



October 5, 2026

EBTC is a vibrant, member-led club sharing a passion for cycling and other outdoor activities.

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From the Board

It's Pop-up Time!

As the weather becomes less reliably good for cycling, ride leaders often post rides close to the event date, even for regular series rides. We also have walks and, as soon we have sufficient snow (🌨️), cross-country ski outings. You can check the calendar frequently, log into Karelo frequently or register [here](#) to receive email notification whenever a pop-up event is added.

Note that Karelo considers the pop-up list as a regular event. You can register, cancel and re-register according to your seasonal interests



Upcoming Events

Note: We can highlight only a few rides/events in the Newsletter. For **all** rides/events available to members, **please check the EBTC website [Calendar](#)** - but **first refresh your browser** (by clicking the small circular icon ☺) to see the most up-to-date information.

Ride Leaders may also offer 'pop-up' rides at short notice depending mainly on weather conditions. Click [here](#) to sign up for our **Pop-Up List** to get an email whenever a pop-up is available (with the link to register).

Tuesday, October 6: Elk Island Ride

Liz Timleck, Ride Leader

Join us Tuesday for a 50 km ride through Elk Island Park. Note the start time is 11:00 a.m.

Check the Club [calendar](#) for more info or click [here](#) to sign up.

Weekly Recap

Thursday Night Rollers: Our First Season Is a Wrap!

Nadia Abbas, Ride Leader

And just like that, the very first season of Thursday Night Rollers is in the books!

Five of us came out for one final ride in September, and it couldn't have been a better way to close out the season. We hit the highway, picked up the pace and flew along together pushing into a strong headwind, working hard and, as always, sharing plenty of laughs along the way.

When Thursday Night Rollers started this summer, I wasn't quite sure what our first season would look like. What it became was something pretty special....a chance to ride, challenge ourselves, meet new people and have a lot of fun on two wheels.

I'm definitely sad to see Thursday nights come to an end, but I'm incredibly proud of what we started this year and grateful to everyone who came out and helped make our first season such a memorable one.

Thank you to everyone who joined me whether you came out once or rolled with us week after week. You were part of the very first Thursday Night Rollers season, and I couldn't have asked for a better group to start this adventure with.

Here's to many more kilometres, laughs and Thursday night adventures ahead. See you next season!



Oct. 2: Friday Quiet Roads from Clifford E Lee

June MacGregor, Ride Organizer

Another great day for a fall ride. We started at 11:30 a.m. for a 40ish km ride to Spruce Park Ranch for a coffee break. On our return, rider Sandy led us on a well-treed route through acreages. Webmaster Phil has already put this

route in RWGPS for use next year: it's traffic-free and attractive, and the protection of trees is often welcomed because, as per the old song, 'those winds sure can blow cold way out there'.

Since the weather doesn't look good for a ride this Friday, any further rides will be 'pop-ups' – or walks/hikes.

Please note that the Spruce Park Ranch is closed as of October 12 for their Christmas season set up. They reopen Oct. 28 by reservation only.



Saturday, October 3: Fall Ride from Spruce Grove

Sonja Taylor, Ride Leader

Twenty-one cyclists spent a gorgeous fall afternoon cycling in Parkland County, pausing for photos at Muir Lake! About half stayed to visit after and enjoy post ride refreshments at Talking Dog Brewing.



October 4: Sunday Social Ride to S. Cooking Lake

Betty Lafave, Ride Leader

It was a warm but windy fall day. We rode from Ardrossan to South Cooking Lake where we took a break. On the way back Wayne Grover reached 50,000 km of cycling since July 2017 - way to go Wayne!

After the ride we went for coffee and food at the Ardrossan A&W. It's wonderful that the weather has been so good that we can continue to ride in October.



Helpful Links

Sign Up:

Click here for
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membership

Click here to join
the Pop-up
Email List

Click here for
RideWithGPS
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Dive deeper into the EBTC community:

Click here to contribute to the
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Click here to connect with
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Click here to see the public
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Click here to connect with the
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Click here to bring a friend on
an EBTC ride

Click here to visit the EBTC
website

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