

Newsletter Fun Fitness Friends

March 23, 2025

Editor's Note: There will be a change to when you receive the newsletter. Starting March 31, the newsletter will be delivered to your inbox on Mondays.

In This Issue

- AGM & Volunteer Brunch
- AGM elections
- Volunteer opportunities
- New club jerseys
- Oregon trip
- Drumheller
- Fairmont
- Registration for Tuesday bike ride
- ...and more!

Reminders From the Board

2025 Membership: Click <u>here</u> to join EBTC. Your Karelo confirmation email has your membership card to keep (electronic or paper) for discounts arranged by EBTC. **New members,** please find key information <u>here</u>.

Pop-Up List: EBTC's rides and other events are in the website calendar well in advance of the event date. Ride Leaders may also offer weather-dependent 'pop-ups' on short notice. Sign up <u>here</u> to receive a Karelo email notification when a pop-up is available.

AGM & Volunteer Brunch

AGM & Volunteer Appreciation Brunch, March 30

Sign up before March 25 in order to attend this March 30 event.

Where - Laurier Heights Community Hall (14405 85 Ave NW)

Annual General Meeting (AGM) – 10:30 a.m. to noon. Enjoy coffee/tea and goodies before the meeting. You'll then get an overview of 2024, learn what's ahead in 2025, and elect the 2025 Board. Click <u>here</u> to register for the AGM.

Volunteer Appreciation Brunch - 12:30 to 3:00. Celebrate our 2024 volunteers and enjoy a buffet brunch prepared by executive chef and member, Michael Roloff. Brunch costs \$25, paid by credit card when you register. **Click <u>here</u> to register for the Volunteer Appreciation Brunch.**

After the buffet, you'll hear two fascinating talks with photos by members:

- **Cycling from Colombia to Chile** (photo below left): Rachel Champagne and Bernice Aebly will take you through diverse landscapes, weather conditions and cultures.
- **Cycling Oman** (photo below right): Walter Pinto and Klaus Strenzke present a land of desert, farms, mountains and coast.

You can invite **non-members** for brunch, who pay \$30 (cash only) at the door. Please email <u>President@bikeclub.ca</u> with the name(s) as our chef needs the number of attendees.





AGM Elections & Volunteer Opportunities

Incumbents in Board positions will stand for re-election for another year: (1) President; (2) Treasurer, also Multi-Day Trips; (3) Secretary; (4) Membership; (5) Social Media, also Apparel; (6) Webmaster; (7) Communications.

Incumbent Special Volunteers to the Board will also continue: (1) Equipment Manager, also Social Rides; (2) Social Events.

We have **4 vacant Board positions** to be filled by election. We'll also consider filling some roles with non-elected **Special Volunteers** who receive Board material but are non-voting and don't need to regularly attend meetings.

Vice President (VP): works with the President on Board oversight of operations, planning and initiatives for the near-and-long term benefit of members. The VP and President jointly divvy up tasks. The VP chairs meetings in the President's absence.

Training Coordinator: works with volunteer leaders to offer rides or other activities (e.g., hill walking) with a training focus. Training helps members improve endurance and strength for specific events or for better enjoyment of their physical activities.

Volunteer Coordinator: recruits volunteers for various roles and events, using the interests members checked-off on their membership sign-up forms and their past EBTC volunteer roles. Helps ensure good support, mentorship and recognition for volunteers.

Safety and Education: supports the Club in conducting activities in a safe manner. Expertise in safety or education is not essential but a keenness to research safe cycling topics and to work with the Board and other members is desirable.

Please contact **President@bikeclub.ca** if you need further information or wish to discuss.

Request for Ride Leaders & Sweeps

Ride Leaders/Sweeps for Joint Multi-Day Trips Sandra McDonald, Multi-Day Trip Coordinator

EBTC has an exciting opportunity to partner with Calgary's Elbow Valley Cycle Club (EVCC) on some overnight/out-of-town rides. But, in order to offer these rides, EBTC needs to provide a leader and sweep for EBTC riders.

For the EVCC hosted rides, EVCC provides the route maps, etc.:

- **EBTC host, July 12-14**: Tour de l'Alberta/Biking Like a Viking. We require a leader and sweep for Saturday and Monday only. We also need someone to coordinate an afternoon barbeque at Elk Island on Saturday, July 12.
 - Sat., July 12: Elk Island ride (leader/sweep needed) with possible barbeque after.
 - Sun., July 13: Tour de l'Alberta/Biking Like a Viking (leader/sweep not needed).
 - Mon., July 14: Short Monday morning ride (30-40km) to stretch the legs before EVCC heads home (leader/sweep needed).

