



## December 1, 2025

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### In This Issue:

- 2026 membership open
  - Volunteers needed
  - Enjoying winter weather
  - ...and more!
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### From the Board

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#### 2026 Membership Registration Open

EBTC's year is the calendar year; therefore your 2025 membership will expire on Dec. 31. Click [here](#) to sign up in Karelo for 2026:

- The 2026 membership fee remains the same: \$45 for one person and \$25 for an additional adult in the family. It's a great deal for a year that has some 200 rides, other outdoor activities, and social events.
  - Sign up early to register for walks/hikes, cross country skiing, and socials events happening early in the new year.
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#### Volunteers Required

To express your interest, email June MacGregor at [President@bikeclub.ca](mailto:President@bikeclub.ca)

The Club's priority at this time is to fill positions needed for the 2026 Ride Program. **No matter what you volunteer for, we'll ease you into the role** with support, training, mentoring.

- **Ride Program Coordinators** for (1) Series Rides, (2) Once-a-season Day Rides, (3) Multi-Day Tours. In these roles, you'll coordinate with ride leaders to plan, launch and manage the ride season. We've divided 'one' previous role into 'three' to allow focus on a single ride type, with reduced workload.
  - These are great roles if you've enjoyed EBTC's rides, are keen on cycling and like to plan, organize and work with others – and you can serve on the Board or have one Coordinator for the Ride Program on the Board.
- **Ride Program Team.** On this team, you'll support the Ride Program Coordinators with specific assignments, mainly for winter planning of the ride season.
  - These are good roles to learn how EBTC plans the ride season.
- **Ride Leaders.** EBTC is looking for members interested in the following. If you already ride, it's not a big step/workload to lead or to plan and lead.
  - planning and leading a ride for members, whether a season-long or a mini Series (weekly or alternate weeks), a Once-a-season

Day Ride, or a Multi Day Tour. EBTC has many existing routes to reuse for these purposes.

- supporting an existing ride leader by periodically leading his/her pre-planned ride.
- step in to lead when an existing ride leader has to be away and calls for an alternate.

### **Why Volunteer?**

- ✓ *Learn how a member-led club operates*
- ✓ *Share your love of cycling/other outdoor activities*
- ✓ *Support EBTC in offering members a great program of activities and socials*
- ✓ *Give back for what you've enjoyed*
- ✓ *Gain new skills for your resume or personal interest*
- ✓ *Get to know other Club members*
- ✓ *Share your skills and experience*
- ✓ *Have input into EBTC's future and ongoing success*

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## **Upcoming Events**

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### **Legendary Stroll: Sunday, Dec. 7**

Liz Timleck, Walk Leader

Are you ready for some true wilderness exploration? This route is so remote that it doesn't have even one coffee shop. We'll meet at the corner of Sherwood Dr (Rge Rd 232) and Twp 540 (Legends Golf Course), and head north until we find the mighty North Saskatchewan River, then follow it for a few kilometres.

This is an out-and-back route so we can turn around whenever we want, maybe 4 or so km out on a flat, easy path. As there are no facilities, you might want to bring some water and/or a snack.

After the walk, we can head down to try Gratitude Coffee just a bit south of Hwy 16 and west of Rge Rd 232.

Register [here](#) or from the [Calendar](#).

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**Check for 'What's On' in the Calendar or in a Pop-Up Email:** Click [here](#) for the Calendar of Events to view what's on and to register. Or, if you haven't already done so, sign up for EBTC's Pop-Up List [here](#) to be notified by a Karelo email whenever a 'pop-up' is added – whether a ride, walk/hike or ski planned close to the event date.

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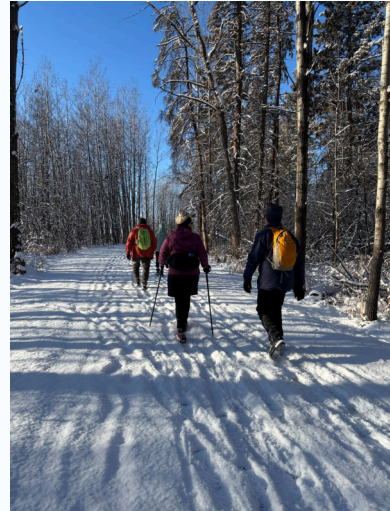
## **Weekly Recap**

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### **Walking in a Winter Wonderland, Friday, Nov. 28**

Liz Timleck, Walk Leader

Friday's walk took us from the Seniors Centre in St. Albert through White Spruce Park. The weather was perfect, lots of sunshine, minimal wind and fresh snow - who could ask for anything more. We returned to the Seniors Centre for coffee/lunch and planning for future outings.



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## From the Saddle

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### Timely Suggestions for Enjoying the Great Outdoors

Ann Sutherland, Newsletter Editor

Winter has arrived, so we are rerunning an article which is useful whether you are biking, hiking or skiing - **Winter Cycling Tips: The Extremities – Heads, Hands, Toes**. It was originally supplied by Scott Keast, former Safety and Education Coordinator. Click [here](#) for these helpful tips.



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## Helpful Links

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Sign Up:

Click here for  
EBTC  
membership

Click here to join  
the Pop-up  
Email List

Click here for  
RideWithGPS  
member access

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Dive deeper into the EBTC community:

Click here to contribute to the  
Newsletter

Click here to connect with  
EBTC on Instagram

Click here to see the public  
EBTC Facebook page

Click here to connect with the  
members Facebook group

Click here to bring a friend on  
an EBTC ride

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