

### August 4, 2024 Newsletter

#### From the EBTC Board

# Potluck Picnic in the Park: Thursday, August 8 from 4:00 to 8:00 p.m.

Julie Moehrle, Social Events Coordinator

Join us for a fun late afternoon and evening in the park. **When:** Thurs., Aug. 8,2024 from 4:00 to 8:00 p.m. **Where:** Sir Wilfrid Laurier Park, Site #1





Please <u>register</u> to attend (registration closes late on August 6). **Partner/friend non-members are welcome** but please contact Julie with the name(s) as we need to know how much food to buy. Non-members should bring \$5.00 in cash to help defray EBTC's expenses. If you are bringing a guest or have questions, please contact Julie at 780 405 5334 or <u>gmoehrle@live.com</u>.



### Rider and Ride Leader Updates

Audrey Sonnenberg, EBTC Ride Coordinator

Now that we've been riding for some months, stories have been shared on almost every ride about the nature of the relationship between motorists and cyclists. Last week Bernie and I were deliberately "waterfalled" by a man in a truck, and others add close calls with vehicles too close, or review mirrors from large trucks around their helmet, and

others have been run into the ditch, not to mention getting yelled at, honked at, and hands waving, and angry faces as motorists drive by.

Click **here** for the full article

Click here to contact Audrey Sonnenberg Click here for the EBTC Ride and Event Calendar & Registration Links



### **Upcoming EBTC Rides and Events**

### Miquelon Lake Rides, Saturday, August 10

**June MacGregor** and **Phil Davidson**, Support Drivers



Come out for the annual Miquelon Lake rides on

**Saturday**, **August 10**. We offer two distance options; both rides are van supported and riders meet up at Miquelon Lake for Club-provided snacks.

Register for 95 km from Beaumont

Register for 45 km from New Sarepta

### Unique Rides/Events for August and September

In addition to our regular series rides, one or more of these events might appeal to you. All are in the calendar, and await your perusal.

- August 5 Morinville Legal Loop Liz Timleck
- August 5 Sunrise Breakfast Ride Michael Roloff
- August 8 Potluck Picnic last call as emails have gone out to all members.
- August 10 Miquelon Lake from Beaumont (Long) or from New Sarepta (Short) - Phil Davidson
- August 25 Pigeon Lake Inner and Outer Loops Frank Potter
- August 28 Lacombe to Red Deer C&E Trail Liz Timleck
- September 8 Autumn Hub and Spoke Long and Short Routes Larry Zelazo

This is the final list (but never say never) of the Unique Rides for August and September so far, so look to *Karelo* or the Club *Calendar* for more detailed information.

Don't forget there are the weekly rides in the calendar that are still running and keep yourself involved by also registering using the links above.

### **EBTC Ride and Event Reports**

Thunder Lake Two-Day Ride – fully supported bike camping, July 27-28, 2024

John Shaw, EBTC Newsletter Coordinator

With the dense smoke, heat and intense rain and lightning on the days leading up to the ride, I didn't start packing until **Debbi Wallace**, our leader extraordinaire, sent an "it's a go" email, based on optimistic smoke and weather forecasts, less than 24

hrs before the scheduled start.

Click *here* for the full report.



# Stamina Builder Enduro Ride Sunday, July 28,2024

Audrey Sonnenberg, EBTC Ride Coordinator

Sunday was a glorious day, as nine skilled riders swept past the canola fields on their way from Beaumont to Ardrossan Rec. Centre, back to Beaumont. Ride leader Peter Hunszinger led the way, and Don Hume assisted with squeaks from Kim Lee to, "Not Ride so fast", as they whizzed through the country side past spotted pigs, toiling construction crews, and the most beautiful horse farm in the area. The pavement was spectacular in this area, and the hum of the tires was a comforting sound. Stay tuned, for further rides to appear...just waiting for the weather.

## County and Urban Tuesday July 30, 2024

Stephen Yakimets EBTC Ride Leader

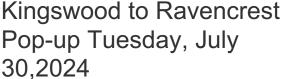
On Tuesday evening a merry band of ten knights strong ventured out for the County and Urban ride from Terwilligar Rec Centre looking for a castle to storm.

After having received detailed instructions from ride leader Stephen (down the hill, up the hill, turn left, turn right, turn right, turn right...), we hopped onto our trusty steeds, and ventured off into the wilds of Parkland County.

After braving the wilds, including a bit of gravel, we found the castle. It was heavily guarded by dogs and a sheep. After photos we decided to ride on.

The group and their steeds were so inspired by the castle that they threw caution to the wind and flew home at a high speed to share the adventure with one and all.

Click <u>here</u> for information and to register for next week.



Liz Timleck, EBTC Ride Leader





Our social pop-up ride went from Kingswood Park in St Albert to the Raven Crest Golf Course. We enjoyed a nice tail wind on our way out. Raven Crest had lots of yummy snacks on offer and we took advantage of their lovely patio as did another group of cyclists.



### Friday Quiet Roads Ride, August 2, 2024

June MacGregor, Ride Leader

Twenty-two members cycled from Ardrossan in perfect weather to complete a nice loop with a break at Half Moon Lake. Everyone started and ended the ride with a smile, except for one who turned back early due to a tire that was slowly losing pressure.



Next week, there is no Friday ride due to the **annual Miquelon Lake rides on Saturday, August 10.** 

### Stamina Builder Ultime -Special Ride Saturday August 3, 2024

Audrey Sonnenberg, EBTC Ride Coordinator

"Sitting on the dock of the bay" was the line best suited for our lunch destination after completing half of the 108 km ride slated for this incredible day filled with a red fox, and fields of rapidly ripening wheat, barley, and canola. The sun was



hot and bright, but no matter, all riders took flight and enjoyed the set up for Alberta Beach's annual summer parade, and Onoway's ice cream stop. Keep watch for future rides!

### Sunday Social Ride August 4, 2024

Betty Lafave and Phil Davidson, Ride Leaders

We rode from Villeneuve to Onoway passing through Calahoo on the return trip. We stopped for a break at the newly renovated Burger Baron in Onoway. My group rode 67 km. Phils group took a more scenic route past Muir Lake for a total of 73 km. The weather was cooler and the rain stayed away. Great ride!

We've seen this osprey nest at Onoway many times, this time with the birds!



Join us next week for a 68 km ride from Ardrossan to the West Gate of Elk Island.

Click **here** for information or to register.



#### From the Saddle

Any Exciting Bike Tours Lately?

Tell us about them!

### **Helpful Links:**

### Sign Up:

Click here for an EBTC membership Click here to Sign up for the EBTC Pop-Up Ride E-mail List Click here for EBTC exclusive RideWithGPS map access

### Dive deeper into the EBTC community:

Click here if you'd like to contribute to the EBTC Newsletter

Click here to connect with EBTC on Instagram

Click here to connect with EBTC on Facebook

Click here to engage with the EBTC Facebook Group

Click here to bring a friend on an EBTC ride

Click here to visit the EBTC web site

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