- EVCC host: Pincher Creek, July 22-24. Leader/sweep from EBTC needed.
- EVCC host: Drumheller, estimated date is end of July. Leader/sweep from EBTC needed. This is rated as a challenging ride. There is also an opportunity to attend the <u>Badlands Passion Play</u>.
- EVCC & EBTC: C&E Trail, mid-August. Leader/sweep from EBTC needed.
- EVCC host Cranbrook, Sept 11-15: This is in conjunction with the Cranbrook Gran Fondo. Suitable for road or mountain bike. Leader/sweep from EBTC needed.

If you are interested in volunteering as a leader or sweep for any of these trips contact me at <u>treasurer@bikeclub.ca</u>.

2025 Club Jerseys

The Jerseys Have Arrived!

Sonja Taylor, Apparel Coordinator

For those who ordered the 2025 EBTC jerseys, they are here. Consider yourself all set for a fashionable cycling season!

Pick up is on **March 30** at Laurier Heights Hall (14405 85 Ave NW) during the following times:

-10:30 to 11 a.m. (pre-AGM)

-12 noon to 12:30 p.m. (between AGM and Volunteer Appreciation Lunch) -2 to 2:30 p.m. (after the lunch and presentations)

If you can't make it on March 30, no worries. There will be other opportunities to pick up so stay tuned!





Upcoming Multi-day Trips

Registration Open for Oregon Trip Hans Feldmann, EBTC Member

You can now register for the Oregon trip. Use the links below to register. There is flexibility in reassigning spots between the different rides. **Note: Only ETBC members can register for this trip.**

Use this link to register for Option 1: 12-day ride. **Cost: \$3,400** <u>https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22376</u>

Use this link to register for Option 2: Astoria to Eureka ride. **Cost: \$\$2,500** <u>https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22377</u>

Use this link to register for Option 3: Eureka to San Francisco. **Cost \$1,900** <u>https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22378</u>

For all of the trip details click here.

Drumheller: The Dinos and Drama Tour, May 23-26 Karen & Norbert Broda, EBTC Ride Leaders

Registration opens **April 1** for this popular ride, with 18 cycling spots available.

We return for a third year to pedal through the dramatic landscape and unique sites of the Badlands – canyons, a ferry ride, hoodoos, a saloon, and live theatre!

For more details continue reading <u>here</u>.

Cycling Fairmont Hot Springs, May 19-22 Sonja and Freeman Taylor, EBTC Ride Leaders

Registration opens **April 2** in Karelo for a two-day cycling trip in the Fairmont Hot Springs (FHS) area

Plan to arrive in Fairmont Hot Springs on the evening of May 19 for two days of cycling on May 20 and May 21. You may wish to stay May 22 and do your own thing. You might also consider signing up for the 4-day cycling trip in Drumheller with leaders Karen and Norbert Broda from May 23-26. Register for one or both — your choice! (NOTE: the two trips have different registration dates in Karelo.)

For more details continue reading <u>here</u>.

Other Upcoming Events

First Ride of Spring, Tuesday, March 25 Liz Timleck, Ride Leader

Come out to launch to first bike ride of the season! For details and to register for this 29 km social ride from St. Albert click <u>here</u>. Members on the Pop-up List were notified by Karelo email of this ride as soon as it was available yesterday - a good reason to sign-up for the <u>Pop-up List</u> if you haven't already done so!

St. Albert Walk, Friday, March 28

Liz Timleck, Walk Leader

If the weather cooperates, I'll organize a 'pop-up' walk in the St. Albert area. If you signed up for the pop-up list, watch for a Karelo notification.

Walk Recap

Walk From Fort Edmonton, Friday, March 21 June MacGregor, Walk Leader

Heading east,15 walkers clambered up the I-o-n-g Grandview staircase, then continued onward for coffee at the Saville Centre - enjoyed outdoors! We all chose the long route back, had a photo stop at the 'End of the World' lookout and logged approx. 9.5 km.



Helpful Links

Sign Up:

Dive deeper into the EBTC community: Click here to contribute to the Newsletter Click here to connect with EBTC on Instagram Click here to see the public EBTC Facebook page Click here to connect with the members Facebook group Click here to bring a friend on an EBTC ride Click here to visit the EBTC website Edmonton Bicycle and Touring Club 11660 79 Ave NW #304, Edmonton Canada You received this email because you joined EBTC or asked to be added. If you don't want to receive the newsletter, click below. Unsubscribe Unsubscribe	EBTC th	c here to join le Pop-up Email List member access
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