



January 12, 2026

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From the Board

Renew with EBTC

EBTC does not come in a jar or bottle 'renewing' elixir but in many 'rejuvenating' activities. Before we're into cycling, we have pop-up skiing and walking, as well as an AGM and other social events. BUT, you need to [renew](#) your membership before you can register for 2026 events!

Rejuvenate with EBTC Pop-Ups

It's the time of year to revitalize with weather-dependent pop-up walks and cross-country skiing, which are planned and open up for registration close to each event's date. If you haven't already done so, sign up for EBTC's Pop-up List [here](#) to be notified by a Karelo email, with the link to register, whenever a Pop-up is available.

Volunteer for 2026 Edmonton Birkebeiner

Volunteer at Birkie Aid Station, Saturday, Feb. 14, 2026
Freeman Taylor, EBTC Member

EBTC has participated in the Birkie for over 25 years by supplying volunteers to operate the Round-Up Food Station. This is the first food

station where both the 31 km and 55 km skiers pass through.

Many of us have worked at the station for several years now and for this year's event we are seeking additional EBTC volunteers to join in the fun on **Saturday, February 14th**.

As volunteers we have an early morning start to set up the station, prepare Gatorade, water, and various snacks for skiers. Once skiers start to arrive, the environment is fast paced and continues until the last skier has passed through.

What you need to know:

-Be prepared for a 7:00 a.m. meet-up at the Waskahegan staging area in Blackfoot Provincial Recreational Park where, once all our equipment is loaded up, we are transported to the Round-Up Station. We usually finish around 2:00 p.m. and are taken back to the staging area for refreshments and a smokie or hot dog lunch.

-Remember that it could be (will be) cold so dress in layers of your warmest clothing and have appropriate warm footwear as you will be standing in the snow for several hours (we do set up a tent with a heater and start a firepit to offer some warmth)

-Most of all bring your biggest smile, be prepared to laugh (even when cursing the cold), cheer on the skiers, and enjoy the company of your fellow volunteers

If you would like more information and/or would like to volunteer, please contact Freeman Taylor at freeman.taylor@shaw.ca.



Weekly Recap

XC Skiing in Devon, Friday, Jan. 9

Sonja Taylor, Ski Leader

Twelve people participated in a beautiful late morning ski at Devon Golf Course on Friday, January 9. The temps and snow conditions were perfect

and the track setting was impeccable (as is usual for this golf course)! We skied any where from 5-11 km then enjoyed each other's company over lunch at the Devon Golf Clubhouse! Keep your eye open for more pop-up Nordic ski events!



Walk from Kingswood Park, St. Albert: Monday, Jan. 12

Liz Timleck, Walk Leader

Nine of us covered a distance of 9 km with a stop at Ahalan Coffee House on route. To say it was a beautiful day would be an understatement. Whatever adventures we take we always seem to find something interesting. Chairs and an umbrella?



From the Saddle

2025 in Review: By the Numbers

Phil Davidson, EBTC Webmaster (and number cruncher)

Now that 2025 is behind us, let's take a peek in the rear view mirror to see where we've been.

EBTC offered 200 events in 2025 with a total of 2430 registrations among our 321 members. Click [here](#) for more numbers (and a couple photos).



Helpful Links

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Click here to join
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Dive deeper into the EBTC community:

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Click here to see the public
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Click here to connect with the
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Click here to bring a friend on
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