



March 10, 2024 - Newsletter

Messages from the EBTC Board

Quick Reminders!

June MacGregor, EBTC President

- **2024 Membership:** if you haven't already done so, please sign up soon. The main cycling season starts mid April and you need to be a 2024 member to register for EBTC rides, outings and events. Fees are the same as 2023.
- **Pop-Up Ride & Event Notices:** sign up to be notified by email about weather-dependent activities. You won't need to check the website calendar, and email notifications have the link to register.

[Click here to obtain or renew your 2024 EBTC membership](#)

[Click here to sign up for the pop-up ride e-mail list](#)

Correction!

June MacGregor, EBTC President

Audrey Sonnenberg and **Sonja Taylor** assumed portfolios in late 2023 as non-voting Special Volunteers, but were each elected as voting Directors-at-Large/Board members. Audrey with responsibility for the Ride Program; Sonja as responsible for Social Media. The Board was very pleased that each stood for election and was elected by acclamation.

2023 Season at the Glance

June MacGregor, EBTC President

At the February 25 Annual General Meeting (AGM), Audrey Sonnenberg, EBTC Director-at-Large for the Ride Program, gave a great overview of the 2023 season. Please take a look at the link below if you are interested in joining EBTC, are already a new member or are a returning member. Audrey has been working with Ride Leaders and other volunteers to plan a 2024 ride program that is similar – and even better – than 2023.

The EBTC 2024 program has rides for a wide range of cyclists with different cycling interests and experience/skills. We'll again be offering Series (regularly recurring) rides, Unique (once-a-season) rides, Pop-Up (planned close to the ride day) rides, and Multi-Day rides. Join us for a fun spring, summer and fall (and winter rides too)!



Rider and Ride Leader Updates

Audrey Sonnenberg, EBTC Ride Coordinator

"You can't buy happiness, but you can buy a bike and that's pretty close." Anonymous

A very big thank you to **Scott Keast**, in his role as EBTC Safety and Education coordinator. His instruction helped 23 cyclists complete the Ride Leader Training Course. The three hour session was highlighted by merchandise provided by Revolution Cycle, and United Cycle. The tire pumps and \$25 gift cards were hot items. By the end of the afternoon, some 35 EBTC leaders can now ensure that all rides go as planned....well except for the weather.

Right now, the ride coordinators are firming up the last of the unique rides. They will have the full list posted shortly on the calendar, so you can plan your weekly and unique rides. I invite all new and returning EBTC members to access "Resources" and its drop down menu which as you move left, "Policies" and left again to all the necessary "need to read" files appear such as "E-bike Policy," "Code of Conduct," and "Bring a Friend," all of which are details you may need to know as you ride with EBTC. Take a little bit of time and read them.

[Click here to contact Audrey Sonnenberg](#)

[Click here for the EBTC Ride and Event Calendar & Registration Links](#)

From The Saddle

Cycling San Miguel de Allende, Mexico: Cobbles, Culture and Countryside.

John Shaw, EBTC Newsletter Coordinator

Cycling in and around San Miguel de Allende is not for the faint of heart. There is dense traffic on narrow, steep, and roughly cobbled streets in the historic centre (El Centro). The vibration on the cobbles is bone jarring and hand numbing. In the countryside, there are loose cattle, pueblo dogs, and single-track desert trails equipped with granulated chalky soil, hell bent on causing you to spill, and spike-like thorns that are bound to puncture one of your tires at some point. Don't rub an arm or a leg against the cacti or shrubs either. Irrespective of variety, there will be pain and probably blood.



So why did I cycle? Well ...

[Click here to continue reading!](#)

Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need help with membership](#)

[Click here if you'd like to contribute to the Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the EBTC Website](#)

[Click here to Sign up for the Pop-Up Ride E-mail List](#)

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