



October 6, 2025

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From the Board

Mystery 'Pop-up' Outdoor Activity, Thanksgiving Monday (Oct. 13):

Whether a **ride or a walk**, we're aiming to have an EBTC activity next Monday. Ride Leader, Liz Timleck's planned ride through Elk Island Park is becoming more iffy with each day's chillier weather forecast.

So, check your emails later this week for a Karelo email notification of a 'pop-up' activity in the great outdoors. We may even enjoy some Club-supplied coffee/tea and goodies out there.

If you haven't yet signed up for **EBTC's Pop-up List**, this is the time to do it as outdoor activities are now weather-dependent 'pop-ups', i.e., planned by the leader close to the event date. Sign up [here](#) to be notified by a Karelo email (with the link to register) whenever a pop-up is added to the Calendar

Upcoming Rides

Calendar of Events

Click [here](#) for the complete list of what's on and to register.

Pop-up Season

Phil Davidson, EBTC Webmaster

Rider leaders have become weather watchers. We've had a couple cool and/or breezy days when cycling didn't sound like much fun but we've had more days of glorious fall weather with sun, harvest sights, colour – great cycling with great company. Rides are all pop-ups at this time of year, scheduled only a few days in advance when the forecast looks good. So far this week we have a Tuesday ride (see below) but watch for more later in the week – possibly a Friday Quiet Road ride on Oct 10. Check your email and the weather forecast on the day in case the current forecast is not entirely accurate.

Garrison to Quarry Bridge, Tuesday, Oct. 7

Liz Timleck, EBTC Ride Leader

Check out the new bridge and (optionally) stick around for coffee with fellow enthusiasts. Click [here](#) for information or to register.

Ride Recap

Wednesday Evening Exploring with AL, Oct. 1

Al Carlson, Ride Leader

We met in the parking lot with a big, beautiful white cloud covering most of the sun. Little did we know that hiding in there was thunder, lightning and rain. Four of us headed north into the Riverside area of St. Albert.

We wandered around and after ending up at the same dead end twice, Peter the mountain biker, lead us around the concrete barrier onto Meadowview Drive by the grain elevators. Question: If a police car backs into a clump of trees close to the road, do we do a FULL stop at the STOP sign? Of course. Strange place to hide, by a road to a dead end.

Once we got to Lacombe Lake, we heard thunder and saw lightning so decided to head back. The nice path came to a dead end, so we backtracked and it started to rain, which lasted about 10 minutes. The sky ahead was blue-grey with lots of pink. Another nice sunset, but we were a bit late to go to Big Lake.



Friday Quiet Roads: Terwillegar to Blackhawk, Oct. 3

June MacGregor, Ride Leader

In the peak of fall colours, our 42 km ride took us from the Terwillegar Rec. Centre to the Blackhawk Golf Course area and return. Crossing the river twice gave us great panoramas of yellows and oranges and the 'delight' of climbing almost 250 metres. The peak 'delight', however, was our break at the Malina Ukrainian Bakery with it's (too) many tempting treats and excellent coffee.

Currently, I am watching the forecasts and can't yet decide whether Oct. 10 will be a good riding day. So, check your emails for a possible pop-up ride, shorter in distance and starting later than the summer Friday rides.



From the Saddle

Preparing Your Bike or Selecting a Bike for Winter Riding

Mary Anne Stanway, EBTC Safety & Education Coordinator

It's coming up to that time of year to think about winter riding – for those of us who are keen year-round riders. Click [here](#) to learn about bikes for winter. This article was prepared in 2023 by past long-serving Safety and Education Coordinator, Scott Keast, and remains relevant today.

We will rerun this article and last week's article 'Putting your Baby to Bed' in upcoming fall Newsletters. They each contain so much useful and timely information.

This Week's Unusual Bike

Ann Sutherland, Newsletter Editor

In last week's newsletter, we asked members to email photos of unusual bikes, including relevant information, to Newsletter@bikeclub.ca. Our feature this week is from Phil Davidson, who says, "This bike is in working order as was seen parked outside of a shop in Montpellier, France."

Please keep these interesting photos coming!



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