



June 29, 2026

EBTC is a vibrant, member-led club sharing a passion for cycling and other outdoor activities.

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From the Board

Please cancel your registration if you can't make the ride or other event. This little plea appears in many descriptions for rides or other events. Why? EBTC Leaders depend on the list of registrants in the Karelo system to know who is supposed to be there, whether they're starting their rides or arranging for food/beverages. In terms of ride start, Ride Leaders aim to start 'on time' and to avoid waiting around. By cancelling, you also open a spot for others if registration is full. You save the Club some registration costs too, which are small per registration but sure can add up over time.

Reminder of how to cancel:

- From your Karelo Registration Confirmation email. Click 'Change Registration' near the top right of the email and follow the instructions.
- By logging into Karelo and clicking on My Registrations. Choose the ride or other event you want to cancel and scroll down to the cancel button.

Although your all-powerful Board has ordered up less rain, tail winds and no smoke for the rest of the summer (choke, choke), members are still free to cancel their registrations for any reason.

Upcoming Events

Note: The following are just some of the rides being offered. Members are encouraged to look at the [Calendar](#) for additional rides - but remember to refresh your browser by clicking the circular arrow icon on your computer or smart phone to see the most up-to-date information. Brief descriptions of EBTC's regular Series rides are found in [Series Summary](#).

Thursday, July 2: Bold Explorers Enjoy Riding III

Kevin Zaychuk, Ride Leader

If you enjoy a 20 km easy-paced ride at the end of the day, exploring new neighbourhoods and some socializing afterwards please sign up now for our ride on Thursday evening. For those of you who were on the ride last week it will be starting and finishing at the place we took a break at. See you this Thursday! Please be ready to ride 15 minutes before start time so we don't cut into our socializing time ;>)

For more info and to register click [here](#).

July 5, 2026: EBTC's "Gran Fondue"

June MacGregor, EBTC President & Julie Moehrle, Social Coordinator

The one-week weather forecast is looking fine for this Ardrossan-based day!

Registration closes 11:00 p.m., Thursday, July 2 in order to arrange for our sandwich and chocolate fondue lunch, supplied by EBTC.

If the weather turns terrible, we may still have a good day to socialize with old and new members and enjoy sandwiches and fondue – and might have some indoor games too.

Choose from the following options to register and to get more info, including where to park because the facility (Ardrossan Senior's Club, just across the street from the big Recreation Complex) has limited parking. All rides are 'social' with regular group-ups.

- Short ride (35 km) with lunch: Register [here](#).
- Intermediate Ride (50 km) with lunch: Register [here](#).
- Target 100 (95 km) with lunch: Register [here](#).
- Not Riding, lunch only: Register [here](#).

([Photo credit](#))



Sunday, July 12: Tour de l'Alberta/Biking Like a Viking – Registration Closes July 11

June Macgregor, EBTC President

Click [here](#) for more info and to register for this premier cycling event. Choose from four distance options: **35 km** Beaver Hills Biosphere Tour; **55 km** Biking Like a Viking | Half Century Ride; **100 km** Tour de L'Alberta | Metric Century Ride; **160 km** Grand Tour de L'Alberta | Century Ride.

EBTC members have also been sent a Karelo email with a **Promo Code** for a further **15% off** the posted rates.



Weekly Recap

Tuesday, June 23: Elk Island Ride and Picnic

Liz Timleck, Ride Leader

Tuesday's social ride was exceptional, not only because the weather was perfect but so was our group. The hill climb out of Lamont seemed a little easier than usual. Our short stop at Astotin Lake was a great spot for pictures. The picnic/80th birthday celebration at the end was delicious and justified.

Hope to see many of you on Canada Day, Wednesday, July 1, on the Morinville-Legal loop. Register [here](#).



Tuesday, June 23: Hill Tops and Coffee Shops

Dean Cooper, Ride Leader

Throwback Tuesday - remember six days ago when we had a bit of sunshine? It was a glorious morning to meet at Transcend in Ritchie and

shoot for our first 400 m elevation ride in the Hill Tops & Coffee Shops series. The amazing part? It doesn't seem like that much work when it's spread out across the lush green river valley (and when it ends with mochas and muffins)!

Although no promises for sunshine this week, we hope to give it a go tomorrow (June 30) from Little Brick in Riverdale – and we're definitely banking on blue skies for our Series Finale ride on July 7 (starting and finishing at the new Lift Me Up café in Hawrelak Park). Join us for either or both of our remaining Hill Tops rides for 2026!

Register [here](#) for June 30 and [here](#) for July 7.



Thurs., June 25: Bold Explorers Enjoy Riding - The Sequel

Kevin Zaychuk, EBTC Treasurer

We couldn't have asked for a better evening and a better group of riders. The only downside was that when we arrived at our destination, their CO2 system broke down, so we were relegated to drinking from cans out of the fridge...except for the people who partook in cider as it was still served on tap.

It was a good time enjoyed by all and I am happy to say I have done a reconnaissance mission and the draught is now pouring.

See you this coming Thursday, July 2, starting from the place we took a break at! See above in Upcoming Events for info and to register.



Friday, June 26: Pop-up From Kingswood Park

Liz Timleck, Ride Leader

Today was a challenging ride as we were accompanied by a fairly strong wind, more head than tail. Traffic was heavier than usual which made crossing the highways a little tricky.

On a more positive note we had no rain, the temperature was lovely and we had a fantastic team with everyone abiding by the rules of the road so we made it back to Kingswood safe and sound.



June 26: Friday Quiet Roads

June MacGregor, Ride Organizer & Support Driver

In spite of a forecast of howling winds but no rain until late in the day, 11 members rode west and south of Devon. They met up with the small group of Cross-Canada riders and their support van, led by Bob Fletcher, who started the day at Pigeon Lake with Edmonton as their destination. After a delay due to an incident on the road, lunch was available in the windy but mosquito-free yard of Wilton Park Hall. Riders faced a gusty head wind for the return to Devon.

Next week's Friday ride is a loop from the west end, with a break for snack or lunch on the covered patio at the U of A Botanic Gardens. Click [here](#) to register.



Helpful Links

Sign Up:

Click here for
EBTC
membership

Click here to join
the Pop-up
Email List

Click here for
RideWithGPS
member access

Dive deeper into the EBTC community:

Click here to contribute to the
Newsletter

Click here to connect with
EBTC on Instagram

Click here to see the public
EBTC Facebook page

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members Facebook group

[Click here to bring a friend on
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