Newsletter

Fun Fitness Friends

August 31, 2026

EBTC is a vibrant, member-led club sharing a passion for cycling and other outdoor activities.

In This Issue:

- Chickakoo Fall Colours ride
- Peking Duck
- B.E.E.R. ride
- Ride recaps
- ...and more!

From the Board

Something Completely Different!! Peking Duck Banquet Sunday, Sept.13 from 6:00 to 8:00

Knowing that cyclists are foodies, gastronomes, and all-round bon vivants, we've organized a private event to enjoy a Peking Duck feast and to hear stories about Edmonton's historic Chinatown. Imagine, an EBTC event without cycling, hiking, headwinds, etc. – although you might want to get outdoors and get hungry before this banquet!

A partner/friend can join you and the cost is only $35/person (excluding drinks and tip). Note: this banquet is arranged by the not-for-profit Chinatown Transformation Collaborative Society, which is the winner of Edmonton's 2026 Culinary Tourism Award.

Registration for this event has two steps:

1. Click **here** to sign up in Karelo.
2. Open your Karelo Registration Confirmation email to find the Explore Chinatown Edmonton link to register, pay for and attend this private

event.

We hope to see many of you on the evening of Sunday, Sept. 13.

Upcoming Events

Note: We can highlight only a few rides/events in the Newsletter. For **all** rides/events available to members, **please check the EBTC website Calendar** - but **first refresh your browser** (by clicking the small circular icon ⟳) to see the most up-to-date information. Descriptions of regular Series rides are found in **Series Summary**; once-a-season rides are at **Unique Day Rides and Multi-Day Trips**.

Ride Leaders may also offer 'pop-up' rides at short notice depending mainly on weather conditions. Click **here** to sign up for our **Pop-Up List** to get an email whenever a pop-up is available (with the link to register).

Thursday, Sept 3: Extended B.E.E.R. Ride Season!!

Kevin Zaychuk, Ride Leader

Hey Bold Explorers! Let's do one more ride.

We will be starting and ending in my neighbourhood for another social ride this Thursday, September 3rd from another brewery on Happy Beer Street.

We will depart at 6:30 PM as usual so please arrive early and be ready to roll.

Check the Club **calendar** or click **here**. I look forward to seeing you there!

NEW Saturday, Sept. 26: Chickakoo Fall Colours Ride

Larry Zelazo, Ride Coordinator

SAVE THE DATE for an autumn ride at Chickakoo Lake planned for Saturday, **September 26th**. This is a ride to enjoy the lakes and the colorful fall leaves of the forests in the Glory Hills.

We are seeking members to volunteer to be ride leaders for one of the three distances: 30 kms, 45 kms or 78 kms. Ideally, we will have volunteers at each of the ride levels (Easy, Intermediate, Challenging).

You do not need to be a fast rider to be a volunteer. Please contact Larry Zelazo at **membership@bikeclub.ca** or phone at 780-720-1702 if you are interested in leading or need more information on how to be a ride leader on this ride. Karelo knowledge and route selection and management is not required for this event.

All the ride leader needs to know is how to follow the RideWithGPS route navigation tool or have the route printed out so they can follow the route. This is an ideal starter event for someone interested in having an easy introduction to leading EBTC rides.

Monday, Sept 7: Chase the Sunrise Breakfast Ride

Sonja Taylor, Ride Program Coordinator

Join us for the 4th annual Chase the Sunrise Breakfast ride. Cycle with the sunrise on quiet country roads, breakfast at IHOP, then a nice cycle back - approx. 55 km round trip with cost of breakfast up to each individual. Meet in Sherwood Park at 6:30 a.m. and start to ride at sunrise. Sunrise is scheduled for 6:52 a.m. Check the club **Calendar** or click **here** for more information or to register.

Saturday, Sept. 12: Bikenbender Off-Road Cycling Event

If you are keen on off-road cycling, take a look and register for the Canadian Birkie's **Bikenbender Event** in the Cooking Lake region. The 37 km course of rolling hills features grass trails, gravel roads and double-tracked paths with three timed competitive sections.

Sept 22-24: 3rd Annual Cycling Fairmont Hot Springs Area

Sonja Taylor, Ride Program Coordinator

Looking for a short fall cycling trip? Check out this intermediate level multi-day cycling trip from September 22-24 (arrive on evening of September 21) in the Fairmont Hot Springs (FHS), BC area.

Day 1: drive to Cranbrook and cycle to Marysville or Kimberley (and back).

Day 2: cycle from the hoodoos in FHS to Invermere (and back).

Day 3: cycle from FHS to Windermere Golf course (and back) + optional hiking in the afternoon.

Participants are responsible for organizing their own accommodation, food and transportation.

