



September 1, 2025

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From the Board

Heat! Smoke! Ride? EBTC's policy is that it's up to the ride leader to decide whether to offer a ride; it's also up to each member to decide whether to participate. This policy reflects the fact that our individual tolerances for different weather conditions vary significantly and, as adults, we each know whether it's too hot, cold, smoky, etc. for us.

EBTC's Oregon Trip: The Club's Oregon Trail ride starts soon and a member has asked why EBTC supports a U.S. trip at a time of threats toward our country. In response, we note that travel to the U.S. continues to be a matter of individual choice for Canadians, with the Government of Canada maintaining its longstanding advice to "take normal security precautions". As well, the trip was planned prior to the current hostilities and, as per EBTC policy for overnight trips, participating members pay a trip fee which covers the full cost (i.e., no Club subsidy). For these members, this is an iconic, often once-in-a-lifetime ride to do while they are capable to tackle the challenging coastal terrain.

Edmonton Bike Swap, Sunday, Sept. 7: If you are looking for a bike or have one to sell or donate, click [here](#) for details and FAQs. EBTC will be there with our brochures and flag – so drop by to say hi.

Canadian Birkie Society's Off-road 'Bikenbender', Sat., Sept. 13: Click [here](#) for info and to register for this Cooking Lake-Blackfoot event. Registration closes on Sept. 3.

Upcoming Events

Calendar of Events

Click [here](#) for the complete list of what's on and to register.

Target on! Into the Fall, Saturday, Sept. 6

Phil Davidson, EBTC Webmaster

After a BBQ break and ride at Pigeon Lake, we'll resume targeting on with a 71 km loop from Kingswood Park through Morinville and Bon Accord.

For information or to register click [here](#), or visit the calendar

Autumn Hub & Spoke, Sunday, Sept. 14

Larry Zelazo, Membership Coordinator

These shorter or longer rides start in South Cooking Lake Park and are organized by Larry. There will be other ride leaders and sweeps for each loop. Snacks and drinks will be provided by EBTC at the park during breaks and at the finish. There will be plenty of time to socialize!

This event is designed to be suitable for all levels of cyclists in our club. The rides return to Cooking Lake Park for breaks and bathroom visits during the ride. So register and get your EBTC friends to join you!

The shorter ride starts with a 35 km loop and followed by an optional 25 km loop. The shorter loops are a meet-up-at-corners ride and thus Ride with GPS is optional. The challenging longer ride has up to 3 loops: the first loop is 63 km, the second is 35 km and the optional third loop is 25 km. RWGPS is a must for the challenging longer ride. You are in control of your ride choices! There will be no support out on the road for these rides.

In the event of bad weather we will postpone this event to the next weekend.

- Click [here](#) to register for the challenging longer loop ride (63 km or more)
 - Click [here](#) to register for the shorter loop ride (35 km or 60 km).
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Ride Recap

Pop-up Ride: Johnny's Store to The Quarry, August 26

Liz Timlek, Ride Leader

On Tuesday we had an enthusiastic group of members cycle from Johnny's Store to the new bridge at the Quarry. It was a beautiful day for the ride with lots of sunshine and no wind to speak of. Johnny's was a welcome rest stop at the end of our ride. We enjoyed cold drinks and ice cream on their new patio.



Wednesday Evening Exploring with AL, August 27

Al Carlson, Ride Leader

Wow 32C! What a big change from last week. Our group of five headed into St. Albert along the Sturgeon River, thankfully on lots of tree-lined paths. We shared the paths with walkers, cyclists, scooter riders and one roller skater who scared me as he roared past on my left as I was signaling left to go onto the footbridge. After stopping at Kingswood for a photo, we cycled to Mercato for treats so I got my ice cream!

Heading back on the same paths, the air was much cooler. We got to Big Lake as the sun was setting.

Next week the forecast for 28C, so a bit nicer (I can't say cooler). With the sun setting earlier we have decided to start at **6:00 p.m.** Come on out and join me **September 3** by clicking [here](#) to register. Plan to join us on September 10 and 17 as well.



Friday Quiet Roads, August 29

Robin Lane, Rider Leader

Friday's ride started from Ardrossan at 9:00 a.m. to beat the heat. A scenic new route took us through the acreages of Sherwood Park which included a couple of good hills. The coffee stop at Half Moon Lake Resort was well deserved. A great day for a bike ride!

On **Sept. 5** the ride will be out of Spruce Grove with some good ups and downs, and a break at Muir Lake and coffee at the end. Click [here](#) to register.



Sunday Social & Fitness Ride, August 31

Betty Lafave: Ride Leader

We started at 9 a.m. to beat the heat - it was pretty warm for the last day of August. We had a great 40 km ride from Ardrossan to Fort Saskatchewan. The nicely paved RR222 made our ride smooth and fast!

Join us next week at Partridge Hill for a 45 km ride through the West Gate of Elk Island Park. Click [here](#) to register.



Helpful Links

Sign Up:

Click here for
EBTC
membership

Click here to join
the Pop-up
Email List

Click here for
RideWithGPS
member access

Dive deeper into the EBTC community:

Click here to contribute to the
Newsletter

Click here to connect with
EBTC on Instagram

Click here to see the public
EBTC Facebook page

Click here to connect with the
members Facebook group

Click here to bring a friend on
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Click here to visit the EBTC
website

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