

Newsletter

Fun Fitness Fr

Friends

February 9, 2025

From the Board

AGM, Volunteer Brunch, and Reminders June MacGregor, EBTC President

March 30, 2025 for the Annual General Meeting (AGM) and Volunteer Appreciation Brunch: Save the date for an informative and enjoyable late morning/afternoon event. We'll have more information in future newsletters about event details, registration, etc.

2025 Ride Season Planning: If you checked off your interest in supporting rides in your past membership form, you will receive an email request about how you can help in 2025 (members who led rides in 2024 have already been contacted). Also, feel free to contact me at President@bikeclub.ca about how you can support a successful 2025 ride program.

2025 Membership: Click <u>here</u> to renew or, if new to EBTC, to join the Club. The confirmation email from Karelo will have your 2025 membership card (electronic or paper) to use for bike shop discounts arranged by EBTC.

Pop-Up List: Sign up <u>here</u> to receive an email whenever a weather-dependent outing is put in the calendar for registration close to the event date.

Upcoming Events

Mystery Maybe Valentine Walk, Friday, February 14 June MacGregor, EBTC Walk Leader

The current forecast does not look really balmy but if it improves a bit, we'll have a pop-up walk – somewhere. Starting at 11 a.m. wherever. Check the

calendar; watch your emails if you're already signed up for pop-ups, or sign up now for pop-up emails here.

Fall 2025: Cycling the Oregon Trail

Hans Feldmann, EBTC Member

EBTC is excited to announce the 2025 edition of the Pacific Coast trip, Astoria (Oregon) to San Francisco. Three cycling trip options will be offered along the Pacific coast. **Option 1** is a 12-day trip from Astoria to San Francisco (September 13-26, 2025), covering 1,250 km and including the Redwoods and Golden Gate Bridge. **Option 2** allows participants to join the first seven days of the trip, cycling from Astoria and arriving in Eureka, CA, on September 20 (750 km, up to 130 km/day), after which they must arrange their own transportation to San Francisco. **Option 3** must find their way to Eureka, CA, on September 20, joining the group for the final five days to San Francisco (510 km, up to 119 km/day), also passing through the Redwoods...

Continue reading <u>here</u>.

Event Reports

Birkebeiner 2025 Nordic Fair

June MacGregor, EBTC President

It was EBTC's first time having a booth to promote the Club at the Nordic Fair where skiers came to pick up their race packages. Those who volunteered, in particular Robin Lane, Larry Zelazo, Ava Craig, Phil Davidson and I, enjoyed a day of chatting with skiers and cyclists and checking out other club booths and vendors displays. The pizza provided at supper was an unexpected treat. Next year we'll look so spiff in our new EBTC jerseys.





EBTC Birkie Vounteer Roundup

Phil Davidson, EBTC Birkie Volunteer

Once again Anne-Marie rounded up her crew to support the longer distance skiers of the Birkebeiner at the Roundup aid station. We loaded three pickups with supplies and volunteers at 7 a.m. and headed out. The sun, once it appeared, made sparkling diamonds in the hoarfrost on the trees. The frost on the skiers in the cool temperatures was somewhat less beautiful but showed how tough they were to be skiing 55 km on a crisp morning.

This year it was even more chaotic than usual thanks to necessary route changes. When the 31 km skiers arrived, they went straight. The 55 km group had to branch right and then came back to us after this year's extra loop – three areas to hand out drinks and snacks instead of one. The crew did an amazing job of keeping all three areas supplied for grateful skiers.





From the Saddle

EBTC Throwback Scott Keast, EBTC Member

It was September 20, 2009 - the inaugural Tour of the Falling Leaves. Cool blustery weather didn't dissuade EBTC members from coming out to enjoy

one of the last rides of the season. Little did we know then, but Tour of the Falling Leaves would go on to a decade-long annual ritual for the club.

Left to right is Anne-Marie Bostrom (Sweden) and Anne-Marie Adachi leading the group through the county roads. Also in the group just behind them from left to right is (I believe) Josephine Cosco, Britt-Marie Bernhardson (Sweden), Kirsten?, Max Meyer, Celest Sinclair, Denis?, Bernie Lee, a mystery member, and just sneaking into the picture is Dan Boonstra.

Maybe you recognize the mystery member!



Biking & Boating Croatia's Dalmatian Islands, May 2024 Ann Sutherland, Newsletter Editor

Early May was the perfect time to cycle Croatia's Dalmatian Islands – moderate temperatures, blue skies, and fewer tourists.

Fellow EBTC members Lorna and Mike Bone joined my husband Derek and me. We booked the trip, <u>Pearls of Dalmatia</u>, through <u>Island Hopping</u>, and secured our spots on the *Romantica*, a 16-cabin, 34-bed yacht. You have a choice of starting in Split and ending in Dubrovnik, or vice-versa...<u>Continue reading here</u>.





Helpful Links

Sign Up:

Click here for EBTC membership Click here to join the Pop-up Email List

Click here for RideWithGPS member access

Dive deeper into the EBTC community:

Click here to contribute to the Newsletter

Click here to connect with EBTC on Instagram

Click here to see the public EBTC Facebook page

Click here to connect with the members Facebook group

Click here to bring a friend on an EBTC ride

Click here to visit the EBTC website

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