

Newsletter

Fitness Friends

February 23, 2025

From the Board

It's Brunch Time!

June MacGregor, EBTC President

AGM & Volunteer Appreciation Brunch, March 30: Join us in celebrating our volunteers at Laurier Heights Community Hall with a yummy brunch buffet which will be free for 2024 volunteers and reasonably priced for nonvolunteer members. In addition to an overview of 2024, members will hear about EBTC's exciting plans for this year. More details and link to register in upcoming newsletters about this informative and enjoyable event.

Reminders

2025 Membership: Click here to renew or, if new to EBTC, to join the Club. The confirmation email from Karelo will have your 2025 membership card to keep (electronic or paper) for bike shop discounts arranged by EBTC. **Note**: **New members,** please find key information and links <u>here</u>.

Pop-Up List: Sign up here to receive an email whenever a weatherdependent outing is put in the calendar for registration close to the event date.

For more information or questions about any of the above contact me at President@bikeclub.ca.

Upcoming Events

Walk Whitemud Creek, Friday, February 28 June MacGregor, EBTC Walk Leader

Meet at 10:45 a.m. for an 11:00 a.m. start on Friday, Feb. 28, to explore the more southerly trails along Whitemud Creek. Expect an approx.1.5 hour

walk, followed by coffee/snacks. If the trails aren't good for walking, we'll head up into the neighbourhoods.

Please bring water. Dress for the weather and wear appropriate footwear. Also, check for a Karelo email the morning of the walk in case we have to cancel or make changes due to weather.

For details on where to park and to register, click here

Cycling the Oregon Trail: Fall 2025

Hans Feldmann, EBTC Member

The 2025 edition of the Pacific Coast trip, Astoria (Oregon) to San Francisco, will offer three cycling trip options. **Option 1** is a 12-day trip from Astoria to San Francisco (September 13-26, 2025), covering 1,250 km and including the Redwoods and Golden Gate Bridge. **Option 2** allows participants to join the first seven days of the trip, cycling from Astoria and arriving in Eureka, CA, on September 20 (750 km, up to 130 km/day), after which they must arrange their own transportation to San Francisco. **Option 3** must find their way to Eureka, CA, on September 20, joining the group for the final five days to San Francisco (510 km, up to 119 km/day), also passing through the Redwoods...Continue reading here.

NEW

Drumheller Cycling Trip

Drumheller: The Dinos and Drama Tour, May 23-26 Karen & Norbert Broda, EBTC Ride Leaders

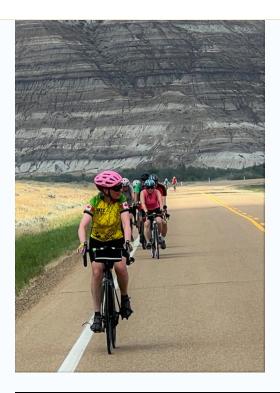
Mark your calendar! Registration opens **April 1, 2025** for a four-day cycling trip in Drumheller from May 23-26, 2025 for 18 cyclists.

We return for a third year to pedal through the dramatic landscape and unique sites of the Badlands – canyons, a ferry ride, hoodoos, a saloon! The drama isn't limited to the landscape. Once again, we'll be attending a live theatre performance at the Rosebud Theatre.

The trip's 'hub and spoke' format covers between 36-70 km each of the four days. With some significant hill climbs and no sag wagon, this trip is suitable for **intermediate** riders. Pedal assist e-bikes are welcome.

This is a 'pay-your-own-way' trip. Participants are responsible for all transportation, accommodation, food/snack and entertainment costs. Non-cycling spouses/friends are welcome to join in the Rosebud Theater evening and Wayne Saloon lunch stops.

More information to come in future newsletters!





Event Report

St. Albert Walk Liz Timleck, EBTC Walk Leader

Thirteen of us ventured out from the Enjoy Centre in St. Albert. (Phil, our photographer, is not in the picture.) It was a 9+ km out-and-back through the neighborhood of Starling in Edmonton. The temperature was delightful and the cleared paths equally so. We enjoyed coffee, yummy snacks and banter at the Enjoy Centre's Wild Earth Bakery after the walk. The forecast for the next 10 days looks absolutely amazing. Enjoy!



From the Saddle

EBTC Throwback

Scott Keast, EBTC Member

It was July 22, 2013, and the weather was stellar for the Tour d l'Alberta. Jitters at the start were calmed as friends and teammates mingled in the early morning sunshine. You will likely recognize this group of EBTC members.



Left to right: Freeman Taylor, Sonja Taylor, Anne-Marie Adachi and Wayne Grover.

Helpful Links

Sign Up:

Click here for EBTC membership Click here to join the Pop-up Email List Click here for RideWithGPS member access Dive deeper into the EBTC community: Click here to contribute to the Click here to connect with Newsletter EBTC on Instagram Click here to see the public Click here to connect with the EBTC Facebook page members Facebook group Click here to bring a friend on Click here to visit the EBTC an EBTC ride website Edmonton Bicycle and Touring Club You received this email because you joined EBTC or asked to be added. If 11660 79 Ave NW #304, Edmonton you don't want to receive the newsletter, Canada click below. **Unsubscribe** mailer lite