfect that some riders continued farther into the Park. On June 9, riders will meet at the Visitor Centre off Hwy. 16 (South Gate) to enjoy the scenic main road through the Park 'down' to Hwy. 15 – and back 'up' on the return (50 km in total, with a snack or lunch break along the route). Liz Timleck will lead next week's ride.

[Click here to register for the Quiet Roads Ride on June 9, 2023](#)

Sunday Social Ride June 4, 2023

Betty Lafave, EBTC Secretary and Ride Leader

We had a record 28 riders on the Sunday Social Ride this week! We split into 2 groups. **Phil Davidson**, EBTC Webmaster, led one group and I led the other. We rode from West Edmonton, around the Blackhawk Golf Course and further west to the University of Alberta Botanic Gardens for coffee and snacks. We finished at Tim Hortons where some of us enjoyed lunch. It was a beautiful day for cycling! Come next week and join in the fun!



[Click here to register for the Sunday Social Ride on June 11, 2023](#)

Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC Website](#)

[Click here to Sign up for the Pop-Up E-mail List](#)

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