



Newsletter

Fun Fitness Friends

September 22, 2025

In This Issue:

- Pop-up Rides
 - Ride recaps
 - ...and more!
-

From the Board



(Shorter Days) + (Cooler Mornings) = Pop-ups: While the long-term forecast looks okay for cycling, the transition from weekly series rides to pop-ups is underway. Ride leaders at this time of year are checking the weather: they may decide to offer a pop-up that starts at a different time and has a different distance than the weekly rides they have offered. If you aren't on EBTC's Pop-Up Ride List, sign-up [here](#) to be notified by email whenever a pop-up is added to the Calendar. These notifications include the link to register and also avoid the need to frequently check the Calendar for pop-ups.

Upcoming Rides

Calendar of Events

Click [here](#) for the complete list of what's on and to register.

Target On!: Figure 8, Sept. 27 (52 km or 86 km)
Phil Davidson, EBTC Webmaster

The weather is still looking great so let's keep riding. We'll head north from Ardrossan to Fort Saskatchewan, then east and back for a 52 km loop. From the start we'll head south for an optional 34 km.

Click [here](#) for info or to register.

Ride Recap

Pop-up Ride: Garrison to Raven Crest, Tuesday, Sept. 15

Liz Timleck, Ride Leader

On Tuesday, 15 of us headed out from the Garrison Golf Club to Raven Crest Golf Club. We were greeted with beautiful blue skies and absolutely no wind. We encountered road construction just before Raven Crest so we collectively made the decision to turn around and head to the Quarry Golf Club. We took our break on their patio overlooking the greens. Morning temperatures are a tad cooler now so we might start our rides a little later in the near future.

Join us if you can on Tuesday, **Sept. 23** for my next pop-up ride from Villeneuve to Calahoo via Glacier Greens Golf Club. Click [here](#) to register.



Wednesday Evening Exploring with AL, Sept. 17

Al Carlson, Ride Leader

On Wednesday, four of us explored NW St. Albert on a perfect summer day. After riding along the Sturgeon River, we headed across the Children's Bridge and cycled north to the end of the main path. From there we went west to an area that I had never been in. So we explored, following what appeared to be the main path. Someone asked, "Does he know where we are going?" I said, "not exactly", so we zig-zagged on streets and paths, ending up at Lacombe Park Lake.

We then headed west to Ray Gibbon Drive, and south on a nice wide path. Finding a nice new path on the left, we took it. But it ended and turned into a two-track old road that eventually took us to a residential street. From here Lisa knew how to get into White Spruce Park on a short gravel section. We got to enjoy the sunset at Big Lake.

Oh yes, Leslie was disappointed that I didn't have a stop planned – you know, for ice cream.

Come join me next Wednesday, **Sept 24**. Click [here](#) to register.



Friday Quiet Roads: Adrossan-Half Moon Lake, Sept. 19

June MacGregor, Ride Leader/Sweep

On an ideal late summer day, we rode a loop starting in Ardrossan that essentially followed the 2024 Biking Like a Viking (Tour de l'Alberta) route. We stopped in at Half Moon Lake Resort for a break to find that the store with all the goodies is closed until early afternoon at this time of year. However, everyone enjoyed their own snacks on the deck overlooking the reflection of fall colours in the mirror-still lake. Thank you to Phil Davidson for leading while I stayed back as the group moved along at a good, steady pace.

The Sept. 26 Friday ride is a weather-dependent 'pop-up'. For details, check for a pop-up email notification or the Calendar.



Target On!: Calmar Bakery, Sept. 20

Phil Davidson, EBTC Webmaster

Ho hum, just another perfect day in paradise. Warm, but not hot. Sunny, no wind, lovely harvest scenery and a great group of riders. A dozen rode the 63 km direct route to Calmar, while three added the Thorsby loop.

The highlight, of course, was the Calmar Bakery. A Calmar neophyte said that the bakery lived up to the hype while at least one mused about driving back after the ride to pick up more baked goods.

As the weather is still looking good, we'll pop over to Ardrossan next week for a 52 or 86 km ride. Click [here](#) for details or to register.



Sunday Social Ride: U of A Garden, Sept. 21

June MacGregor, Ride Leader/Sweep

This may have been our last opportunity of the season to cycle to the U of A Botanic Garden. Phil Davidson led the group on a 48 km route, which included a loop around the scenic Blackhawk Estates/Golf Course area. Some riders had a lunch break and chat at the Garden's patio while others headed off to finish the ride due to other commitments. A perfect last-day-of-summer ride for all.

The September 28 Sunday ride is a weather-dependent 'pop-up'. For the details, check for a pop-up email notification or the Calendar.



From the Saddle

Thank You: Autumn Hub & Spoke Rides, Sept. 14

June MacGregor, EBTC President

Last week's Newsletter had a report on this event. This week, I would like to say thank you to the members who made the event a success on behalf of the 43 riders: **Larry Zelazo**, EBTC Membership Director, for again planning this annual event; **Julie Moehrle**, EBTC Social Events Coordinator, for purchasing and organizing snacks and drinks at the South Cooking Lake park; **Ava Craig** for supporting Julie at the park; **Betty Lafave**, EBTC Secretary, for leading the short-distance riders; **Phil Davidson**, EBTC Webmaster, for leading the final group of long-distance riders; Julie's and Ava's friendly dogs, **Finnegan** and **Molly**, for welcoming the riders.



Helpful Links

Sign Up:

Click here for
EBTC
membership

Click here to join
the Pop-up
Email List

Click here for
RideWithGPS
member access

Dive deeper into the EBTC community:

Click here to contribute to the
Newsletter

Click here to connect with
EBTC on Instagram

Click here to see the public
EBTC Facebook page

Click here to connect with the
members Facebook group

Click here to bring a friend on
an EBTC ride

Click here to visit the EBTC
website

Edmonton Bicycle and Touring Club

11660 79 Ave NW, #304, Edmonton
Canada T6G 0P7

© 2025 Edmonton Bicycle and Touring
Club. All rights reserved.

You received this email because you
joined EBTC or asked to be added. If
you don't want to receive the newsletter,
click below.

[Unsubscribe](#)

