



Edmonton Bicycle & Touring Club

May 28, 2023 - Newsletter

[Click here for the EBTC Ride and Event Calendar including Registration Links](#)

[Click here for Tips for Selecting EBTC Rides](#)

Danielle Amerongen

EBTC Board

EBTC Ride Coordinator and board member **Danielle Amerongen**, has resigned from her position and from the board. As ride coordinator Danielle worked hard - from finding new ride leaders, to organizing education sessions for ride leaders, to leading rides. Her previous EBTC Board role was as Social Media / Facebook Administrator. A lady of many talents.

We thank her for volunteering her time and for her efforts on behalf of EBTC. You can too when you see her out on a ride!



Upcoming Rides

Biking
LIKE A
VIKING
JULY 23,
2023



Set Free Your Inner Viking on July 23, 2023: Register for the 50 or 100 km Road Ride

EBTC Board

We announced this inaugural recreational ride event with **both Half and full Metric Century routes** for all levels of riders, organized by Canadian Birkebeiner Society and Unesco Beaver Hills Biosphere last week. Food stations, with nutrition and water/electrolyte refreshments, will highlight special Biosphere locations. Motorcycle, sag trucks and EBTC bicycle Marshalls will patrol the routes. There will be a catered meal at the Strathcona Olympiette Centre Finish area. We'd certainly like to see this event become an annual feature of the cycling season; it gives us all a goal to work toward and is the Signature Ride for EBTC's Stamina Builder participants.

EBTC members will receive an email from Karelo with a promo code for a 10% discount of registering. Please register to make 'Biking like a Viking' a resounding success!

Cycling Like A Viking
Event Information

Cycling Like a Viking
Registration

Oregon to San Francisco Rides, September 2023

Hans Feldmann, EBTC Ride Leader

We've open-up registration for a few more riders on the two EBTC tours down the stunning U.S. west coast, into the redwood forests, and finishing across the Golden Gate Bridge in San Francisco. These fully supported trips will appeal to experienced riders who enjoy challenging cycle tours at a recreational pace. Click on these hot linked titles for details:

- **[Start from Astoria, Oregon for a 12-day trip from September 16 - 28, 2023.](#)**
- **[Start at Eureka, California on Sept. 23, 2023, where you will join the group from Astoria, for a 5-day ride.](#)**

Bikes and cycling equipment will be safely transported down in an enclosed trailer to both start locations and returned; cyclists make their own flight arrangements. This is a hotel-to-hotel trip with double occupancy accommodation.

Contact me at hans@hfcomputer.ca for more details.

Ride Reports

Thursday Longer Recreational Ride, May 25, 2023

Audrey Sonnenberg, EBTC Ride Leader

16 hardy souls embarked from Partridge Hill Community Hall to Elk Island Park. It was a little chilly to begin, but everyone soon warmed up as the kilometres clicked by. The bison bull who normally greets riders at the west entry was absent today, as were all the other wildlife. Yet, the serene beauty of the quiet ride on that beautiful pavement was enjoyable all on its own. After a quick photo by a willing volunteer all the way from India, we began our trek home. What we discovered is that the tourist centre at the highway 16 gate (main gate) is open and operating with neat gifts. Check it out on your next ride into the park! Join us next Thursday. We'll ride from Devon to Calmar for a bakery treat.



[Click here to register for the Longer Recreational Ride on June 1, 2023](#)

Friday Quiet Roads May 26, 2023

Liz Timleck, EBTC Ride Leader

We relaxed at McDonalds after a fast ride from Ardrossan to Fort Saskatchewan on RR224. The ride back up RR 222 took a little longer. A great time was had by all on a beautiful day! Join us next week for a ride from Partridge Hill Community Hall!



[Click here to register for the Quiet Roads Ride on June 2, 2023](#)

LOOP DE LOOP SATURDAY, May 27, 2023

Betty Lafave, EBTC Vice President and Ride Leader

The Loop de Loop group had a great ride on Saturday. Our first loop was from the Strathcona Olympiette Centre to Wye Road and back while our second loop was from the Centre down to South Cooking Lake. The weather was great and so was the company!



Sunday Social Ride May 28, 2023

Betty Lafave, EBTC Vice President and Ride Leader

It was a beautiful day for a ride from Villeneuve to Muir Lake, up to Highway 779 and down the hill to the Calahoo Hills Golf Course where we enjoyed hot dogs and refreshments. The ride back wasn't too bad either, we had the wind pushing us up the hill and a nice breeze on the way back to Villeneuve for a total ride of 42 km. Join us next Sunday. We'll ride from Lassard to the U of A Gardens' outdoor Patio Cafe.



[Click here to register for the Sunday Social Ride on June 4, 2023](#)

Drumheller Trip, May 25 to 28, 2023

Phil Davidson, EBTC webmaster

Day 1: Thirteen of the group arrived in time for a ride on Friday to Horseshoe Canyon and beyond. Most went to Rosebud – 73 km return with 590 m of climbing. The temperature was ideal, no smoke smell at all and not much wind. Great riding through rolling terrain.



Day 2: We rode the Dinosaur Trail loop, north on the east side of the river, across on the Bleriot Ferry and south back to town on the west side. 52 km with two good climbs in 400m of total climb. Sunny with just a few clouds, temperatures from mid-teens at the start to mid-20s with a good breeze to keep us cool the last few kilometres (and prevent us exceeding the speed limit).



Day 3: We visited the famous hoodoos and the equally renowned Last Chance Saloon in Wayne. A great recovery ride of 47 km with 180 m of climbing; a little warmer, up to 28C by the end but cooler most of the day, with constant sun and little breeze. Roads around here are mostly great with little traffic even on the weekend this early in the season.



From the Saddle

John Shaw, EBTC Newsletter Coordinator

I broke my right humerus (of course I'm right handed, and no it was not funny), mid April - running not cycling. **Phil Davidson** EBTC Webmaster filled in for me over the past 6 weeks. I can type again and am back on task! However, I won't be joining group rides, sadly, until mid July. Thanks for stepping in Phil. I expect he is relieved to be relieved from this duty!

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