



Newsletter

Fun Fitness Friends

May 12, 2025

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From the Board

2025 Rides are up and running! Click [Calendar](#) to view what rides are available and to register. If you have certain goals (100 km Tour de l'Alberta perhaps?) see [here](#) to help you decide which rides will help you meet your goal.

Jerseys are Available Again

Exciting news! If you missed out on the initial order of EBTC's cycling jersey, here's your chance to order your 2025 Club Jersey.

At our request, Nimblewear Canada has opened the online store again as we have heard that some of you would like to purchase one as you like the design, colours and wish to celebrate your club. Get your order in by 26 May 2025 and your jersey will arrive in early July - allowing plenty of time to enjoy it this cycling season. NOTE: This will be the last time that the online store will be open for this year - so don't delay.

Two short sleeved versions are available: 1. Quick Dry Budget (Fondo) for \$48.74 and 2. Quick Dry Star (Silver) for \$80.70. For a small extra fee of \$8, you may also order a "tall" version if you need the extra length.

Click the link below to see the detailed descriptions of the two versions, the clubcut sizing chart, the artwork, as well as to order:

<https://nimblewear.ca/2025/ebtc-cycling-jersey-order-page/>

Upcoming Events

Rambling Routes, May 14

Sonja Taylor, EBTC Ride Leader

Come out for these beginner-level rides every Wednesday at 7:00 p.m. The next one is **May 14**. Meet at the Victoria Skating Oval on River Valley Road and we will explore Edmonton. For more information and to register click [here](#).

Al and Darren's Bakery Ride, May 17

Al Carlson and Darren Okrainec, EBTC Ride Leaders

Save the dates and indulge your sweet tooth as we cycle with stops along the way for bakery treats and maybe gelato! This is always a popular ride. In fact it's so popular there are two dates. The first ride is Saturday, **May 17** starting at 11:00 a.m. from Coronation Plaza. For details and to register click [here](#).

The second date is scheduled for June 15. Information will be in the newsletter closer to that date.

Registration: Multi-day Trips

Drumheller: The Dinos and Drama Tour, May 23-26

Karen & Norbert Broda, EBTC Ride Leaders

Registration is open with just a few cycling spots left. To register click [here](#).

For trip details click [here](#).

Oregon Trip, Sept. 2025

Hans Feldmann, EBTC Member

To register for the Oregon trip, use the links below. There is flexibility in reassigning spots between the different rides. **Note: Only ETBC members can register for this trip.**

Option 1: Sept.13-Sept. 26, Astoria to San Francisco. **Cost: \$3,400**
<https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22376>

Option 2: Sept 13-Sept 20, Astoria to Eureka. **Cost: \$2,500**
<https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22377>

Option 3: Sept 21-26, Eureka to San Francisco. **Cost \$1,900**
<https://www.karelo.com/register.php?BID=394&BT=10&PrivEv=22378>

For trip details click [here](#).

Request for Ride Leader & Sweep

Volunteers for Multi-Day Trips: Cranbrook, Sept 11-15

Sandra McDonald, Multi-Day Trip Coordinator

EBTC is partnering with Calgary's Elbow Valley Cycle Club (EVCC) on some overnight/out-of-town rides. EVCC is hosting a trip in Cranbrook, **Sept 11-15**. In order for our club to participate we need a ride leader and sweep. EVCC provides route maps, etc.

If interested in volunteering contact me at treasurer@bikeclub.

Event Recap

The season is in full swing! Come out and join the fun!

Villeneuve to Calahoo via Glacier Green Golf Course - May 6

Liz Timleck, EBTC ride leader

Tuesday's 45K pop up ride was from Villeneuve to Calahoo via Glacier Green Golf course. We stopped for a short break at the Golf Course for coffee and ice cream and a much needed rest. We were battling a wind with gusts up to 45 KPH. I am grateful none of us blew off our bikes. The wind although not our friend only makes us stronger.



Friday Quiet Roads, May 9

Sonja Taylor, Social Media

More Friday Quiet Roads fun on the south and west country roads near Edmonton! Thanks to Paul and Leslie for leading.



Target the Tour 100 - May 10

Sonja Taylor, EBTC Social Media

17 cyclists enjoyed the beautiful blue skies and perfect temp today on the Target the Tour fitness ride. Splitting into two groups depending on your speed preference, we met at South Cooking Lake park for a group shot! Thank you Dean Cooper and Liz Timleck for leading your respective groups!



From the Saddle

Looking Back: Roughing it in Drumheller, 1987

Ann Sutherland, EBTC Newsletter Editor

Karen and Norbert's upcoming Dinos and Drama bike tour in Drumheller (May 23-26) is a thing of luxury compared to the three-day self-support trip on the September long weekend in 1987. Accommodations were our tents in the Shady Grove Campground in town. We started in Three Hills and cycled a hefty 90 km to Drumheller the first day which included the steep descent to the ferry and steep climb up the other side, on fully loaded bikes!

The suggestion for evening plans on day two was "liven up Drumheller!" Your guess is as good as mine. What happens in Drum stays in Drum.

Looking forward to hearing what shenanigans go on during this year's Drumheller trip.

Below is page one of three handwritten instructions from 1987.

DRUMHELLER ITINERARY 87

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RIDE 7 Km south from Three Hills on HWY (21)
turn left on (27), 25 Km east to Morrin Bridge on
Red Deer River: Rest Stop #1 at \rightarrow KM 32

Morrin Bridge campground on left (north of HWY),
on east side of Red Deer River.

Continue east 12 Km, \rightarrow 3 Km past MORRIN
right) on HWY (9) go 9 Km go south (turning

turn right (west) on (838) at Munson & have Rest stop #2
at Munson (KM 53).

(In case of heavy rain or bad weather
continue south on HWY 9 to DRUMHELLER).

From Munson continue west on 838 (go slow on gravel
13 Km to BLERIOT Ferry
(ice cream available!))

Take ferry across the Red Deer River.
Continue west 2 Km, then south on
HWY (837) 9 Km, continue south on
HWY (575) approx 13 Km to Drumheller, going
 \rightarrow (KM 90)
to SHADY GROVE CAMPGROUND (see MAPS).

For dinner we may try YAVIS RESTAURANT at
3rd AVE & 2 ST.

Helpful Links

Sign Up:

Click here for
EBTC
membership

Click here to join
the Pop-up
Email List

Click here for
RideWithGPS
member access

Dive deeper into the EBTC community:

[Click here to contribute to the Newsletter](#)

[Click here to connect with EBTC on Instagram](#)

[Click here to see the public EBTC Facebook page](#)

[Click here to connect with the members Facebook group](#)

[Click here to bring a friend on an EBTC ride](#)

[Click here to visit the EBTC website](#)

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