

# **Newsletter**

Fun Fitness

Friends

## March 9, 2025

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#### From the Board

**2025 Membership:** Click <u>here</u> to renew or, if new to EBTC, to join the club. The confirmation email from Karelo will have your 2025 membership card to keep (electronic or paper) for bike shop discounts arranged by EBTC. **Note**: **New members** please find key information and links <u>here</u>.

**Pop-Up List:** Sign up <u>here</u> to receive an email whenever a weather-dependent outing is put in the calendar for registration close to the event date.

## **Upcoming Events**

AGM & Volunteer Appreciation Brunch, March 30 June MacGregor, EBTC President on behalf of Board

Join us **March 30** for the AGM followed by the Volunteer Appreciation Brunch for tasty food and terrific talks about cycling adventures abroad!

Where? Laurier Heights Community Hall (14405 85 Ave NW)

**Annual General Meeting – 10:30 a.m. to noon.** Come at 10:30, grab a coffee/tea/goodie before the meeting starts. Get an overview of 2024 and

update on 2025, and have your say. Expect some social time before the brunch. Click <u>here</u> to register for the AGM.

**Volunteer Appreciation Brunch - 12:30 to 2:30ish p.m.** Celebrate EBTC's 2024 volunteers, socialize and enjoy an excellent buffet brunch prepared by executive chef and member, Michael Roloff. Brunch is offered to members at a 'Club subsidized' cost of \$25, to be paid by credit card when you register. **Click\_here to register for the Volunteer Appreciation Brunch** (FYI: brunch is free to 2024 volunteers, who have been contacted)

After the buffet, you'll hear two fascinating talks with photos by members:

- **Cycling Oman** (see map and photo): Walter Pinto will present the unique and amazing tour he completed with club member Kevin Zaychuk and his friend.
- Cycling from Columbia to Chile: Rachel Champagne and Bernice
  Aebly will share the diverse terrain, weather and cultures they
  experienced on the South America trip organized by Bob Fletcher,
  previous member and speaker at EBTC events,

Members can invite **non-member partners or friends** to the Volunteer Appreciation Brunch. Non-members will pay \$30 (cash only) at the door. However, you need to contact me, <a href="mailto:President@bikeclub.ca">President@bikeclub.ca</a>, with the name(s) so that we can track the attendee numbers for our chef.





#### Registration Open for Oregon Trip Hans Feldmann, EBTC Member

I am happy to announce that registration for the Oregon ride is now open. Use the links below to register. There is flexibility in reassigning spots between the different rides. **Note: Only ETBC members can register for this trip.** 

Use this link to register for Option 1: 12-day ride. https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22376

Use this link to register for Option 2: Astoria to Eureka ride. <a href="https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22377">https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22377</a>

Use this link to register for Option 3: Eureka to San Francisco. <a href="https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22378">https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22378</a>

**Option 1** is a 12-day trip from Astoria to San Francisco (September 13-26, 2025), covering 1,250 km and including the Redwoods and Golden Gate Bridge. **Cost: \$3,400**.

**Option 2** allows participants to join the first seven days of the trip, cycling from Astoria and arriving in Eureka, CA, on September 20 (750 km, up to 130 km/day), after which they must arrange their own transportation to San Francisco. **Cost: \$2,500**.

**Option 3** must find their way to Eureka, CA, on September 20, joining the group for the final five days to San Francisco (510 km, up to 119 km/day), also passing through the Redwoods. **Cost \$1,900**.

Continue reading <u>here</u>.

Drumheller: The Dinos and Drama Tour, May 23-26 Karen & Norbert Broda, EBTC Ride Leaders

Registration opens **April 1** for this popular ride, with 18 cycling spots available.

We return for a third year to pedal through the dramatic landscape and unique sites of the Badlands – canyons, a ferry ride, hoodoos, a saloon! The drama isn't limited to the landscape. We'll also be attending the buffet and a live comedic performance of *The Foreigner* at the <u>Rosebud Theatre</u>.

The trip's 'hub and spoke' format covers distances between 36-70 km each of the four days. (Click <u>here</u> for a quick look at the itinerary.) Several hotels and campgrounds are situated as close as a 2 km cycle from each day's starting point in Drumheller.

With some significant hill climbs and no sag wagon, this trip is suitable for **intermediate** riders. Pedal assist e-bikes are welcome.

This is a 'pay-your-own-way' trip. Participants are responsible for all transportation, accommodation, food/snack and entertainment costs. Non-cycling spouses/friends are welcome to join in the Rosebud Theater evening and Wayne Saloon lunch stops.



#### Cycling Fairmont Hot Springs, May 19-22 Sonja and Freeman Taylor, EBTC Ride Leaders

Registration opens **April 2** in Karelo for a two-day cycling trip in the Fairmont Hot Springs (FHS) area.

As a "pay your own way" trip, participants are responsible for arranging all transportation, accommodation, food/snacks and any other expenses. This is an **intermediate**, social (no drop) ride as there is NO van support and the second day has considerable elevation gain. Each participant is welcome to bring a well-maintained road bike or a pedal assist e-bike. Each day we'll meet up at the designated time and location so we can start together.

Plan to arrive in Fairmont Hot Springs on the evening of May 19 for two days of cycling on May 20 and May 21. You may wish to stay May 22 and do your own thing. You might also consider signing up for the 4-day cycling trip in Drumheller with leaders Karen and Norbert Broda from May 23-26. Register for one or both — your choice! (NOTE: the two trips have different registration dates in Karelo.)...Continue reading <a href="https://example.com/here">here</a>.



#### Walk Mill Creek Ravine, Friday, March 14 June MacGregor, Walk Leader

Meet at the Muttart Conservatory at 11:00 for a walk on the trails of the Mill Creek Ravine. Expect an approx. 1.5 hour walk with post-walk coffee and snacks at the Muttart. This out-and-back route gives walkers the option to return for coffee/snacks earlier or later. For more details and to register, click here.

## **Helpful Links**

### Sign Up:

Click here for EBTC membership Click here to join the Pop-up Email List

Click here for RideWithGPS member access

Dive deeper into the EBTC community:

Click here to contribute to the Newsletter

Click here to connect with EBTC on Instagram

Click here to see the public EBTC Facebook page

Click here to bring a friend on an EBTC ride

Click here to connect with the members Facebook group

Click here to visit the EBTC website

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