



September 14, 2026

EBTC is a vibrant, member-led club sharing a passion for cycling and other outdoor activities.

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From the Board

Peking Duck Banquet Recap

We had an excellent evening on Sunday, Sept. 13, at Sai Woo Gardens in Chinatown. About 30 members enjoyed the great food that just kept coming, as well as learning about the history of the restaurant and Chinatown in general. We'll definitely arrange another event for EBTC members through the Chinatown Transformation Collaborative Society (CTC), likely in winter. CTC is a not-for-profit society to bring people back to Chinatown and to support the businesses there. They also serve as a platform for youth to hone their everyday skills, including talking to diverse people.

We sure experienced the latter with informative talks by Phoebe before and during the dinner, and at the restaurant by Katie, Kiyo and Stacy who are international students from south China, Taiwan and Vietnam respectively. A big 'thank you' to Joanna Wong, CTC Director, who organized the event for EBTC.

Those who attended will walk into the Sai Woo Gardens with a better understanding of the significance of the round tables, huge paintings on the walls, red lanterns on the ceiling and, of course, the three different Peking Duck dishes, plus calamari, shrimp, fish, pork and beef dishes. We'll also

view Chinatown as an area of diverse restaurants as other immigrants have moved here over time: historically Chinese (Cantonese like Sai Woo Gardens and other regions) and also Vietnamese, Lao, Thai, Ethiopian, East African, Yemini, etc.



Upcoming Events

Note: We can highlight only a few rides/events in the Newsletter. For **all** rides/events available to members, **please check the EBTC website [Calendar](#)** - but **first refresh your browser** (by clicking the small circular icon ☺) to see the most up-to-date information. Descriptions of regular Series rides are found in [Series Summary](#); once-a-season rides are at [Unique Day Rides and Multi-Day Trips](#).

Ride Leaders may also offer 'pop-up' rides at short notice depending mainly on weather conditions. Click [here](#) to sign up for our **Pop-Up List** to get an email whenever a pop-up is available (with the link to register).

Saturday, Sept. 26: Chickakoo Fall Colours Ride

Larry Zelazo, Ride Coordinator

Registration is now open for an autumn ride at Chickakoo Lake on Saturday, September 26th. This is a ride to enjoy the lakes and the colorful fall leaves of the forests in the Glory Hills.

Choose one of the three distances:

- 30 kms, register [here](#)
- 45 kms, register [here](#)
- 77 km, register [here](#)

You can also check the [Calendar](#) for more info and to register.

Note: we are still in need of a leader for the 30 km route. Please contact Larry Zelazo at membership@bikeclub.ca or phone at [780-720-1702](tel:780-720-1702) if you are interested in leading or need more information on how to be a ride leader. Karelo knowledge and route selection and management is not required for this event. All the ride leader needs to know is how to follow the RidewithGPS route navigation tool or have the route printed out so they can follow the route. This is an ideal starter event for someone interested in having an easy introduction to leading EBTC rides.

Weekly Recap

Tuesday, Sept. 8: Ardrossan to Northern Bear Golf Course
Ava Craig, EBTC Member

Eleven cyclists enjoyed a warm autumn ride in beautiful and peaceful Strathcona county. We had a break at the golf course for coffee and conversation.

Sign up [here](#) for this Tuesday's ride - from Villeneuve to the Burger Baron in Onoway.



Sept. 9, Wednesday Evening Easy (W.E.E.) Ride
Ann Sutherland, Newsletter Editor

So far, the weather has been great for the Wednesday evening rides and last Wednesday was no exception. Four of us joined Betty, our ride leader,

for a 20 km ride from Callingwood Rec Centre to Hawrelak Park. The newly paved road through Hawrelak made for some smooth riding!

This week's W.E.E. ride starts at **6:00 p.m.** from Callingwood to explore the paved trails in Edgemont. More info and to register, click [here](#).



Saturday, Sept. 12: Cooking Lake Airport Celebrations

Ava Craig, EBTC Member

Thirteen cyclists braved the 7 degree weather to cycle from Adrossan to South Cooking Lake for the 100th anniversary of the airport. There were skydivers, planes, and antique cars, and some of us enjoyed the free hamburgers and hot dogs!



Sunday, Sept. 13: Friday Quiet Roads on Sunday 'Not in the Plan' Ride

June MacGregor, Ride Organizer

Finally, a day with minimal wind, sunshine and warmth. Starting with jackets at Spruce Grove, we stripped them off before riding up the Glory Hills Rd. The ascent went well until our group of ten crossed Hwy 779 to find Twp. Rd 540 covered in gravel. Change of plans to ride north along the Hwy! On the return, a rider had a flat. Definitely not in the plan but we marvelled at the most efficient tube change ever, due to a fellow rider's experience and tiny battery-powered bike pump technology.

The Sept. 18 ride is from Ardrossan, heading northward. Click [here](#) to register.



**Edmonton Bicycle and Touring
Club**

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