

# **Newsletter**

Fun Fitness F

## **February 16, 2025**

#### From the Board

AGM, Volunteer Brunch, and Reminders June MacGregor, EBTC President

March 30, 2025 Annual General Meeting (AGM) and Volunteer Appreciation Brunch: The date is set and you can expect further details in upcoming newsletters about this informative and enjoyable late morning/afternoon event.

**2025 Ride Season Planning:** It's still winter but planning is underway. If you checked off your interest in supporting rides on your membership form, we'll be emailing you.

**2025 Membership:** Click <u>here</u> to renew or, if new to EBTC, to join the Club. The confirmation email from Karelo will have your 2025 membership card to keep (electronic or paper) for bike shop discounts arranged by EBTC. **Note**: **New members,** please find key information and links <u>here</u>.

**Pop-Up List:** Sign up <u>here</u> to receive an email whenever a weather-dependent outing is put in the calendar for registration close to the event date.

For more information or questions about any of the above contact me at <a href="mailto:President@bikeclub.ca">President@bikeclub.ca</a>.

## **Upcoming Events**

Enjoy St. Albert Walk, February 21 Liz Timleck, EBTC Walk Leader It won't be *this* cold on **Friday, February 21**, so come out for a walk from the Enjoy Centre in St. Albert at 11:00. Please arrive at 10:45 so you have time to gather and make use of the facilities. We will walk through the trails in the community of Starling in Edmonton. This is a 7-9 km out and back. After returning we'll go for coffee/snacks in the Enjoy Centre cafe.

Please dress for the weather and remember to check your emails the morning of the walk in case there are any changes.

For information and to register, click here.



Fall 2025: Cycling the Oregon Trail Hans Feldmann, EBTC Member

EBTC is excited to announce the 2025 edition of the Pacific Coast trip, Astoria (Oregon) to San Francisco. Three cycling trip options will be offered along the Pacific coast. **Option 1** is a 12-day trip from Astoria to San Francisco (September 13-26, 2025), covering 1,250 km and including the Redwoods and Golden Gate Bridge. **Option 2** allows participants to join the first seven days of the trip, cycling from Astoria and arriving in Eureka, CA, on September 20 (750 km, up to 130 km/day), after which they must arrange their own transportation to San Francisco. **Option 3** must find their way to Eureka, CA, on September 20, joining the group for the final five days to San Francisco (510 km, up to 119 km/day), also passing through the Redwoods...Continue reading here.

#### From the Saddle

Wining & Dining by Bike: Colchagua Valley, Chile January 2025
John Shaw, EBTC Member

Tema and I visited central and northern Chile over a couple of

weeks during January 2025. We de-jetlagged in Santiago. There the highlights were: Museo de la Memoria y los Derechos Humanos, Museo Chileno de Arte Precolombino, La Chascona (one

<u>Precolombino</u>, <u>La Chascona</u> (one of the homes of poet Pablo Neruda), and <u>Pulperia Santa Elvira</u>



(a tiny restaurant with global accolades).

In Valparaiso we enjoyed the street art that surrounded <u>a hotel</u> where we were happy to just hang out in. We also flew to Calama for stargazing (disappointing – you can see as many stars from the Rockies) and to check out <u>the high altitude flora, fauna, and vistas of the Atacama Desert</u> (impressive). Santa Cruz, a town among the vines in the Colchagua Valley southwest of Santiago, was our hub for two days of wining and dining by bike...Read full story <u>here</u>.

### **Helpful Links**

#### Sign Up:

Click here for EBTC membership Click here to join the Pop-up Email List Click here for RideWithGPS member access

#### Dive deeper into the EBTC community:

Click here to contribute to the Newsletter

Click here to connect with EBTC on Instagram

Click here to see the public EBTC Facebook page

Click here to connect with the members Facebook group

Click here to bring a friend on an EBTC ride

Click here to visit the EBTC website

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