October 22, 2023 - Newsletter

EBTC is still cycling! Check the EBTC calendar regularly for pop up rides. Check your email for ride confirmations and cancellations!

Click here for the EBTC Ride and Event Calendar including Registration Links Click here for Tips for Selecting EBTC Rides

Message from the President

Volunteer Opportunity: Give Us a Hand with Social Events

June MacGregor, EBTC President

Join us as a project volunteer for the role of Social Event Coordinator, and, if you so choose, stand for election for this Board position at the winter AGM. By volunteering now, you can attend Board meetings (but not vote), learn how EBTC operates, and have the fun of getting to know and working with other friendly members.

The Social Event Coordinator works with Board members and other volunteers to plan, organize and stage events. You won't be alone in this role as we're committed to supporting our volunteers. Please contact me if you would like to try out this role. The Board open to positions being shared so feel free to encourage a friend(s) to follow up with me too.

Click here to contact June

Upcoming Rides and Events

2023 Isn't Done Yet!

June MacGregor, EBTC President

Pop-Ups are continuing:

 <u>RIVER VALLEY TRAILS Pop Up Ride</u>, October 23 at 13:45. This 14 km social ride led by **Donna Mckay** will depart from the Fort Edmonton Parking lot and will follow gravel paths through the river valley. Hybrid, gravel and mountain bikes welcome.

So, it's not time to give up on riding yet! And, it's definitely not time to give up on EBTC for 2023! The Club continues to explore rides and other activities that will



interest members. Please keep an eye on pop-up notifications, the calendar of events and Facebook group for updates – and, of course, the Newsletter.

When winter really arrives, we'll open the Winter Pop-Up Rider List and take down the summer one. All EBTC winter rides are weather-dependent pop-ups (i.e., no series rides). You can also expect more information in the Newsletter about winter riding with EBTC.

Click here to register for the pop-up notifications

Ride Reports

Monday Pop-up Ride, October 16, 2023

Liz Timleck, EBTC Ride Leader

We enjoyed our 45 K leisurely ride from Villeneuve to Muir Lake where we stopped for a snack and a photo. Then we biked to Calahoo where we took another short break at the store before returning to Villeneuve. Thank you everyone who joined me for this beautiful October ride.





Astoria/Eureka to San Francisco, Fall 2023

Hans Feldmann, EBTC Ride Leader

14 brave cyclists rode the longer route from Astoria. 4 more cyclists joined the group at Eureka. For some, this was a bucket list trip that delivered more than expected. We had great weather with a tailwind most days, except for one day when some were caught in the rain, and one day of riding was canceled because of smoke. The contrast between the Oregon coast and the California coast is difficult to describe and something that is best to experience. Having two support vehicles plus a private vehicle made sure everyone was safe and well-fed, with some riders claiming they were gaining weight during the trip.



is very tempting, but a little TLC right now means you will be ready to go on that freakishly warm March day.

Click here for the full story "Putting Your Baby to Bed"

Helpful Links:

Click here to become or renew your EBTC membership

Click here if you need assistance with Membership

Click here to contribute to the **EBTC Newsletter** Click here for EBTC exclusive RideWithGPS map access

Click here to visit the **EBTC Facebook Page**

Click here to join the EBTC members only Facebook Group

Click here to visit the **EBTC Website**

Click here to Sign up for the Pop-Up Ride E-mail List

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