For more details or to register, click **here**.

Weekly Recap

Aug. 15: Tuesday Social Ride from Johnny's Store

Liz Timleck, Ride Leader

What a fantastic day on the bikes! We had an amazing group of 20 cyclists for Tuesday's social ride.

We rolled out of Johnny's store in Namao, Alberta's oldest general store, and enjoyed a beautiful ride to Raven Crest golf club. The weather couldn't have been better: plenty of sunshine, no wind and perfect riding conditions.

At Raven Crest we took a well-earned break for coffee, snacks and a chance to visit before heading back. After the ride, several of us relaxed on Johnny's patio with cool drinks and great conversation.

A big thank you to everyone who came out and made it such an enjoyable day! I will be away for the next two Tuesdays, but Larry has kindly stepped up to lead the Tuesday social rides. Thanks Larry! Click **here** to register for this Tuesday's ride.

Coming soon! Keep your eyes peeled for a special ride to Raven Crest for brunch/lunch later in September or early October. We'll offer two route distances and two riding speeds, so there will be an option for everyone.

Wed., August 26: W.E.E. Ride

Betty Lafave, Ride Leader

A group of eight enjoyed a slower paced 22 km ride on Wednesday evening. Starting in Callingwood, we cycled through several neighborhoods, over Whitemud Drive to Laurier Heights, down the hill and around Laurier Park, back up the hill with a stop to enjoy the view on Valleyview Drive. On the way back we cycled to Summit Drive and took an alternate route back to Callingwood.

Join us this Wednesday at the Callingwood Rec Centre for a 20 km ride through some of the new west end communities in the Lewis Estates area. Register **here**.

August 28: Friday Quiet Roads to U of A Gardens

June MacGregor, Ride Organizer

The ride from Lessard Rd. south on 199 St., around the Blackhawk Golf Course area and out to the U of A Gardens for a break is always a favourite. Although the food concession at the patio is still closed for repairs due to flooding, it's relocated up the hill. So, we picked up our snacks/lunch and sat in the cool shade of the patio and chatted – a great way to spend part of a Friday.

There may be a ‘pop-up’ for next Friday’s ride by an alternate ride leader as I am not available to lead on Sept. 4.

Sunday, Aug. 30: 1st Annual Lac Ste Anne Rides & BBQ

June MacGregor, EBTC President

With cool, cloudy conditions and a touch of yellow in the forests, it sure felt like autumn on the drive out to the Lakeview Campground and Event Centre at Lac Ste Anne. But with the sun appearing by afternoon, it was a first-rate day for cycling and a barbeque. The roads were great, there was very little traffic and there was no rain! Most of the 55 members either cycled 70, 50, or 26 km and a few chose the no-ride bbq option.

The 70 km riders arrived early for a 9:30 start under cool but dry skies. Splitting into two groups, led by Sonja and Freeman Taylor, the group headed to Darwell for a quick break before carrying on to Lake Isle Community Center, the turnaround point. On the way back, there was a brief stop at Ste Anne’s mission, the site of an annual pilgrimage. (Below: 70 km riders)

The 50 km riders split into two smaller groups led by Betty LaFave and Ann Sutherland. After a short break at the pier in Alberta Beach followed by a short tour of the Ste. Anne Shrine, the group continued to West Cove on the other side of the lake which was the turn around point. (Below: 50 km riders)

The 26 km route, led by me, also stopped at the pier on the way to explore the St. Anne Shrine. Our return included the interesting Alberta Beach Heritage Village and Museum. (Below: 26 km riders)

The post-ride lunch was a hit, with Charles World barbecuing smokies to perfection (gifted by the Birkebeiner Society) and Julie Moehrle, EBTC's Social Coordinator keeping the buffet table well stocked. They each arrived early for set up, stayed late for clean up and deserve a 'giant panda bear hug' – something to remember the next time you see one of them!

Finally, a huge thank you to all ride leaders and sweeps, as well as to Julie and Charles.

I'm already looking forward to the 2nd Annual Lac Ste Anne Rides and BBQ in 2027.

Helpful Links

Sign Up:

Click here for EBTC membership

Click here to join the Pop-up Email List

Click here for RideWithGPS member access

Dive deeper into the EBTC community:

Click here to contribute to the Newsletter

Click here to connect with EBTC on Instagram

Click here to see the public EBTC Facebook page

Click here to connect with the members Facebook group

Click here to bring a friend on an EBTC ride

Click here to visit the EBTC website

Edmonton Bicycle and Touring Club

11660 79 Ave NW, #304, Edmonton
Canada T6G 0P7

© 2026 Edmonton Bicycle and Touring Club. All rights reserved.

You received this email because you signed up on our website or made a purchase from us.

Unsubscribe