



November 3, 2025

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From the Board

Our condolences to Liz Timleck and her family: We were saddened to learn that Liz's husband, Ralph, died in hospital following a serious vehicle accident while driving his grandson to hockey. Luckily, Liz's grandson survived and has been discharged from hospital.

As many of you know, Liz has volunteered for EBTC in many capacities over the years. She is a top leader of the Club's outdoor events (~30 rides and hike/walks in 2025). Members always appreciate her welcoming approach and ability to lead a group with participants who move along at diverse speeds.

Following-up the Timleck family's advice that donations to Stars Air Ambulance would be appreciated, EBTC has made a \$200 Tribute donation in memory of Ralph Timleck. Check the Stars website ([Stars.ca Our-North-Star](#)) for more information about this vital not-for-profit emergency medical transport service in remote and urban areas.

If you can, we encourage you to also make a personal Tribute Donation in Ralph Timleck's memory at [Stars.ca Tribute Donation](#). After you have entered your personal and payment information, you will see 'Tribute Information' where you chose 'In Memory' and then enter 'Ralph Timleck'. You do **not** need to use the E-Card Option as Stars will track the Tribute Donations received.

A BIG 'Thank You' to Retiring EBTC Treasurer, Sandy McDonald: Sandy has stepped down from the Board to focus on family needs and priorities. She has contributed to EBTC in many different ways and is appreciated for the skills and energy she brought to every role. In describing her path to the Board, Sandy says, "My connection to EBTC began when my husband, Jim (joined 2014), and I (joined 2015, introduced by Charles World) started riding. We moved from 'Wednesday Show-n-Go' to training rides, which led to us leading the 'Sunday Afternoon Rides' for two years, followed by my year leading Tuesday night rides post-COVID.

In 2019, I volunteered to help with ride entries on the website, which quickly led to me becoming the official Webmaster on the board. After a website

upgrade, I switched roles to Treasurer, a better fit for my accounting background, which I've held for three years."

An avid supporter of volunteering, Sandy added, "I feel strongly that members who benefit from the Club should take their turn volunteering, whether it is in leading rides, joining a committee or joining the board. Joining the board involves minimal time commitments and gives you a direct say in the Club's operations and decisions."



Join the EBTC Board: In addition to the Treasurer position above, we have vacancies in planning and coordinating the 2026 Ride Season. Please contact President@bikeclub.ca to follow up on how you can contribute to EBTC's continued success. The Club is open to role sharing and modifying roles to fit member interests.

EBTC's **Treasurer** position is an excellent one to learn about this role and how a not-for-profit operates **without** assuming a heavy workload. As well, you do **not** need an accounting designation.

The role is described by Sandy McDonald as typically requiring a few hours per month (in addition to monthly Board meetings and AGM preparation). This is because EBTC's financial transactions are mainly routine and not large in number. Sandy adds, "The Treasurer role is manageable, requiring me to prepare the budget/financial statements, oversee a quick annual audit, manage reimbursements, handle club investments, and report on the current cash position to the board."

The details of the Treasurer's duties have been documented by Sandy and she will orient the new Treasurer. As well, the past Treasurer, Phil Davidson, remains on the Board and can provide support.

Upcoming Events

Calendar of Events: It's weather-dependent 'Pop-up' time for outdoor activities. Click [here](#) for the Calendar of Events to view what's on and to register. However, since most outdoor activities now 'pop-up' in the Calendar close to the event date, sign up for EBTC's Pop-Up List [here](#). You'll be notified by a Karelo email with the link to register whenever a 'pop-up' is available – whether a ride, walk/hike, ski.

Fall Social Nov. 15: Tour, Lunch, Track Events at New Velodrome!

Register [here](#) to experience the excitement of the new Alberta Velodrome in Coronation Park. It's Canada's sole world-class track facility in the west of only 3 nation-wide. Led by masters racer and track executive, Gail Wozny, we'll start with a tour, grab a sandwich (Club-supplied), and watch track league racing with an orientation by Gail.

As Gail said, “This is a perfect time for your Club to visit as the track is the only facility open”. Once the new Sports and Recreation Centre is fully operational in early 2026, it will be a busy place. Track racing is a cycling discipline that many members may want to better understand before attending (or helping out) the major events that will now take place in Edmonton, such as the national Junior (U17) championships in late March. (Photo courtesy Velodrome)



Walk the Trails of Bunchberry Meadows: Sunday, Nov. 9

Register [here](#) to hike the trails of Bunchberry Meadows just west of the city. Due to the cold morning weather, we'll start late in the morning and also go for coffee after the hike. This conservation area was closed from Sept. 15 to Oct. 31 to ensure that the land and its natural residents had a break from human activity.



Weekly Recap

We Walked the Trails of Riverlot 56, Friday, Oct. 31

June MacGregor, EBTC President

Ava Craig stepped in to lead Friday's hike, which Liz Timleck had organized. The morning started chilly and breezy but once the group of 11 entered the shelter of trees, conditions were excellent. After exploring the flat and hilly areas with Ava's direction (I sure was happy she knew where we were going), we enjoyed lunch in downtown St. Albert. There is no Friday hike this week – see Bunchberry on Sunday above.



From the Saddle

Five Country European Cycle Tour Freeman & Sonja Taylor, EBTC Members

In early September, a group of 11 EBTC current and former members along with a few members from Rocky Mountain Seniors gathered in Maastricht, Netherlands. We were about to begin a cycling tour touching parts of the Netherlands, Belgium, France, Luxembourg and Germany over a period of nine days. The trip was planned in conjunction with www.Fietsrelax.nl who arranged for our bike rentals, luggage transportation, our daily accommodation and provided the GPS routing and pertinent area information.

Read full story [here](#).



This Week's Unusual Bike: It's a Bike! It's a Van! You Decide! Ann Sutherland, Newsletter Editor

Member Larry Richard sent me a link to a very informative and entertaining Youtube video of a unique bike – technically an electrically assisted pedal cycle. The video debates whether it is in fact a bike or something else. Have a watch [here](#) and you decide!

Send your unusual bike/bike-related photo to newsletter@bikeclub.ca to be featured in upcoming newsletters.



Helpful Links

Sign Up:

[Click here for EBTC membership](#)

[Click here to join the Pop-up Email List](#)

[Click here for RideWithGPS member access](#)

Dive deeper into the EBTC community:

[Click here to contribute to the Newsletter](#)

[Click here to connect with EBTC on Instagram](#)

[Click here to see the public EBTC Facebook page](#)

[Click here to connect with the members Facebook group](#)

[Click here to bring a friend on an EBTC ride](#)

[Click here to visit the EBTC website](#)

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