



March 31, 2024 - Newsletter

Messages from the EBTC Board



New EBTC Member? Welcome!! Returning Member? Welcome Back!! Links To Check Out

June MacGregor, EBTC President

EBTC develops an annual program consistent with our mission, *"To provide safe and fun recreational cycling and social activities for adult members in the Edmonton area"*. You'll find EBTC's rides/events on the **[EBTC website](#)**.

- **2024 Overview:** Regularly recurring 'Series' rides allow members to plan their time. **[Summary of Series \(Regularly Recurring\) Rides](#)** 'Unique' once-a-season rides often allow members to explore new routes. Ride Coordinator, Audrey Sonnenberg, provides a synopsis of 'Unique' rides in this edition of the Newsletter; a summary is also available on the website. **[Summary of Unique \(Once-a-Season\) Rides and Events](#)**
- **[Pop Up Rider List Sign-Up](#)** Most EBTC rides and events, such as the Series and Unique rides above, are planned early, appear in the website Calendar, and open for registration well in advance. Ride Leaders, however, may also offer weather-dependent pop-ups with short notice. By using this link to sign up for the Pop-Up Rider List, you'll receive an e-mail notification for each pop-up and won't need to check the Calendar.
- **[Choosing Your Ride](#)** With this link, you'll find helpful descriptions to select rides suitable for your interests, cycling experience and skill level. You'll also learn what differentiates 'social' and 'fitness/training' rides and what to expect on easy, intermediate or challenging rides.
- **[Registering for Your Ride or Event](#)** There's a short primer with this link on registering and cancelling your registration in the Karelo system. To find a ride or event of interest in the website Calendar, you can choose the 'Month' or the 'List' view (my preference is the latter). It is important to pay attention to how the ride is categorized and the Ride Description to ensure you have chosen a ride right for you.
- **[Getting and Using RWGPS](#)** As an EBTC member, you are eligible for a free RWGPS account. This link describes how to get your account and gives an introduction to navigating with RWGPS. When you register for a ride, the Ride

Description will indicate whether RWGPS is mandatory or not, although many members always like to have the RWGPS route.

If you have any questions about the above, **contact us** and we'll get back to you.

EBTC has an Instagram account!

Sonja Taylor, EBTC Social Media Coordinator

Follow us at [Edmontonbicycleandtouringclub](#) on Instagram! Help make it an active social media site by sending your photo(s) from EBTC rides and events (with a caption) to **me**. I will make sure they get posted! We have so many great ride and social events, let's share the pics!



Rider and Ride Leader Updates

Audrey Sonnenberg, EBTC Ride Coordinator

“To plant a garden is to believe in tomorrow.” Audrey Hepburn

It is almost spring, and even though the snow outside begs to differ, we can hope that dry roads will emerge, blue sky will prevail, and warm winds will blow. Just planting seeds for “feel good” start to chilly mornings and some bitter winds we all know.

Here is a quick outline of the Unique Rides that are available as of now:

- **May 5, 2024** – Fort Saskatchewan Brunch Ride – a 50 km easy social no drop ride from Ardrossan to lunch in Fort Saskatchewan and back. Ride Leader: **Maureen Lanuke**.
- **August 5, 2024** – 2nd Annual Heritage Day Sunrise Breakfast Ride – cycle 54 km no drop ride at sunrise along country roads with breakfast at IHOP. Ride Leader: **Michael Roloff**.
- **July/August, 2024** (date TBA and weather dependent) – Morinville/Legal Loop – a leisurely 55 km no-drop ride through the countryside north of Edmonton. Ride Leader: **Liz Timleck**.
- **August 17, 2024** – Miquelon Lake – two start points and times for different distances, 95 km or 45 km. As in past years, we'll have snacks provided at the lake for a leisurely social visit before heading back. Ride Leader: **Phil Davidson**.
- **August 25, 2024** – Pigeon Lake Inner (65 km) and Outer Loop (60 km) Ride and Picnic – Join EBTC members and enjoy an intermediate 60-65 km RWGPS classic central Alberta ride from Mulhurst Bay Park with a picnic! Ride Leaders: **Anne-Marie Adachi/Charles World**.
- **September 8, 2024** – South Cooking Lake Hub and Spoke – a two loop ride. A 60 km and a 100 km RWGPS loop punctuated with snacks and beverages. Ride Leader: **Larry Zelazo**.

There will be others that will “Pop-up” as the season unfolds, so watch the ride calendar, or sign up for pop-up ride .

If you haven't already heard, Revolution Cycle (formerly located on Stony Plain Road) has relocated to downtown Edmonton, 11445 Jasper Avenue. They will re-open April 1st, and will host a re-opening event for cyclists (date TBA).

Happy Easter



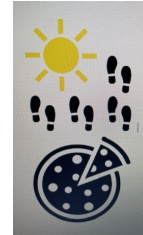
[Click here to contact Audrey Sonnenberg](#)

[Click here for the EBTC Ride and Event Calendar & Registration Links](#)

Upcoming EBTC Rides and Events

Pizza Social, Sunday April 14, 2024

June MacGregor, EBTC President on behalf of the EBTC Board



Laurier Heights Community Hall (14405 85 Ave NW) is a perfect place to meet up with new and old friends and to enjoy an afternoon walk and some excellent pizza.

This no-cost social has two events. Register for one or both.

- **12:00:** Outdoor walk starting from the Hall and led by **Liz Timleck** and **Ann Sutherland**. Two walk distances/paces may be offered. Coffee/tea/pop will be available when walkers return to the hall.
- **13:30:** Pizza with some coleslaw and coffee/tea/pop too.

The Hall has lots of room, an outdoor patio, and secure bicycle parking if you choose to ride.

[Click here to register for the walk](#)

[Click here to register for the pizza social](#)

Pop-Up Ride, Tuesday April 2, 2024

If you're on the Pop-Up Rider List, you've already been notified. If not, you can check if there is still room to [register](#).

Helpful Links:

[Click here to become or renew your EBTC membership](#)

[Click here if you need help with membership](#)

[Click here if you'd like to contribute to the Newsletter](#)

[Click here for EBTC exclusive RideWithGPS map access](#)

[Click here to visit the EBTC Facebook Page](#)

[Click here to join the EBTC members only Facebook Group](#)

[Click here to visit the
EBTC Website](#)

[Click here to Sign up for the
Pop-Up Ride E-mail List](#)

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