



September 24, 2023 - Newsletter

Check the EBTC calendar regularly for a full list of rides. Check your email for ride confirmations and cancellations!

[Click here for the EBTC Ride and Event Calendar including Registration Links](#)

[Click here for Tips for Selecting EBTC Rides](#)

Upcoming Rides and Events

Fall is Here; Enjoy the Colours on EBTC's Pop-Up Rides

June MacGregor, EBTC President



While regular series rides have wound down, weather dependent pop-up rides continue to be offered. By signing up on our ***Pop-Up Rider List***, you'll receive an e-mail with a 'link to register' as soon as a ride is added in Karelo, avoiding the need to regularly check the EBTC website Calendar for rides.

I just received two e-mail notifications of upcoming Pop-Up Rides:

- **September 27, 2023:** a daytime mountain bike or wide tire ride as riders can expect some gravel from Capilano Park to the new Northeast River Valley Park.
- **October 1, 2023:** a Sunday Social Ride from the Ardrossan Recreation Centre to Fort Saskatchewan.

If you are not on the Pop-Up Rider List, these rides will appear in the EBTC Ride Calendar but it may take a little time. Let's hope the weather holds for more.

[Click here for details & to sign up for the Sept. 27, 2023 Pop Up Ride](#)

[Click here for details & to sign up for the October 1, 2023 Pop Up Ride](#)

Ride Reports

Astoria, Oregon to San Francisco, California

June MacGregor, EBTC President

I just had to share the update and photo posted on EBTC's members-only Facebook Group by rider **Jay Yerama**: "The Astoria to San Francisco crew is about to start Day 4 of 12. Fantastic group of riders and support team! The weather is excellent for riding." The post included videos of riders with the wild Pacific coast just off to their right. (there is a link below for members to join the Facebook Group if you haven't already done so).



Hans Feldmann is leading the group of 16 riders from Astoria along the scenic Oregon Coast Bike Route. They will head through the Redwoods and finish the 1,250 km ride by crossing the Golden Gate Bridge in San Francisco on September 28. Hans organized this trip with support vehicles and hotel accommodation – the best way to go on this iconic, once-in-a-lifetime challenging cycling adventure (or, if you can, twice like me).

Sunday Social Ride September 24, 2023

Betty Lafave, EBTC Secretary and Ride Leader

12 Club Members rode 50 km from the Tim Hortons on 199 street and Lessard Road to the Spruce Park Ranch Country Store and Coffee Shop, where we stopped for coffee and snacks. We used a new route which went direct to the coffee stop on Woodbend Road. We had so much fun chatting at our coffee stop, we forgot to take pictures.

Next week we will ride from the Ardrossan Recreation Centre to Fort Saskatchewan.

[Click here for details and to register for the Sunday Social Ride on October 1, 2023](#)

Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need assistance with Membership](#)

[Click here to contribute to the EBTC Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

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[EBTC Website](#)

[Pop-Up Ride E-mail List](#)

Edmonton Bicycle and Touring Club | Unit 304, 11660 79 Ave NW, Edmonton, T6G 0P7 Canada
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