



Newsletter

Fun Fitness Friends

September 28, 2026

EBTC is a vibrant, member-led club sharing a passion for cycling and other outdoor activities.

In This Issue:

- Shed for sale
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-

From the Board

EBTC Has a Roomy Shed for You!



Does your current shed look like this? Or do you need a bigger shed? Or maybe you don't have a shed and need one.

You should consider buying EBTC's 8' X 10' shed. It's good-quality, maintenance-free metal. And, it's only been gently-used to pick up and return coolers, water jugs, storage bins, etc.

The shed has served the Club well but, after consolidating and downsizing the contents, our team knows EBTC needs much less storage space going

forward.

We're selling our shed and assessing different storage options. Click [here](#) for more information, photos of the shed, and **who to contact** about (i) EBTC's shed sale and (ii) EBTC's go-forward storage needs. Also feel free to share this information with others you know.

It's Pop-up Time!

As the weather becomes less reliably good for cycling, ride leaders often post rides close to the event date, even for regular series rides. We also have walks and, as soon we have sufficient snow (🌨️), cross-country ski outings. You can check the calendar frequently, log into Karelo frequently or register [here](#) to receive email notification whenever a pop-up event is added.your

Note that Karelo considers the pop-up list as a regular event. You can register, cancel and re-register according to your seasonal interests.



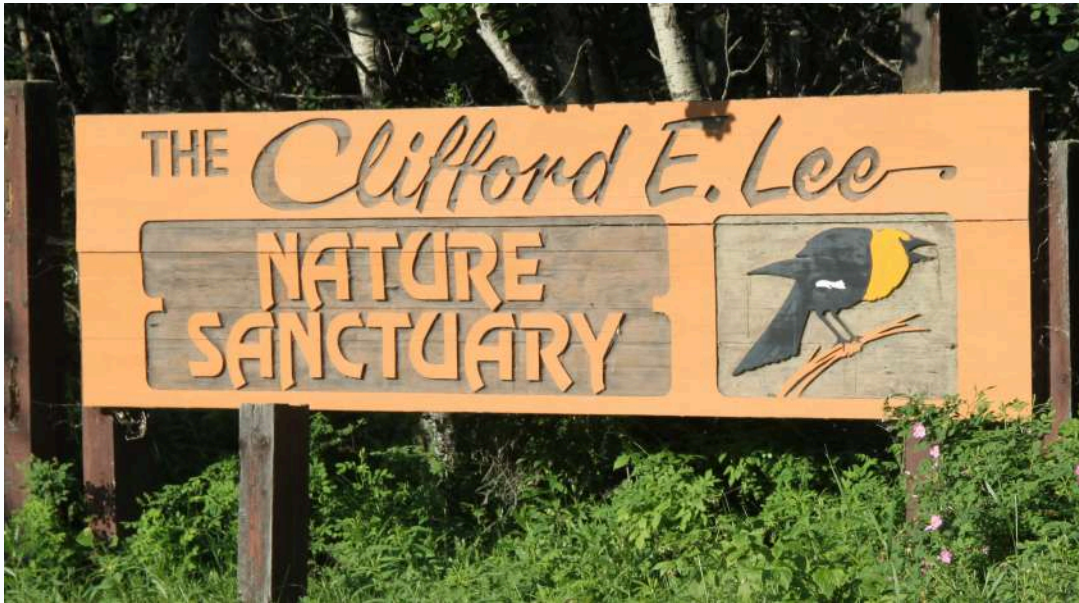
Upcoming Events

Note: We can highlight only a few rides/events in the Newsletter. For **all** rides/events available to members, **please check the EBTC website [Calendar](#)** - but **first refresh your browser** (by clicking the small circular icon ☺) to see the most up-to-date information. Descriptions of regular Series rides are found in [Series Summary](#); once-a-season rides are at [Unique Day Rides and Multi-Day Trips](#).

Ride Leaders may also offer 'pop-up' rides at short notice depending mainly on weather conditions. Click [here](#) to sign up for our **Pop-Up List** to get an email whenever a pop-up is available (with the link to register).

Oct. 2: Friday Quiet Roads from Clifford E. Lee
June MacGregor, Ride Organizer

We didn't have a Friday ride last week but the weather ahead is looking great. Come out on Oct. 2 for a late morning start time at Clifford E Lee. Click [here](#) to register.



Saturday, October 3: Fall Pop-up Ride!

Sonja Taylor, Ride Leader

Join us for a 40 km fall ride in Parkview County. All bikes except throttle e-bikes are welcome. This is a social, no-drop ride.

Click [here](#) for more details and to register.



Weekly Recap

Tuesday, Sept. 22: Garrison to Bon Accord

Liz Timleck, Ride Leader

WOW, it has been a long time since I've biked in such a strong head wind! The first 15 km was a challenge for sure. By the time we made it to Excelsior Road we made a group decision to take that road over to Sunny Side road. As soon as we turned the corner the wind was at our backs, and what a joy!! The rest of the trip was clear sailing.

We biked fewer kilometres than we set out to do but it was much more pleasurable. After the ride we had a great visit at Tim Hortons. Thank you to everyone who came out today.

This Tuesday's ride is Elk Island. Click [here](#) for more info and to register.



Sept. 22-24: Third Annual EBTC Fairmont Cycling Adventure

Freeman Taylor, Ride Organizer

Over the past week a group of nine EBTC members ventured out to Fairmont Hot Springs for three days of cycling together. Each day was an out and back trip with the first going from Cranbrook along the North Star Rail Trail to Kimberley and the Bean Tree Cafe for snacks or lunch. Although the day started a little bit cool, there were sunny skies and it wasn't long before jackets were removed. It is a nice, relatively easy trail with some great views of the St. Mary River valley. The Taylor's hosted a barbecue at their condo for supper that evening.



The second day brought some challenges cycling the Legacy Trail from Fairmont into Invermere. The numerous climbs and switchbacks were a test of riding ability and endurance but the feeling of accomplishment along with amazing scenery was the reward. We gathered together that evening at the Black Forest Restaurant in Invermere for excellent German cuisine.



The third and final day was along a newly paved country road with limited vehicle traffic from Fairmont to the Windermere Golf Course for lunch. Upon our return, the head wind was strong. The reward for the third day was a visit to the Invermere Brewery for cool refreshments and more than a few laughs together. A great way to start the fall!



Sept. 17: Sunday Social to Botanical Gardens

Betty Lafave, Ride Leader

We're still riding! Starting at 11 a.m. helps as it is a bit warmer. Nine of us rode 42 km to the U of A Botanical Garden. It was nice and sunny.

Click [here](#) to join us next week in Ardrossan for a 40 km ride to South Cooking Lake. The forecast high is 18C.



Edmonton Bicycle and Touring Club

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