

## Newsletter Fun Fitness Friends

# January 19, 2025

## Message from the Board

**2025 Membership**: Click <u>here</u> to renew your 2025 membership, or if new to EBTC, join the club. The confirmation email from Karelo will have your 2025 membership card (electronic or paper) for bike shop discounts arranged by EBTC.

**Pop-Up List:** Sign up <u>here</u> to receive an email whenever a weatherdependent outing is put in the calendar for registration close to the event date.

## **Upcoming EBTC Events**

Walk Mactaggart and Magrath Trails, Friday, January 24 June MacGregor, EBTC Walk Leader

This walk was cancelled last week due to a miserable forecast but the weather looks better this Friday. We'll walk from the Rabbit Hill Freson Bros Fresh Market on the trails above Whitemud Creek Ravine and return through the quiet streets for coffee/lunch. The route is mostly flat and approx.1 to 1 1/2 hours.

For information and sign-up, click <u>here</u>.

### **Ride and Event Reports**

Unable to attend the Jan 19 Jersey Sizing Social? Fear not!



A cold day was perfect for trying sample jerseys on for size! If you couldn't attend the Jersey Fitting Social on January 19 but want to know which size from the Nimblewear sizing kit works for you prior to ordering, contact Sonja at <u>social.media@bikeclub.ca</u>. She will schedule an appointment with you at her home.



Note: This must be arranged before January 30, 2025 as January 31 is the last day for ordering your jersey on the <u>Nimblewear online store</u> (to ensure delivery by end of March/early April 2025). If there is enough interest, the online store may be opened again later in the cycling season but there will be no sizing kit.



## From the Saddle

#### EBTC Throwback Scott Keast

Fall 2008 and the Chilly Chilli Ride was going strong. It must not have lived up to its name though – almost everyone was in short sleeves. Pretty-inpink is my wife Lorraine. Can you pick out other members you may know?



## **Helpful Links**

#### Sign Up:

Click here for<br/>EBTC<br/>membershipClick here to join<br/>the Pop-up<br/>Email ListClick here for<br/>RideWithGPS<br/>member access

#### Dive deeper into the EBTC community:

Click here to contribute to the<br/>NewsletterClick here to connect with<br/>EBTC on InstagramClick here to see the public<br/>EBTC Facebook pageClick here to connect with the<br/>members Facebook groupClick here to bring a friend on<br/>an EBTC rideClick here to visit the EBTC<br/>website

#### Edmonton Bicycle and Touring Club

11660 79 Ave NW #304, Edmonton Canada

You received this email because you joined EBTC or asked to be added. If you don't want to receive the newsletter, click below.

