

January 21, 2024 - Newsletter

Click here for the EBTC Ride and Event Calendar & Registration Links

Messages from the EBTC Board

A Couple of Reminders

June MacGregor, EBTC President

- 2024 Membership: sign up for the first time or renew your membership using the link below. No need to delay as memberships are annual and run from January to December. You'll need a 2024 membership to register for events that interests you. The fees are the same as last year.
- Pop-Up Ride and Event Notices: sign up using the link below to be notified by email about winter activities. Notifications include a link to register. All winter outings are weather dependent pop-ups, organized close to the event date. By getting email notifications, you don't need to check the website calendar for winter rides and other outings.

Click here for a 2024 EBTC Membership

Visit our Website

EBTC Social Events Coordinator Steps Down

June MacGregor, EBTC President

Donna McKay, who assumed the above role in November, has found it necessary to resign due to new work shifts and responsibilities. While Donna was one of EBTCs most active riders in 2023, she was also instrumental in initiating walks/hikes during the fall. Many members enjoyed walking in the fresh fall air in the friendly company of other EBTC members – I know that I sure did! Thank you, Donna, for your contribution.

Volunteer with EBTC

June MacGregor, EBTC President

If you are interested in volunteering or have any questions, please contact me using the link below.



EBTC Social Event Coordinator (Board role)

Working with Board members, and backed by other volunteers, the Social Event Coordinator plans, organizes and stages events. Social events are highly valued by our members; the EBTC Board will support you in making these events enjoyable for all. Some events are held annually such as Volunteer Appreciation; others are planned on a more ad hoc basis. This is an excellent role to learn how EBTC operates behind the scenes, and to get to know our friendly members.

EBTC Social Event Volunteers (non-Board as needed/as available roles).

EBTC needs volunteers for all kinds of tasks from greeting attendees/checking off their names to helping set up and run technology. We're looking for volunteers who can work on a team to make every event a good experience for attendees. If you can dedicate a little time to serve EBTC, meet other members and enjoy our social events, this is a good role for you.

Volunteer for Vice-President (VP) (Board position).

The VP backs-up the President to plan meetings, delegate functions, ensure by-laws and policies are followed and helps maintain a co-operative Board environment. Working together, the President and VP decide how to share/divide up the various functions based on interests, availability and needs of EBTC. If you are interested in the work of a Board of Directors, shaping your role, gaining a window into all facets of EBTC and ensuring it serves our members well, this is a great position for you!

Click here if you are interested in volunteering with EBTC!

Upcoming EBTC Rides and Events

Ride Leader Follow Up

Audrey Sonnenberg, EBTC Ride Coordinator

BRRRRRRR! It's cold outside. Hopefully, a lot of you have been able to take your bikes somewhere warmer. Ahhhh, but there are those hardy winter riders who are relishing the new snow, kicking up their heels and layering up. I've seen you all steamed up with heads all white with frost. The rest of us were hibernating.



Most of you have emailed, your 2024 intentions for ride leading whether it be a single, weekly, or pop-up, but the roster is still incomplete, so I encourage those leaders who have not done so yet, to let me know, so that I can begin writing the season into the calendar.

We are also not far away from checking your ride descriptions from last year, and deciding if they remain the same, or if you wish to change them up. We will need your dates/details prior to February 23.

Please note, if you have never led a ride before, but would like to participate as a new leader, use the email button to indicate your desire to assist a ride leader on your favourite ride. Be sure to indicate whether it is the Stamina Builder or Social Ride leaders you wish to work with, and the months you are available.

A reminder as well that all ride leaders must attend the ride leader's session booked for March 3 at the Providence Center (13:00 - 16:00). Please RSVP via the email button, so that we can ensure that provisions are made for all people in attendance. I will continue to invite as the date approaches.

WE HAVE SNOW FINALLY! Skate, cross country ski, snowshoe, walk, ride, ornot....



Click here to contact Audrey Sonnenberg

Save the Date, February 25, 2024 for the 2023 Annual General Meeting and Volunteer Appreciation Brunch (with Trans Europa Ride Talk)



June MacGregor, EBTC President

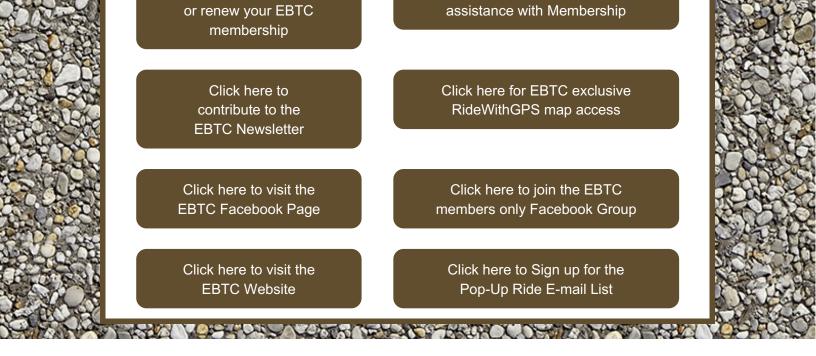
We're combining the AGM and Volunteer Appreciation event this year. Also, for the first time, all EBTC members are invited to come out, enjoy a brunch, socialize and celebrate our 2023 volunteers on Sunday, Feb. 25 at the Laurier Heights Community Hall (14405 85 Ave NW).

The AGM runs from 11:00 to noon. Volunteer Appreciation starts with a brunch at 12:45 and then a talk by EBTC member, **Wayne Grover**, about his Trans Europa Ride (Tallinn, Estonia to Gibraltar). Many of you will remember Wayne and Bob Fletcher's presentations last March about the Octogenarian Odyssey Ride from Alaska to Panama City. Well, it sure didn't take long for Wayne to tackle another epic ride in 2023! And, we sure wanted executive chef and EBTC member, **Michael Rolof**f, back to prepare goodies and brunch for us.

You can expect some yummy squares and cookies at the AGM, an excellent brunch at the Volunteer Appreciation, and coffee/tea throughout the event. Michael's brunch menu has fresh baked muffins & croissants, seasonal fruit, ham & cheese frittata topped w/ fresh tomato, vegetarian frittata, bacon & sausage, seasoned hash browns, butter & preserves and assorted juices.

Our next Newsletter will have more details about registration. You'll need to register separately for the AGM and for the Volunteer Appreciation brunch. Brunch is free for EBTC's volunteers in 2023, and non-members will pay an EBTC subsidized cost of \$25 when registering (of course, there is no charge for the AGM). We hope that many members will join us at the AGM to learn about EBTC's status and have your input, and at the Volunteer Appreciation event to celebrate our volunteers and enjoy a talk about an epic ride.

Helpful Links:



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